



Squash Ontario

Presents

The Official Guide to Junior Squash in Ontario

from grassroots to high performance....everything you've wanted to know about junior squash in Ontario





With this handbook, Squash Ontario hopes it has made navigating the pathways of junior squash in Ontario easier for new players, their parents and coaches.

It has been designed to clarify the structure of junior squash, from grassroots through to high performance.

We will continually update the manual so that everyone has the most current information on junior programming in Ontario.



SQUASH ONTARIO JUNIOR SQUASH HANDBOOK

For
Parents, Players, Coaches and Tournament Directors

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SQUASH ONTARIO JUNIOR SQUASH HANDBOOK

A Guide to Junior Squash in Ontario

SQUASH ONTARIO MISSION STATEMENT

To provide leadership to enable the sport of squash to thrive in Ontario. Our priority is facilitating the development of existing and potential players, from beginner to elite.

Vision

To excel as a squash organization by continuously meeting all growth-driven goals

Values

- As an organization, Squash Ontario's efforts reflect the core values of:
 - excellence.....in effort and performance
 - fairness..... in policies and decision-making
 - integrity..... in our standards and conduct
 - respect..... in how we treat each other
-
-

Mandate

- Squash Ontario governs the sport of squash in Ontario and plays a leadership role in the development of the game. As such, our mandate is to:
- Develop athletes, teams, coaches and officials for provincial competition
- Develop athletes, teams, coaches and officials for national competition
- Provide leadership and co-ordination to our regional partners in promoting and developing the sport of squash
- Establish and maintain technical standards for, and oversee the delivery of, provincial championships.
- Be the provincial voice of squash and represent Ontario nationally

General Information

Age Groups for Junior Squash Players

Squash Ontario recognizes the following age groups for junior squash players:

Boys and Girls: Under 11, Under 13, Under 15, Under 17, Under 19

To register for a Squash Ontario junior tournament, the player must be the appropriate age as of the last day of the tournament. For example, in order for a player to participate in an Under 11 event, that player must be under 11 on the last day of the tournament.

Squash Ontario Junior Membership

In order to participate in a Squash Ontario Junior Sanctioned Event, a player must be registered as an individual junior member with the Association. The membership is based on a player's anniversary date. For example, if a player registered with Squash Ontario in September 2008, the player's membership would expire at the end of September 2009.

Junior membership entitles a player to participate in all sanctioned activities and to attain a provincial ranking.

A player may register with Squash Ontario by going online to squashontario.com

Tournament Scheduling Principles

Scheduling of Matches

Time per match

Under 11, Under 13, Under 15

(i) prior to quarter finals	30 minutes
(ii) quarter finals	40 minutes
(iii) semi finals and finals	45 minutes

Under 17, Under 19

(i) prior to quarter finals	35 minutes
(ii) quarter finals	45 minutes
(iii) semi finals and finals	50 minutes

Rest time

A minimum of 12 hours must be allowed between a competitor's last match of one day and his/her first match the next day. Ideally, competitors should not have to play more than 2 main and one consolation match per day. When playing more than 1 match on the same day, the following time lines should be observed: The absolute limit of 3 matches per day for all players in all draws must be adhered to.

no less than 4 hours between the start time of one match and the commencement of the next in any draw, prior to the quarter finals

no less than 4 hours between the start time of a quarter final match and a semi final match in the main draw

no less than 4 hours between the start time of the semi final match and the final match in the main draw

no less than 4 hours between the start time of a quarter final match and a semi final match in the consolation draw

no less than 4 hours between the start time of a semi final match and final match in the consolation draw

Number of Matches

Ontario Championships – guarantee of 2 matches
Gold and Silver Events - guarantee of 3 matches

Planning your Annual Competition Schedule

Changing Age Groups

Juniors who are changing age groups in the coming season should plan their tournament schedules carefully. You may wish to play up in age categories in several events in order to establish a ranking in that older age category. This may prove very helpful to you in terms of your future seedings.

High School Dates

When planning the annual junior competitive calendar, Squash Ontario tries very hard to limit the number of days a junior may miss from school. However, in the Ontario Championships, where the draws are large, play will start on the **Friday at 1:00 p.m.**

Tournament Basics

What is a Sanctioned Event?

A sanction is bestowed upon a club which has agreed to run its tournament in accordance with the hosting standards as developed and approved by the Squash Ontario Junior Advisory Committee. A junior receives one "exposure" toward a Squash Ontario junior ranking for each sanctioned event in which they compete.

Only results from a sanctioned junior event (Ontario, Gold and Silver) are entered into the Ontario rankings. Gold and Ontario Championship results are forwarded on to Squash Canada for inclusion in national rankings.

Entering a Junior Tournament

Registration for Ontario Championships, Gold and Silver events can only be done online at squashontario.com. You get your start times on the Wednesday prior to the event by phoning the hosting club.

Types of Draws

1. Full Feed-In: These draws "feed" losers from the Main Draw into the Consolation Draws from the first round all the way up through the quarter-final round. The order of how players actually feed into the Consolation is quite specific and varies depending upon the size of the main draw (16, 32, 64, 128, etc.). The order minimizes the chance that entrants who played in the Main Draw will face each other again early in the Consolation.
2. Single Elimination: First round losers are eliminated and winners advance to the next round until there is only one player left, the tournament champion.
3. Round Robin:
Or cross over The round robin tournament consists of all players playing each player an equal number of times, usually used for 5 players; the cross over is used for 6 or 7 players and includes a playoff of both round robin flights

Combining Age Groups

Some events, particularly in the girls age categories, do not attract large numbers of entrants. It is then necessary to combine two or more age divisions in order to give players as many matches as possible during the tournament. Typically, only proximate age divisions of the same gender are combined – for example, Boys under 19 might be combined with Boys Under 17; Girls Under 11 might be combined with Girls Under 13. It is not Squash Ontario's policy to combine boys and girls in Ontario Championships, Gold Events or Silver Events.

Seeding Players

The seeding of players is possibly the most misunderstood aspect of squash tournament play. Seedings are intended to ensure that the top players in the draw do not meet each other in the early rounds. The seedings are not based on whim; but rather on a combination of factual evidence, including the current Ontario rankings and past head to head encounters. Non seeded players are placed randomly in the draw but may be moved to avoid players from the same club meeting in the first round. This is to ensure players meet difficult and new opponents.

Types of Tournaments

The Squash Ontario Junior Advisory Committee has structured junior squash in Ontario to include progressive steps for juniors, from beginners level right up through high performance.

(1) **Ontario Championships** (high performance events)

Each year, Squash Ontario hosts the following Ontario Championships:

Ontario Junior Closed Championships for boys and girls under 11, under 13, under 15, under 17 and under 19 **

** the term, "closed" means that the event is closed to residents of Ontario only. In other words, a player from outside the province may not participate.

Ontario Junior Open Championships for boys and girls under 11, under 13, under 15, under 17 and under 19 **

** the term, "open" means that anyone who is eligible by age may participate.

Ontario Junior Teams and or Ontario Winter Games

In the even number years (2006, 2008, 2010, etc.,) squash participates in the multi-sport Ontario Winter Games. Each of our 9 regions selects teams of 8 athletes (4 girls and 4 boys under 19, under 17, under 15 and under 13) to compete at the Games.

