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# SQUASH LIFE

MAY/JUNE 1989

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VOLUME 13, NO. 3



# COURTS BUILT TO STAND THE TEST OF TIME

By Roger Eady

My own squash club in Cardiff, close to the banks of the River Taff, was built in 1938. It has withstood the bombs of Hitler, two dreadful floods, and the walls have been more than a match for literally hundreds of racquets and bodies of all shapes and sizes. They have stood the test of time and are a tribute to the builders and the materials used some fifty years ago.

But how many other clubs, built in recent years, can be sure that their facilities will be virtually maintenance free for the next 50 years? In fact, it has been my misfortune to see courts which, within two years of construction, add a new meaning to the word "demountable". Walls with a patchwork of holds, doors which don't fit properly, floors with loose boards to trap the unwary, and levels of lighting which necessitate the application of highly sophisticated radar

to track both opponent and ball. Let's get back to the business of squash courts and their construction. With over 100 nations playing squash, there just has to be a considerable variation in the methods of construction and the materials used. Inevitably, problems have occurred and sometimes on a grand scale - glass walls breaking on impact, condensation on playing surfaces, and way out court dimensions.

The I.S.R.F. was determined to take some positive steps to ensure that nations, particularly new squash playing countries, were well briefed on the requirements for squash court construction. The Chairman of our International Technical Committee, Kit Campbell, produced many detailed documents which culminated in the development of an International Accreditation Scheme for squash court constructors. In January 1989, the first Accreditations were awarded and they included the

U.S. based Air-thrust Company who produce an excellent court floor system. Companies with International Accreditation have the full backing and support of the I.S.R.F. and are the only companies who are recommended by



Roger Eady,  
Executive  
Director I.S.R.F.

us to nations or individuals seeking advice on court construction. It's early days, but we are confident that this I.S.R.F. initiative will result in "value for money" construction throughout the world.

But there has been a further benefit to this development. Accredited manufacturers and the Technical Committee will begin discussions later this year with the aim to make squash courts more "user friendly". Many of you suffer joint aches and pains after squash. Is this a result of creeping age, bad luck, or of a floor which is far too inflexible? I'm sure that our newly formed Medical Committee will soon be addressing these sorts of problems and creating an on-going dialogue between the facility providers and the facility users.

I expect to bring you more on this subject after our seminars in Malaysia in October.

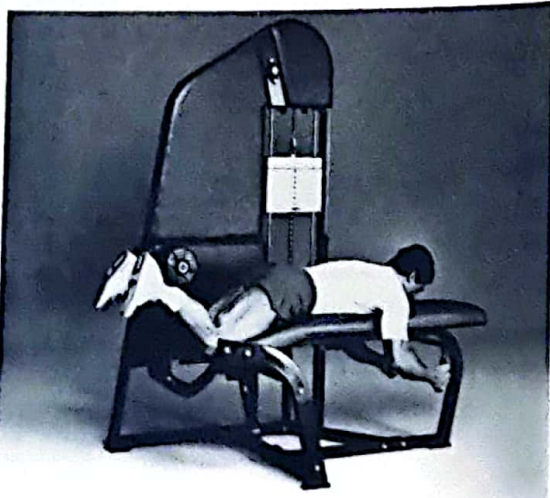
It just so happens that this week we received a telex request for a demountable/portable court from the Lebanese Squash Federation. The telex was interrupted once and some hours later we were re-connected with the comment - "Sorry but we have just been shelled". I now see the real value of a demountable court!

I should finish on an even more serious note by re-stating the objective of the Federation: to provide those who wish to build squash courts with the very best help and advice to ensure that they derive real value for money.

