



RED CROSS SPORT FIRST AID

DATES/TIME: Sat., February 6 & Sun., February 7, 2010
9:00am – 6:00pm (approx.)

COST: \$119.00 – SAO/PSO members
\$140.00 – non-members
(incl. 2 manuals, Standard F.A. and CPR 'C'/AED certificate and tax)
VISA, Mastercard, or cheque (payable to Sport Alliance of Ontario)

COURSE DESCRIPTION

- An 18-20 hr. practical, hands-on workshop aimed at educating community sport coaches, trainers and volunteers on the prevention, treatment and response to injuries in sport.
- Participants will receive Red Cross Standard First Aid and CPR 'C' certification with an emphasis on sports injuries. AED Certification is also included.
- Topics include: Planning for Sport Safety; Preventing Injuries Through Proper Training; Preparing to Help Injured Athletes; Your Safety Plan; Head and Spine Injuries; Injuries to Soft Tissue and Bone; Return to Play Guidelines; First Aid Kit.

LOCATION:

Sport Alliance of Ontario
3 Concorde Gate ([map and parking info](#))
Toronto, ON
Boardroom 2

TO REGISTER:

1. **On-line registration** – (non-members only)
2. **Complete and Fax Registration Form** 416-426-7314 (same as phone #) or 416-426-7381
3. Call (416) 426-7314

For more information, please contact:
Heather Stephens 416-426-7314
Email: hstephens@sportalliance.com