In the odd years (2007, 2009, 2011), Squash Ontario hosts the Ontario Junior Teams Championship which incorporates the exact same formula as the Ontario Winter Games. In other words, all 9 of our regions select and train a team of 8 athletes (4 girls and 4 boys under 19, under 17, under 15 and under 13).

Ontario High School Championships

All students who are currently in a high school, public or private, are eligible to participate.

Structure: The tournament consists of individual players who are also considered representatives of their schools. All players who do not have a Squash Ontario ranking are included in the main (open) draw; players without a Squash Ontario ranking will go into a flight tournament, with first round losers going into the B flight. Second round losers in the A flight enter the second round of B flight. First round losers in B flight enter C flight.

Players are guaranteed 3 matches.

Current Ontario junior rankings will be used as a guideline and 25% of the open draw will be seeded. Players from the same school will be placed in the draw where they would not compete against each other until it was unavoidable. This includes all matches in B and C flight.

Each high school may enter as many players as they wish in the individual draws. No player may enter more than one event. The team points and the High School Teams Championship will be decided on a point system, as per finish. Each high school will be allowed to use their top 6 finishes in both the boys and girls events combined for final calculation. Point total will be calculated on where players finish in the draw. Each round in each draw will carry so many points.

Champions, finalists and third place finishers in the Open and A flight will receive awards. The team trophy will be awarded to the school that accumulates the most points as outlined above.

Points

Both boys and girls A draw finishes

1st 10 points

2nd 8 points

3rd 6 points

4th 5 points

Both boys and girls open draw finishes

1st 10 points

2nd 8 points

3rd 6 points

4th 5 points

Both boys and girls B draw finishes

1st 4 points

2nd 3 points

3rd 2 points

4th 1 point

Both boys and Girls C draw finishes

1st 2 points

2nd 1 point

(2) **Gold Events** (high performance events)

Squash Ontario offers 4 Gold events on an annual basis. These events offer competitions in boys and girls under 11, under 13, under 15, under 17 and under 19 age categories. They are and should be considered high performance events, and traditionally attract the top ranked provincial and national players.

Juniors entering Gold or Ontario Championships

Juniors must play in their age group, unless they meet the following criteria:

Won any 2 (two) of the following junior events in their current age group

- National Championships
- Provincial Championships (Open or Closed)
- Junior Gold event.

Note: If a player won 2 of the required events (as above) in their age group but then moves up an age category, they must then win 2 events in their new category before they can move up again. For example, in 2007-2008, an Under 15 junior wins an Under 15 Gold and an Under 15 Ontario Championship, he/she may then play under 17 in the 2008-2009 year. However, when he/she turns 15, he/she has to stay under 17 until he/she wins 2 of the required events in that age category.

Results from the previous season will be used to determine eligibility for the new season.

Players will have to adhere to this policy each year in each age category that they are qualified to enter. The exception to this rule is when players are required by Squash Canada to play in a Core event in the under 19 age category.

(3) **Silver Events** (transitional from club programs to competition)

Are two day transitional events, designed to introduce players from club programs to a more competitive level of play. These events offer competitions in boys and girls.

The top 8 boys in under 13, under 15 and under 17 may not participate in silver events. And the top 2 boys under 11 may not participate in silver events.

The top 4 girls in under 11 must move up one age category and the top 4 under 13 and under 15 may not participate in silver events.

(4) Bronze Events (introduction to competition)

The Bronze Events are one day tournaments, designed to gently introduce players to competition.

Squash Ontario, through sponsorship, provides prizes for all participants. The events must be open to any young person and a club may not charge more than \$20.00 per person.

(5) Doubles (introduction to doubles squash)

There are two disciplines of squash in Ontario – singles or soft ball and doubles. Doubles is played on a larger court with a harder ball. Squash Ontario, as the governing body for squash in the province, is committed to promoting both disciplines and even though there are very few doubles courts, the association wants to introduce the game to juniors.

(6) Selection Events

As part of the junior competitive structure, Squash Ontario selects and trains several teams annually. In many cases, Squash Ontario, through various fund raising initiatives, provides some assistance to these athletes. This assistance may take the form of financial assistance, high performance coaching, etc.

As the governing body for squash in Ontario, we are committed to providing our young athletes with quality competitive and coaching opportunities. The various teams and squads are preparation for those athletes who aspire to compete at the national and international levels. Squash Canada takes over the role of funding and development for provincial athletes who are named to national squads and teams.

Teams and Squads

1. Team Ontario: As part of a 4 year cycle, athletes are selected in years one and two
2. Canada Games: As part of a 4 year cycle, athletes are selected to the squad.
Year 3 – selected to the Canada Games Squad
Year 4 – selected to the Canada Games Team
3. Junior Development Squads: Selected on an annual basis – two squads – Under 11 and 13 and second squad under 15 and under 17
8 boys and 8 girls on each squad
4. Battle of the Border: Selected on an annual basis – 4 boys and 4 girls under 13, under 15, under 17
5. Regional Teams: Selected annually by 9 Squash Ontario Regions – 4 boys and 4 girls under 13, under 15, under 17 and under 19
6. NCSRA Team: Selected annually – 4 athletes – to represent

Ontario at the Canadian Junior Closed
Championships

Selection Criteria

The selection criteria for each of the above teams and/or squads are changed annually. Athletes need to ensure that they visit the Just 4 Juniors page of the Squash Ontario website to ensure that they are fully aware of the selection criteria. Coaches and parents are strongly encouraged to review the appropriate criteria carefully and to ensure that tournament registrations are in keeping with that criteria.

Rankings

(a) General Information

Squash Ontario produces Ontario rankings by inputting the results from all Ontario, Gold and Silver events. We do not include results from National Championships or events which have happened out of the Province of Ontario.

Rankings are different from seedings. Rankings are based solely on head to head results in sanctioned Ontario junior events.

Fundamental to all ranking evaluations and movement by SportsBeat is the following hierarchy:

- * Who won and who lost
- * How strong was the win in games/sets played
- * How strong was the win in net difference in points scored by the players
- * What were the ranking values (position) of the players before the match
- * Where on the player population ranking curve are these players located

The ultimate aspect to remember is that consistent winners will advance up the ranking value positioning themselves above competitors, whether or not the wins were decisive or narrow margins. Players who lose occasionally will also find themselves rising above their opponents, but not quite as quickly as the consistent winner. It does not take long for players to recognize the equitable method employed here versus the alternate of 'step' functions or 'replacement' methods of most other ranking systems.

(b) Defaults and Insufficient Data Parameters

If a default is due to injury (for which a doctor's note has been provided), the loss is not recorded. If the default was not due to an injury but simply a 'no show', the loss is recorded as a win for the opponent. The physician's note must be presented to Squash Ontario within 5 business days after the completion of the event.

Insufficient data parameter is 6 months.

(c) Ranking Appeals Process

Appeals of rankings will only be addressed on the 1st of January and the 1st of April and they must be sent in writing to Squash Ontario. Telephone or verbal appeals will not be addressed.