If we are successful, squash will continue to grow in importance as a world sport.○

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# Xerox And Mayfair Lakeshore Provide Unbeatable Doubles Combination

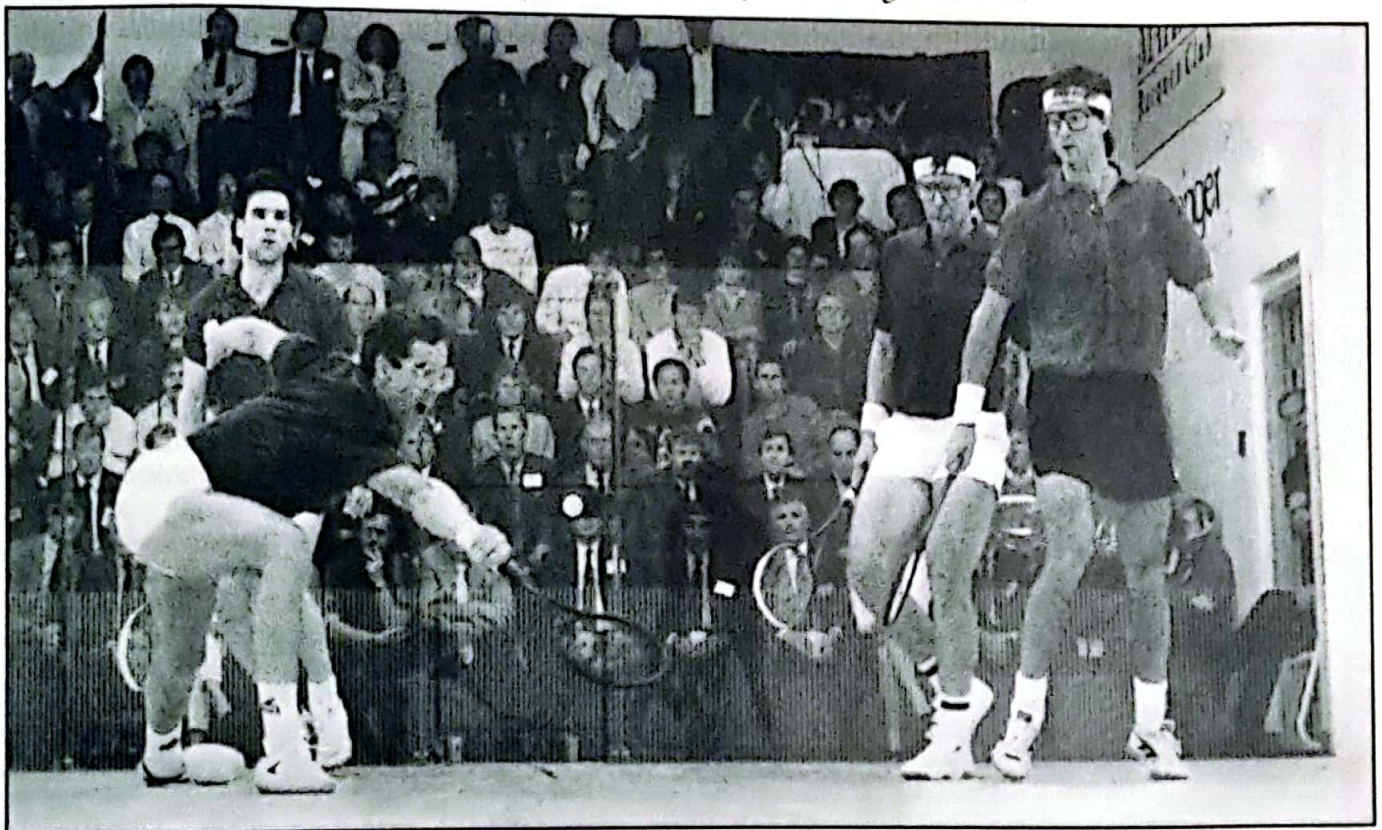
By Christian Endemann

In a spellbinding, dramatic finish to the W.P.S.A. doubles season, Kenton Jernigan and Jamie Bentley held off a concerted challenge from Clive Caldwell and John Nimick to capture the \$15,000 (U.S.) Xerox Canadian Open Doubles Championship in Toronto during the first week of April.