(d) Ranking Eligibility

To appear in any official Ontario rankings, a junior player must:

1. adhere to the Junior Code of Conduct
2. maintain a current membership in Squash Ontario
3. meet requirements to remain on the ranking list (i.e. number of exposures)

(e) Publication of Rankings – What's the hold up?

Squash Ontario strives to publish junior rankings as quickly as possible after each tournament. But bear in mind that we cannot enter results until we get the draw sheets and very often, the draw sheets are not received in the Squash Ontario office for sometimes a week after the event. Every effort is made to get the results as quickly as possible.

ROLES AND RESPONSIBILITIES OF THE TOURNAMENT DIRECTOR

(a) Duties and Responsibilities

- Provide detailed information on the event to the Squash Ontario office in order to prepare and distribute event promotional posters
- Provide suitably engraved mementos for champion and finalist and prizes for third, consolation winner and grinner winner
- May not limit registrations in Ontario, Gold or Silver events without prior approval of the chair of the Squash Ontario Junior Advisory Committee
- Attend a tournament workshop hosted by the Squash Ontario Junior Advisory committee; failure to do so will result in the event being withdrawn from the club
- Guarantee and schedule 3 matches for players in the Gold and Silver events
- Guarantee and schedule 2 matches for players in the Ontario Championships
- Strictly adhere to the deadline date for entries
- Strictly adhere to the draw format as provided by Squash Ontario
- Return completed and legible draw sheets to Squash Ontario no later than 3 days after the final match has been completed
- Publish start times the Wednesday prior to the start of the event
- Enforce all Squash Ontario policies including but not limited to the mandatory eyeguard policy
- File any Code of Conduct violations with Squash Ontario immediately following the conclusion of the tournament
- Provide two meals to all Ontario Championship participants
- Provide one meal to all Gold and Silver Event participants

(b) Tournament Tips

- Do not give out draws, seeds or opponents – giving advance information can create a backlash where players may withdraw because of perceived unfavourable match times, etc.
- Double booking courts is not acceptable
- Schedule only 25 minutes for first round matches, particularly in the younger age categories
- Ask parents and coaches to assist with officiating

SPORTSMANSHIP, FAIR PLAY, CODE OF CONDUCT

(a) Jim Mason Fair Play Award

Each year, Squash Ontario recognizes one boy and one girl who have been nominated by their peers, coaches or parents as displaying extraordinary sportsmanship and fair play both on and off the court. Nomination forms are circulated in February and the awards are presented at the Ontario Junior Open Championships. Squash Ontario also presents a \$250.00 bursary to each recipient.

(b) Code of Conduct Violations

The Squash Ontario Code of Conduct identifies the standard of behaviour which is expected of members of Squash Ontario. Those who fail to meet this standard will be subject to the disciplinary sanctions. This includes players, parents, coaches, and spectators.

"Fair play is not only absolute respect for the written rule, but also respect for the unwritten one".

1.1 (a) A participant or official may be ejected or disqualified from an event; or ejected or disqualified from further participation for the balance of an event; or be disciplined under the Code of Conduct after the event on the following grounds:

- (i) non-compliance with the rules and regulations from time to time put in place or adopted by Squash Canada, Squash Ontario or by a recognized region of Squash Ontario, relating to participant safety or equipment;
- (ii) deliberate disregard of the rules of squash racquets from time to time adopted by Squash Canada, which rules constitute the rules enforced by Squash Ontario;
- (iii) verbally or physically abusing an opponent, officials, spectators or sponsors or the tournament site;
- (iv) showing dissent to the officials including foul language and obscene offensive gestures;
- (v) abusing playing equipment or the court;
- (vi) failing to comply with the condition of entry of an event or activity including rules with regard to clothing or advertising;
- (vii) having entered an event or activity or accepted an invitation to participate, withdrawing from the event or activity or failing to attend;
- (viii) failing to complete a match;
- (ix) default from an event or activity. Squash Ontario may require evidence or proof of "bona fide" injury, illness or other emergency situation;
- (x) failing to make him/her self available to meet reasonable requests for interviews by the media;
- (xi) any other unreasonable conduct which brings the game into disrepute, including but not limited to, abusive use of alcohol, non-medical use of drugs, use of alcohol by minors.

Any participant at an event or activity, whether or not directly affected by the alleged breach of the Code of Conduct or any member of Squash Canada, Squash Ontario or Region may make complaint, in writing, with respect to the conduct of a participant, within 30 days after the event.

Squash Ontario will not act on verbal complaints.

(c) **Penalties**

I. At the event

17. CONDUCT ON COURT

17.1 If the Referee considers that a player's behaviour is disruptive, intimidating or offensive to the opponent, an official or a spectator, or could in any way bring the game into disrepute, the Referee shall penalise the player.

(G15) 17.2 Offences with which the Referee shall deal under this rule include audible and visible obscenities, verbal and physical abuse, dissent to Marker or Referee, abuse of racket, ball or court and coaching, other than during the interval between games. Other offences include significant or deliberate physical contact (Rule 12.12.1), excessive racket swing (Rule 12.4), unfair warm-up (Rule 3.2), late back on court (Rule 7.4), dangerous play or action (Rule 16.3.1.3) and time-wasting (Rule 7.6).

(G16) 17.3 The Referee shall apply one of the following penalties for these and any other offences.

Warning (called a Conduct Warning).

Stroke awarded to opponent (called a Conduct Stroke).

Game awarded to opponent (called a Conduct Game).

Match awarded to opponent (called a Conduct Match).

17.3.1 If the Referee stops play to give a Conduct Warning, the Referee shall allow a let.

17.3.2 During a rally, if an incident occurs warranting the award of a Conduct Stroke, the Referee shall stop play, if it has not already ceased, and award a stroke. Application of the Conduct Stroke becomes the result of the rally.

17.3.3 If the Referee awards a Conduct Stroke as a result of an incident between rallies, the result of the completed rally stands and the Conduct Stroke award is additional to the score but without further change of service box.

17.3.4 If the Referee awards a Conduct Game, that game shall be the one in progress or the next game if one is not in progress. In the latter case the interval between games shall not apply. The offending player shall retain any points already scored in the game awarded.

II. After the Event

If Squash Ontario receives a written complaint with respect to a violation of the Code of Conduct, it can and will take the following actions:

- * warn the player that he/she has been cited under the Code of Conduct and that a further violation will result in disciplinary action;
- * withdraw all Squash Ontario funding
- * levy a financial penalty
- * prohibit selection to Ontario squads or teams
- * require the player to complete an approved community service program
- * suspend the player for up to two years
- * suspend the player for up to five years upon receipt of a second, substantiated written complaint
- * suspend the player for life upon receipt of a third substantiated written complaint

(d) Player Guidelines

- ❖ know the rules
- ❖ be courteous on and off the court to your opponent, referees and tournament staff
- ❖ entering a tournament is a commitment; requests for late start times or for matches to be rescheduled are inappropriate
- ❖ do not withdraw after start times are posted or default during the course of the event – this shows disrespect to both the tournament organizers and your opponent
- ❖ arrive on time for your matches
- ❖ don't schedule other activities around your squash commitment – if you are going to play in a squash tournament, play in the tournament
- ❖ win and lose gracefully; maintain your composure before, during and after the match
- ❖ shake hands with your opponent and remember to thank the referee and marker
- ❖ make yourself available to referee matches
- ❖ accept referees or tournament organizers' decisions with grace
- ❖ adhere to the Code of Conduct
- ❖ adhere to all tournament regulations including but not limited to wearing eyeguards
- ❖ thank the tournament organizer when you leave

(e) Parent Guidelines

We must all work hard to ensure that the element of fun, once established, remains a constant in the game because children are growing up in a world of contradictions. The Olympic slogan coined almost a century ago, extols the virtues of "taking part". But kids all too often hear a different tune – "winning isn't everything, it is the only thing". Which principle do they follow? Do they play for the fun of it or do they play, not just to win but to win at all costs? The moment the score takes precedence over the enjoyment, fun is the first casualty.

Children learn, first and foremost, by the example set for them at home by their parents. Their values are those they have learned from the people whom they admire and respect the most. Children learn by example so, how then will a child respond to his father who makes a beeline for the draw sheets and spends the next 45 minutes berating the tournament chair because, in his opinion, the seedings are "all wrong"? Placing too much emphasis on where your child is ranked could put so much pressure on your child that the fun and camaraderie of the game goes right out the window.

Remember, it's pretty difficult to label a happy kid a loser!

- get your child to the courts in plenty of time before his/her match
- if for any reason your child cannot complete his/her tournament commitment, contact the tournament organizer immediately – do not expect nor ask for a refund
- be considerate of the tournament venue
- provide coaching only between games
- do not interrupt the match for any reason
- do not applaud or cheer for faults, tins or unforced errors
- do not berate nor harass the referees
- offer your assistance to the tournament organizer, particularly with officiating matches
- act as a role model for your children – applaud good shots – respect the referee and the tournament organizer
- and at all times, encourage and promote fair play from your child

ONTARIO TEAMS AND SQUADS – Junior Athlete Competitive Continuum

All junior competitive squash activities fall under the umbrella of the Canada Games program. The Canada Games program is the pinnacle of competitive squash in Ontario and as a result, the athlete development model is structured in such a way as to identify athletes at young ages and provide them with training, coaching and competitive opportunities to help them reach their goals.

The over-arching program is 4 years, culminating in the Canada Winter Games which are held every four years.

There are 3 components to the annual program:

1. Team Ontario
2. Junior Development Squad
3. High Performance coaching for both Team Ontario and Junior Development Squad

Year Two – 2008- 2009

PART I: TEAM ONTARIO 2008 – 2009 – Current Season **Athlete Selection Criteria for Team Ontario**

1. Must have participated in 3 of 4 Gold events in the year 2007 – 2008
2. Must have participated in the 2007 Ontario Junior Closed and the 2008 Ontario Junior Open
3. Rankings as at 30 April 2008

Athlete Eligibility Criteria

1. Must be a member in good standing of Squash Ontario
2. Must meet age eligibility (March 1, 2011) for Canada Games

Team Composition

6 boys (top 6 eligible for the 2011 Canada Winter Games as per season end rankings)
6 girls (top 6 eligible for the 2011 Canada Winter Games as per season end rankings)

Selection Process

Team Ontario will be selected no later than 1 July by the Junior Advisory Committee

Athlete Assistance

Depending upon successful fund raising initiatives, Squash Ontario will endeavour to provide:

1. "at event" coaching for Team Ontario athletes at up to 3 major events of the season. These events will be determined annually by the Junior Advisory Committee.
2. some financial assistance to help cover costs for Team Ontario athletes for travel and entry fees
3. Significant subsidy toward two Team Ontario training camps a year

Athlete Commitments

To be eligible for 1/2 half season funding, you must attend the December training camp. To be eligible for 2nd half season funding, you must attend the April training camp.

Removal

An athlete may be removed from Team Ontario if at the end of the first half of the season, he or she has not attended at least 1 Gold event and the Ontario Junior Closed Championships.

PART II Junior Developmental Squad - 2008 - 2009

Athlete Selection Criteria Under 13/15

1. Must have participated in 3 of 4 Gold events in the year 2007 – 2008
2. Must have participated in the 2007 Ontario Junior Closed or the 2008 Ontario Junior Open
3. Rankings as at 30 April 2008

Athlete Eligibility Criteria

1. Must be a member in good standing of Squash Ontario

Team Composition

- 4 boys Under 13
- 4 boys Under 15
- 4 Girls Under 13
- 4 Girls Under 15

Selection Process

Junior Development Squad will be selected no later than **1 July** by the Junior Advisory Committee

Athlete Assistance

Depending upon successful fund raising initiatives, Squash Ontario will endeavour to provide:

1. Some financial assistance to help cover training costs \$50.00 end of December; \$50.00 end of April.
2. Significant subsidy toward two Junior Squad training camps a year
3. Team Ontario shirt

Athlete Commitments

To be eligible for 1/2 half season funding, you must attend the December training camp. To be eligible for 2nd half season funding, you must attend the April training camp.

Removal

An athlete may be removed from the Junior Development Squad if at the end of the first half of the season, he or she has not attended at least 1 Gold event and the Ontario Junior Closed Championships.

PART III COACHING – 2008 - 2009

Selection Criteria for Team Ontario (one male, one female)

Must be a minimum fully certified level 2 coach; preference will be given to level 3 coaches who apply

1. Experience in coaching junior high performance athletes
2. Experience coaching in a junior team environment
3. One year contract
4. Must currently be running an active junior program

Coaching Commitments for Team Ontario Coaches

1. Hold 2 camps for Team Ontario

Selection Criteria for Junior Development Squad (one male, one female)

1. Must be a minimum fully certified level 2 coach or working towards level 2 certification
2. Experience in coaching junior high performance athletes
3. Some experience in coaching in a junior team environment such as at the Ontario Winter Games
4. One year contract

Selection Process

1. Job descriptions to be drafted by Junior Advisory Committee
2. Call for applications for both Team Ontario and Junior Development Squad will be posted on the website and sent electronically to all coaches who have the appropriate certification level
3. Interviews conducted by two members of the Junior Advisory Committee and approved by Board of Directors
4. Police screen checks will be required
5. Annual contract will be required to be signed by coaches

Compensation

Will be determined by the Junior Advisory Committee

Year Three 2009 – 2010

Please note that the components of the program are reviewed on an annual basis and may be subject to change.

For the 2009 – 2010 Canada Games Program, athletes are **strongly encouraged** to participate in:

1. 4 Gold Events
2. Ontario Junior Closed Championships
3. Ontario Junior Open Championships
4. Canadian Junior Open Championships
5. Canadian Junior Closed Championships
6. 2 Training Camps

Part I Canada Games Squad – 2009 - 2010

Athlete Selection Criteria

1. Must have participated in 3 of 4 Gold events in the year 2008 – 2009
2. Must have participated in the 2008 Ontario Junior Closed and the 2009 Ontario Junior Open
3. Rankings as at 30 April 2009

Athlete Eligibility Criteria

1. Must be a member in good standing of Squash Ontario
2. Must meet age eligibility (March 1, 2011) for Canada Games

Team Composition

Top 3 boys eligible for the under 19 positions for the 2011 Canada Winter Games as per season end rankings.