\$1,500 apiece for their efforts while Nimick and Caldwell shared \$2,250.

For Jernigan, the W.P.S.A. rookie of the year in 1987, it was a particularly gratifying victory. While he has vaulted to the number 2 position on the singles totem pole this year, a championship had eluded him until this event.

"This is my first pro title", he told the crowd with barely restrained glee after the



Jernigan and Bentley started slowly against their wily veteran opponents, lost the first game and faced three game points in the second before turning the tide and finally prevailing in a two-hour marathon by scores of 8-15, 15-14, 16-14, 9-15, 15-12.

It was only the second tournament as a pair for Jernigan and Bentley whose power and athleticism should continue to make them strong contenders for the top rung on the doubles ladder next year. They earned

match. It certainly won't be his last as his play continues to show improvement and added maturity.

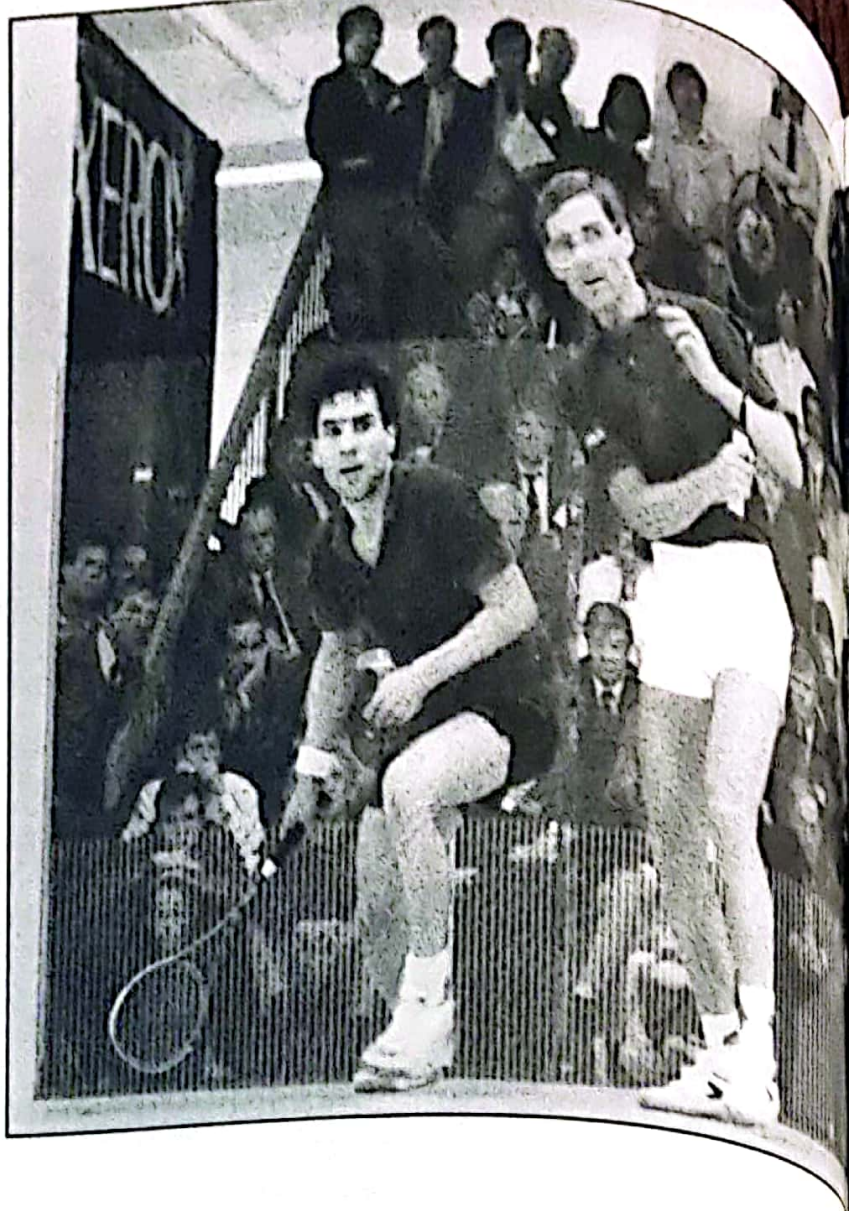
The first game was almost over before a capacity throng of 250 had taken their seats at the Mayfair Lakeshore Racquet Club, a sprawling, modern sporting complex that houses 12 international squash courts, 12 air conditioned tennis courts plus an assortment of other fitness-related facilities.