Top 3 boys eligible for the under 17 positions for the 2011 Canada Winter Games as per season end rankings.

Top 3 girls eligible for the under 19 positions for the 2011 Canada Winter Games as per season end rankings.

Top 3 girls eligible for the under 17 positions for the 2011 Canada Winter Games as per season end rankings.

NOTE: Squash Ontario reserves the right to add an athlete(s) to the Squad in either gender or age group if the number of total eligible squad athletes (12) is not met. The athlete(s) who would be added to the squad will have had to meet the same eligibility and selection criteria as stated above.

Selection Process

Canada Games Squad will be selected by **1 July** by the Junior Advisory Committee

Athlete Assistance

Depending upon successful fund raising initiatives, Squash Ontario will endeavour to provide:

1. No cost to attend two Canada Games Squad training camps a year

2. Some financial assistance to help cover costs for Canada Games Squad athletes for travel and tournament entry fees

Athlete Commitments

To be eligible for 1/2 half season funding, you must attend the December training camp. To be eligible for 2nd half season funding, you must attend the April training camp.

Removal

An athlete may be removed from the Canada Games Squad if at the end of the first half of the season, he or she has not attended at least 1 Gold event and the Ontario Junior Closed Championships.

PART II Junior Developmental Squad – 2009 - 2010

Athlete Selection Criteria Under 13/15

1. Must have participated in 3 of 4 Gold events in the year 2007 – 2008
2. Must have participated in the 2008 Ontario Junior Closed or the 2009 Ontario Junior Open
3. Rankings as at 30 April 2008

Athlete Eligibility Criteria

2. Must be a member in good standing of Squash Ontario

Team Composition

- 4 boys Under 13
- 4 boys Under 15
- 4 Girls Under 13
- 4 Girls Under 15

Selection Process

Junior Development Squad will be selected no later than **1 July** by the Junior Advisory Committee

Athlete Assistance

Depending upon successful fund raising initiatives, Squash Ontario will endeavour to provide:

1. some financial assistance to help cover training costs
2. Significant subsidy toward two Junior Squad training camps a year
3. Team Ontario shirt

Athlete Commitments

To be eligible for 1/2 half season funding, you must attend the December training camp. To be eligible for 2nd half season funding, you must attend the April training camp.

Removal

An athlete may be removed from the Junior Development Squad if at the end of the first half of the season, he or she has not attended at least 1 Gold event and the Ontario Junior Closed Championships.

PART III COACHING CANADA GAMES SQUAD AND TEAM

Selection Criteria for Canada Games Squad/Team Coaches (one male, one female)

The term of employment will be from date of hire, August 2009 through to 31 March 2011 with an annual review in June 2010.

1. Must be either fully certified level 3 or have attained partial level 3 with a commitment to complete full certification by December 2010.
2. Must have extensive experience in coaching junior high performance athletes
3. Must have extensive experience in coaching in a team environment
4. Must currently be running an active junior program

Selection Process for Canada Games Squad/Team Coaches

1. Job description and terms of reference will be drafted by the Junior Advisory Committee
2. Job description and terms of reference will be circulated all level 5, 4, 3 and 2 coaches
3. Interviews will be conducted by two members of the Junior Advisory Committee and the Executive Director of Squash Ontario and appointments will be approved by the Board of Directors
4. Police screening checks will be required prior to appointment
5. Contract outlining Squash Ontario expectations and coaches' commitments will be signed by both parties

Compensation

Based on year three and year four program

Selection Criteria for Junior Development Squad Coaches (one male, one female)

1. Must be a minimum fully certified level 2 coach or working towards level 2 certification
2. Experience in coaching junior high performance athletes
3. Some experience in coaching in a junior team environment such as at the Ontario Winter Games
4. One year contract

Selection Process

1. Job descriptions to be drafted by Junior Advisory Committee
2. Call for applications for both Team Ontario and Junior Development Squad will be posted on the website and sent electronically to all coaches who have the appropriate certification level
3. Interviews conducted by two members of the Junior Advisory Committee and approved by Board of Directors
4. Police screen checks will be required
5. Annual contract will be required to be signed by coaches

Compensation

Will be determined by the Junior Advisory Committee

Year Four – 2010– 2011

Please note that the components of the program are reviewed on an annual basis and may be subject to change.

PART 1 CANADA GAMES PROGRAM – FINAL SELECTION IS BASED ON MEETING YEAR THREE (3) PARTICIPATION CRITERIA.

Athletes will be selected to the Canada Winter Games Team on or before June 30th.

Team Composition

Top 2 boys eligible for the under 19 positions for the 2011 Canada Winter Games as per season end rankings.

Top 2 boys eligible for the under 17 positions for the 2011 Canada Winter Games as per season end rankings.

Top 2 girls eligible for the under 19 positions for the 2011 Canada Winter Games as per season end rankings.

Top 2 girls eligible for the under 17 positions for the 2011 Canada Winter Games as per season end rankings.

Team Program – How to Make the Team!

Athletes will be required to participate in all components of the program, including designated events.

Injury/Illness

- if there is a tie in the head to head results of the 2nd and 3rd ranked athletes in 2009 – 2010, and the results are not conclusive in selecting an athlete, the coaches have the discretion to make the final determination in terms of team selection which will be a head to head match. Team selection will be based on actual head to head results between the two players in junior sanctioned events between the period 1 September and the time of team selection
- In the case of injury or illness, a medical certificate will be required. Squash Ontario must be notified of the injury immediately. The medical certificate must include, but not be limited to, the date of injury, diagnosis, treatment plan, and expected date to return to training/competition.
In the event that an athlete has submitted a medical certificate, Squash Ontario reserves the right to request an independent medical assessment. Additionally, medical confirmation that the player is fit for tournament play prior to confirmation of Canada Games, may be sought.
- If an athlete has been invited to be part of the 2009-2010 Canada Winter Games Squad and declines the position or if an athlete on the 2009-2010 Canada Games Squad fails to meet all selection criteria, he/she will be ineligible to be selected to the team even if he/she has met all other eligibility criteria.

Athlete Requirements to remain on Canada Games Team

1. Attend one training camp in October
2. Attend one team building outing in December
3. Must keep competitively active or risk being dropped from the team. It is expected that all athletes will participate in a minimum of 4 events between September 30th and March 1st

Program

1. All athletes must compete in 2 Gold events, the Ontario Junior Closed Championships and the Canadian Junior Open Championships, all of which are held between 1 September and 1 March
2. Where travel or school obligations prevent compliance with (1), the athlete must apply in writing for a written exemption.

Funding Assistance

Each athlete is eligible to receive \$1,000.00 in funding based on participation in the following events:

Gold # 1	\$45.00
Gold # 2	\$45.00
Ontario Junior Closed	\$50.00
Canadian Junior Open	\$250.00
U.S. Junior Open	\$350.00
Jesters	\$350.00
British/Scottish Junior Open	\$350.00

PART II JUNIOR DEVELOPMENT SQUADS

In the Canada Games year, two junior development squads will be selected. One for athletes under 13 and one for athletes under 17.

Selection and eligibility criteria will be determined by the Junior Advisory Committee. Athletes on these two squads (and only in the Canada Games year) will not be eligible for any direct funding; however, Squash Ontario will commit to provide high performance coaching for the squad athletes.

Year One – 2007 - 2008

PART 1

Athlete Selection Criteria for Team Ontario

1. Must have participated in 3 of 4 Gold events in the year 2006 – 2007
2. Must have participated in the 2006 Ontario Junior Closed and the 2007 Ontario Junior Open
3. Rankings as at 30 April 2007

Athlete Eligibility Criteria

1. Must be a member in good standing of Squash Ontario
2. Must meet age eligibility (March 1, 2011) for Canada Games

Team Composition

6 boys (top 6 eligible for the 2011 Canada Winter Games as per season end rankings)
6 girls (top 6 eligible for the 2011 Canada Winter Games as per season end rankings)

Selection Process

Team Ontario will be selected no later than 1 June by the Junior Advisory Committee

Athlete Assistance

Depending upon successful fund raising initiatives, Squash Ontario will endeavour to provide:

1. "at event" coaching for Team Ontario athletes at up to 3 major events of the season. These events will be determined annually by the Junior Advisory Committee.
2. some financial assistance to help cover costs for Team Ontario athletes for travel and entry fees
3. Significant subsidy toward two Team Ontario training camps a year

Athlete Commitments

1. must attend 1 of 2 training camps

Removal

An athlete may be removed from Team Ontario if at the end of the first half of the season, he or she has not attended at least 1 Gold event and the Ontario Junior Closed Championships.

PART II Junior Developmental Squad

Athlete Selection Criteria Under 13

1. Must have participated in 3 of 4 Gold events in the year 2006 – 2007
2. Must have participated in the 2006 Ontario Junior Closed or the 2007 Ontario Junior Open
3. Rankings as at 30 April 2007

Athlete Eligibility Criteria

1. Must be a member in good standing of Squash Ontario

Team Composition

6 boys (next 6 boys who are not eligible for Team Ontario as per season end rankings)
6 girls (next 6 girls who are not eligible for Team Ontario as per season end rankings)

Selection Process

Junior Development Squad will be selected no later than 1 June by the Junior Advisory Committee

Athlete Assistance

Depending upon successful fund raising initiatives, Squash Ontario will endeavour to provide:

1. "at event" coaching for Junior Squad athletes at up to 2 major events of the season. These events will be determined annually by the Junior Advisory Committee.
2. some financial assistance to help cover entry fees to 2 Ontario Championships
3. Significant subsidy toward two Junior Squad training camps a year

Athlete Commitments

1. must attend 1 of 2 training camps

Removal

An athlete may be removed from Team Ontario if at the end of the first half of the season, he or she has not attended at least 1 Gold event and the Ontario Junior Closed Championships.

PART III COACHING

Selection Criteria for Team Ontario (one male, one female)

1. Must be a minimum fully certified level 2 coach; preference will be given to level 3 coaches who apply
2. Experience in coaching junior high performance athletes
3. Experience coaching in a junior team environment
4. One year contract

Coaching Commitments for Team Ontario Coaches

1. Hold at least 1 day and 1 weekend camps for Team Ontario
2. Travel to 3 major junior squash events with the Team (events to be decided by Junior Advisory Committee)

Selection Criteria for Junior Development Squad (one male, one female)

1. Must be a minimum fully certified level 2 coach
2. Experience in coaching junior high performance athletes
3. Some experience in coaching in a junior team environment such as at the Ontario Winter Games
4. One year contract

Selection Process

1. Job descriptions to be drafted by Junior Advisory Committee
2. Call for applications for both Team Ontario and Junior Development Squad will be posted on the website and sent electronically to all coaches who have the appropriate certification level
3. Interviews conducted by two members of the Junior Advisory Committee and approved by Board of Directors
4. Police screen checks will be required
5. Annual contract will be required to be signed by coaches

Compensation

Will be determined by the Junior Advisory Committee

RULES AND REFEREEING

Squash Ontario strongly encourages junior players to have a thorough knowledge of the rules. We do not believe that players can compete fairly without that knowledge. In the junior squash competitive community, players must referee their peers and juniors are not able to do that appropriate without knowing the rules of the game.

General Information

As indicated above, at all junior tournaments, winners must referee the next match. Ensure that you have checked in with the Tournament Referee immediately following the end of your match.

Junior Rules Clinics

Squash Ontario has developed, through Squash Australia, a junior rules clinic and clubs are encouraged to register to host one of these clinics for their junior squash members. You may do so by contacting Squash Ontario at 416-426-7201.

Learning the Rules

Squash: Rules of the World Singles Game <http://www.squash.org>

After High School.....Ontario University or U.S. College?

Information on Squash at Ontario Universities

In October and November in the year preceding entry, students will make their applications to Ontario Universities Application Centre (OUAC) at <http://www.ouac.on.ca/undergrad/undergrad.html>

If you are considering playing competitive OUA squash at an Ontario University, you will have to apply to the following:

OUA Men's Squash: Toronto, Queens, Western, Waterloo, McMaster, Brock

OUA Women's Squash: Toronto, Queens, Western, McMaster

All of the above have links to their squash websites. This is usually the best way to find out information.

Toronto: <http://varsityblues.ca/sports/squash/news/>

Queen's Women: <http://www.goldengaels.com/interuniversity/squashw.html>

Queen's Men: <http://www.goldengaels.com/interuniversity/squashm.html>

Western Men:

http://www.westernmustangs.ca/SportSelect.dbml?DB_OEM_ID=6000&KEY=&SPID=2564&SPSID=31868

Western Women:

http://www.westernmustangs.ca/SportSelect.dbml?DB_OEM_ID=6000&KEY=&SPID=2565&SPSID=31873

McMaster Men: <http://www.athrec.mcmaster.ca/athletics/teams/squash/msquash.htm>

McMaster Women: <http://www.athrec.mcmaster.ca/athletics/teams/squash/wsquash.htm>

Waterloo Men: <http://www.athletics.uwaterloo.ca/Varsity/Team.aspx?TeamId=535>

Brock Men: <http://www.brocku.ca/athletics/sports.php?id=16>

Another useful website is the Ontario Universities Association (OUA) <http://oua.ca/sports/squash/>

Some sites offer more information than others. Some OUA varsity squash coaches attend Junior provincial and national tournaments and speak to potential recruits. However recruiting to play squash at Ontario universities bears no relation to the recruitment efforts that go on in either USA schools or even other major sports within the OUA. In Sept 2007 Ontario universities will be able to offer athletic entrance scholarships for the first time in their history. It remains to be seen if any money is available to recruit squash players. Many Ontario universities offer academic entrance scholarships. You will need to check the respective university website to see if the one you are interested in attending offers these and what mark you must achieve to be awarded one.

Information on U.S. Colleges

Compared to Canadian Universities, the US has a complicated, long winded process that requires planning well in advance.