Caldwell and Nimick jumped into a com-

**Caldwell's retrieving was instrumental in the duo's first game win.**



Bentley, left, closing in for the kill.



**KENTON AND  
JAMIE WERE  
AGGRESSIVE  
WHEN THEY HAD  
TO BE AND THEY  
ARE DESERVING  
WINNERS.**

**-JOHN NIMICK**

manding 10-2 lead as they seemed far more steady than their 25-year-old opponents. After snaring the first game 15-8, the senior tandem continued to apply pressure and looked ready to take a stranglehold on the match when they led 14-12.

But Jernigan and Bentley picked up the pace and struck two outright winners while Nimick, 30, squandered the third game point when he pushed a backhand into the tin.

The comeback seemed to inspire the younger pair as they jumped acrobatically to avoid being shaved by their opponents' returns. Jernigan bounced around like a kangaroo while Bentley dived headlong to retrieve delicate dropshots executed by 37-year-old Caldwell.

Trailing 7-1, the senior combination regained their composure and clawed their way back into contention. Caldwell was particularly impressive as he employed change of

pace and angled returns to set up Nimick and keep the young bulls from unleashing their vaunted power.

At 13-all, Jernigan and Bentley, who played left and right wall, respectively, to Nimick and Caldwell, raised their game a notch. They surged into a 2-1 lead in games as Jernigan scored with a daring nick to grab game 3 by a slim 16-14 margin.

Jernigan and Bentley changed shirts for game 4 while the old guard conserved their energy and only altered their strategy. This involved slowing down the tempo with tactical lobs and applying greater length as Nimick and Caldwell reassumed control and led throughout this pivotal segment which they won handily 15-9.

Game 5 produced a magical array of strokes that had a rapt crowd oohing and aahing in appreciation. The showdown was a battle of brute force with the cut and thrust of power versus finesse.





as Jernigan and Bentley - the latter with the most ferocious forehand from the right- tried to put the veterans away quickly.

They almost succeeded as they led 4-0 and held firm at 9-6. But Caldwell and Nimick counter-attacked with bold boasts and were rewarded. At 11-11, Caldwell erred uncharacteristically when he mishit a shot instead of requesting a let.

It was still anybody's match at 12-all but the junior connection once again threw caution to the wind and resumed slugging. They won the next three points and the championship in resounding fashion with Bentley firing one of his patented scorching rockets on match point.

The contest was a big boost for the doubles game. Caldwell admitted after the match that it was competition of the highest order as the spectators applauded long and loudly at the conclusion.

Nimick felt his partner had been outstanding but, "I was unable to finish points at crucial moments during the match. Clive's shots were always deep and controlled but I came up a little short. Kenton and Jamie were aggressive when they had to be and they are deserving winners".

The final was by no means the only match that distinguished itself with excellent play.

In the semis, Nimick and Caldwell, upset the third-seeded Ned Edwards and Alex Doucas, 15-11, 8-15, 15-6, 15-7. The fleet-footed Doucas was neutralized by alternating long and short balls and he never seemed to find a rhythm for his own spectacular shot-making talents although he was a standout as a darting retriever.

Jernigan and Bentley did not lose a game prior to the final but they did have some close calls. In the semi-final round, they faced Bill Doyle and

Alan Grant who played tenaciously before bowing 16-15, 16-14, 18-17. Grant and Bentley had been an established pair on the circuit until the middle of this season.