To keep your options open, the following information may be helpful:

1. **High School 9-12th grade** – your transcript for all four years is critically important – a challenging curriculum and good grades (NO C's) are essential so work consistently to achieve high.
2. **NCAA required core courses** – be aware that college squash follows NCAA rules and you need to fulfill core academic requirements in high school to be eligible (www.ncaaclearinghouse.net)
3. **STANDARD APTITUDE TESTS : (SAT I's) and/or ACT +writing TESTS** – visit the websites www.collegeboard.com & www.act.org for information, testing dates and venues, online registration. Be aware that American students start prep courses as early as 9th grade and will sit the test two or three times in an attempt to better their scores. Through your 11th grade year, plan to take the tests as early as possible, **and have your final attempt completed by June testing date** (end of 11th grade).
4. **SAT II SUBJECT TESTS** – these tests are also required by top colleges, you can sit these either in your 11th grade year or in the fall of 12th grade. Normally a minimum of two are required.
5. **COLLEGE SQUASH ASSOCIATION (CSA)** www.collegesquash.org visit the website for a list of colleges that play squash and contact the Head Coach.
6. **APPLICATION PROCESS** – a lot of colleges use the common application www.commonapp.org and also require a college specific supplement. Applications are due **November 1st** of your 12th grade year for the Early Decision round and **January 1st** for the Regular Decision round.
7. **COLLEGE COSTS** – Be aware that the **Ivy League** schools DO NOT offer scholarships, but do offer financial aid based on family need.

JUNIOR COMPETITIVE STRUCTURE IN ONTARIO

Dunlop Bronze Events are one day, tournaments. Ranking points may be accumulated; players will be given a provisional Ontario rankings which will be activated and published once the player registers as a member.

Clubs hosting these one day bronze events will be required to submit completed draw sheets to the Squash Ontario office.

Silver Events are two day, transitional events designed to introduce players to a more competitive level of play.

Top 8 boys in Under 13, Under 15 and Under 17

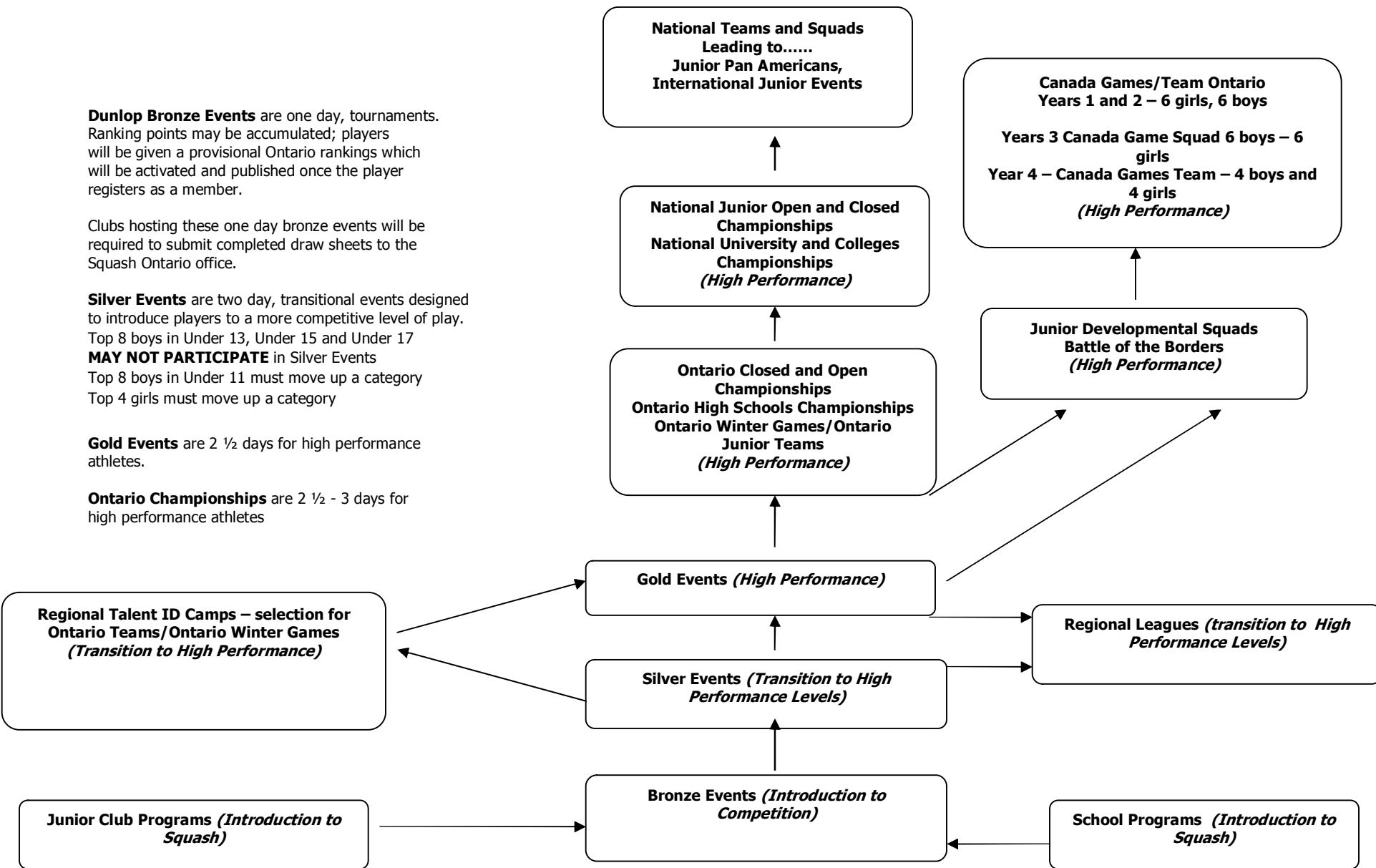
MAY NOT PARTICIPATE in Silver Events

Top 8 boys in Under 11 must move up a category

Top 4 girls must move up a category

Gold Events are 2 ½ days for high performance athletes.

Ontario Championships are 2 ½ - 3 days for high performance athletes



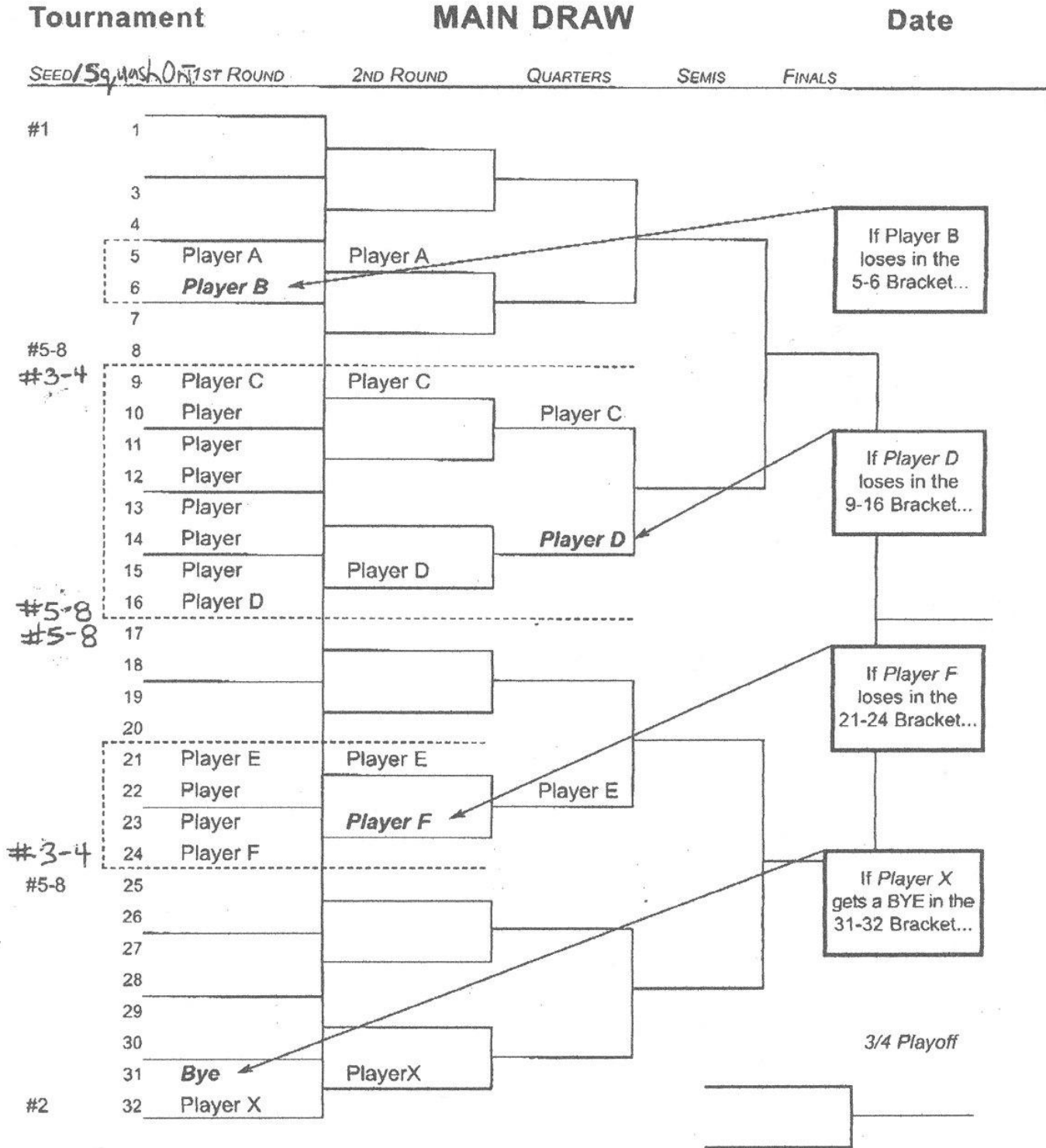
RESOURCES

Junior Resources Available from Squash Ontario:

1. Rule Books
2. Junior Program Manual
3. Skill Awards Program
4. DVD / Videos

Please go to squashontario.com or telephone 416-426-7201

Appendix 1



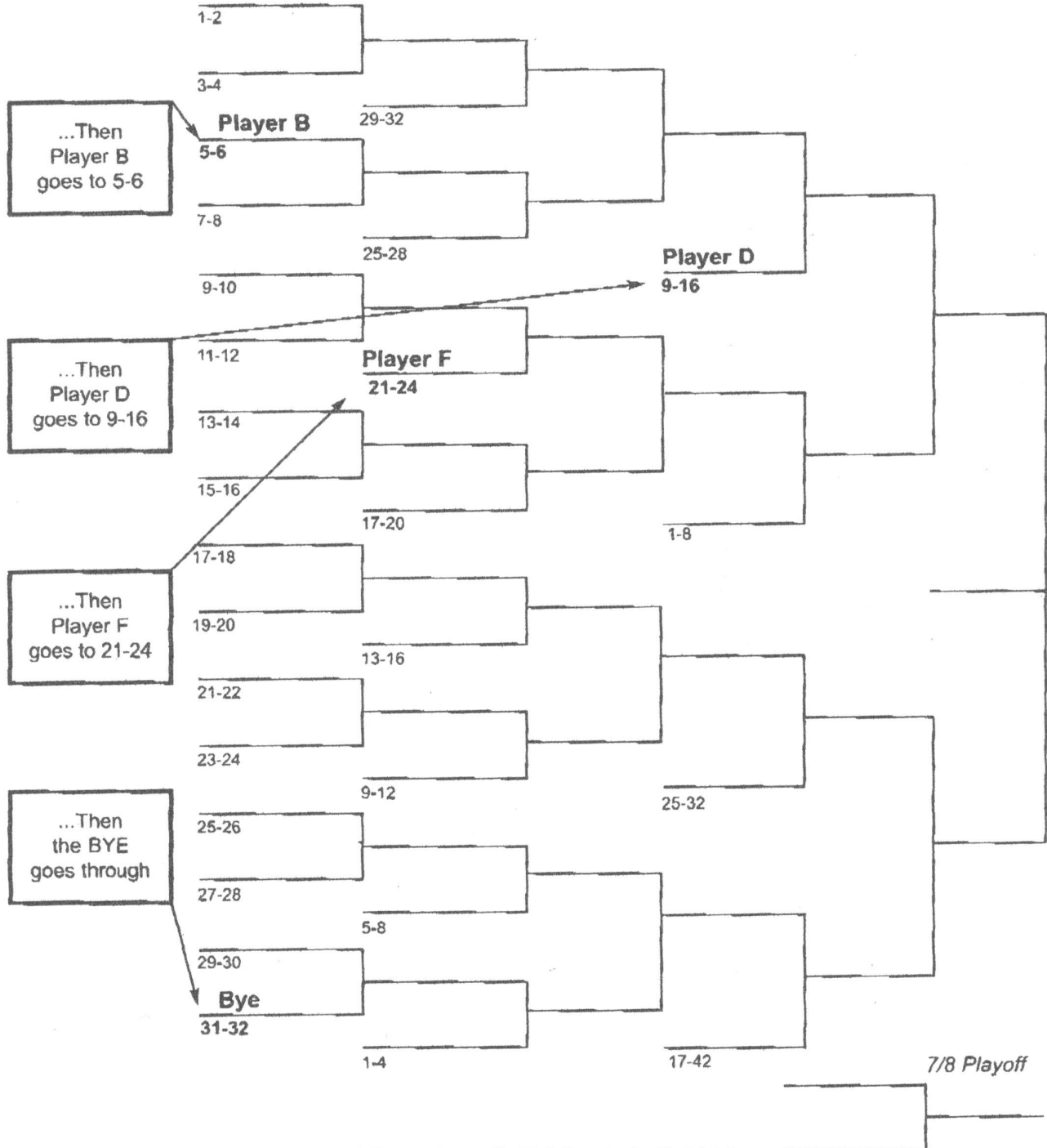
HOW TO READ A DRAW

Tournament

CONSOLATION

Date

1st ROUND 2nd ROUND QRTS QUALIFIER QUARTERS SEMIS FINALS



HOW TO READ A DRAW