Paul Frost, Xerox tournament co-chairman, was also excited about the possibility of an extended doubles calendar. "The Mayfair Club only opened the doubles court three months ago but there is no question that doubles is the game with the most spectator appeal. Our members have been stimulated to play more doubles now that they've seen the very best players and I look forward to seeing more tournaments like this in the future."

John Nimick, who also serves as president of the W.P.S.A., is optimistic about expansion but cautions that the major problem is still lack of available doubles courts.

For both players and spectators alike, there is no question that the doubles format adds a dynamic dimension to squash. The potential for growth is manifest but judicious planning and more thorough exploitation of existing resources will be required if the game is to flourish outside the small pockets of participation currently keeping it alive. O



# YES, VIRGINIA... THERE IS A TORONTO & DISTRICT!

By Diana Moody

Just like in baseball, it all came down to the bottom of the ninth for each of the winners to be decided in the Toronto & District Women's Squash Association league finals held at Mayfair Lakeshore on April 11th. It was an exciting and nail-biting evening of squash as eight teams vied for the four championships. Mayfair Lakeshore took home the hardware in the Women's A

division, narrowly defeating Ajax 3-2. It all came down to the final match, pitting the Lakeshore's Barbara Diggins against Lori Coleman who had just clinched the Ontario Open title several days before. Barbara's vast international experience served her well, as she won the match 3-0. The games, however, were much tougher than the score would indicate.

In what was sure to be the most exciting match-up of the night, the Toronto Athletic Club Team II edged

the host club Mayfair Lakeshore 3-2 in the B division. Two of the five matches were won by T.A.C. in fifth game tie-breakers.

Richmond Hill, cheered on by their injured captain, Kathleen Crosbie, defeated Markvale 3-2 in yet another close match-up in the C division.

In the D division, the tenacious Metro East team won over the Adelaide Club - again the score was 3-2.



A Division winners,  
Mayfair Lakeshore



B Division winners, Toronto Athletic Club



1989 Lily D'Urzo  
Award Winner,  
Ramola  
Vanderhyden



C Division winners, Richmond Hill



D Division winners, Metro East



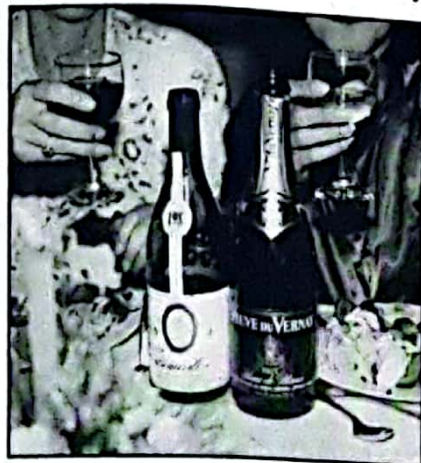
The fan support was unbelievable and truly appreciated. This was the first time the finals in all four divisions have been held on a week night and it was a pleasure to see such a good turn out for women's squash.

Accolades are in order for Robin Kingsmill, the Play-Off Co-Ordinator. She did an excellent job of securing qualified referees for the evening and keeping the matches moving along. Many thanks to Penny Wedd, Sue Swift, Shelley Harvey, Chris Doyle and Margot Armstrong for their help with the refereeing and marking.

A special thank you to Fairlie Taylor and Nancy Burns for arranging the prizes for all the participants.

The Toronto & District Women's Squash Association gratefully acknowledges:

Mayfair Lakeshore for hosting the finals and providing the food, Remy-Pannier for sponsoring the evening with their sparkling wine, Barbara Diggins, Mayfair Lakeshore's Squash Professional, Hi-Tec, Collins Ocean Pacific, Easy



"Capturing the spirit of the evening"

#### 97.3, CHIN, CIUT.

The Toronto & District Women's Squash Association held its annual awards banquet Thursday, April 20th. This year, the banquet was held at Ontario Place, with over 150 league players attending. It was a highly successful evening with special thanks to Ellen Parker of Kettle Creek Canvas Company for orchestrating an entertaining fashion show using (can it be?), some of our own league players as models! Kettle Creek also provided over the shoulder canvas bags for each of the attendees. Many thanks also to Sherry Graham, a Ryerson student, who did the music. A toast to Lacey's International who sponsored the wine for the evening - each bottle, I

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might add, enjoyed by everyone.

The league awards were presented to each of the division winners as well as the finalists. The A division trophy was presented to Mayfair Lakeshore and we congratulate team members, Barbara Diggins, Leslie Freeman, Jane Mitchell, Lindsay Hermer-Bell and Robin Howlings. Congratulations also to the Ajax finalists, Lori Coleman, Kelly Payerl, JoAnne Boehlke, Nancy Sharpe and Marion Van Gansewinkel.

In the B division, we congratulate the Toronto Athletic Club and its players, Doreen McManaman, Ann Savege, Bonnie Wood, Terry White, and Ramola Vanderhyden. Well done to Mayfair Lakeshore finalists, Trish Wardrop, Barb Romke, Trisha Thomas, Carla Smolders and Cathy Mocha.

Winner of the C division was Richmond Hill - Sheila Aspinall, Penny Suikki, Sue Garland, Marg Auld and Joyce Killick. The finalists were Marilyn Reynolds, Sue Patterson, Lynn Binden, Marlene Turner and Pauline Gilbert of Markvale.

And, in the D division, we congratulate the team members of Metro East - Pat Foster, Kim Barton, Elaine Palme, Ann Milne and Fairlie Taylor who edged out Celina Grant, Pam Wallace, Maryann Bell, Mary Maloney and Beth Mitchell of the Adelaide Club.

Each year, the Executive Committee receives nominations from league players for the Lily D'Urzo Award. This award is presented to the player who displays friendship, courtesy and fairness in the game of squash and this year, the award went to Ramola

Vanderhyden.

It was great to see such an excellent turn out. If it weren't for the players, Toronto & District league would not exist and a special thank you to Fairlie Taylor, who personally telephoned each team captain to remind them of the banquet and secured the numerous door prizes from our many contributors which made the evening one of fun and entertainment. O

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# WASN'T THAT A PARTY!

By Michael Harris

The 1989 Peat Marwick Canadian National Doubles Squash Championships were held at the Montreal Badminton and Squash Club, March 9-12, with bulging rosters of entries in all categories - 102 teams at final tally. It would be

appropriate to begin this report with accounts of the nail-biting Men's Open final (the win was determined by a one-point no-set call in the fifth) and the full five-game see-saw skirmishing in the Final of the Ladies' draw, but perhaps a little space should be devoted to the context in which the weekend's squash was played.

## ONTARIO WOMEN'S DOUBLES Opens Mayfair Lakeshore's New Doubles Court

By Barbara Diggins

Women's doubles in Ontario is gaining in both strength and popularity, and evidence of this was the full draw of 16 teams who competed for the Ontario title won by the team of Anne Smith and Sandy Penney. They showed themselves to be the most consistent and patient pair, winning their semi-final match against Jan Atkinson and Marg Taylor in 5 games, and their final against Jann Taylor and Jane Mitchell in 4 very close games.

Both teams have played together for a number of years, and have faced each other on several occasions. The previous week, Anne and Sandy had defeated Jane and Jann in the final of the Thistle tournament. Anne is hitting the ball a bit harder this year, and with Sandy's pace on the right wall, opponents have a tough time shooting which is Mitchell and Taylor's strength.

Jann and Jane won the first game of this final but after that, the run of play changed considerably. Jane

Mitchell was more isolated, and frustration crept in. Anne and Sandy controlled the back of the court and, therefore, the front.

The third game was probably the most critical and was won in over points. Though Jann and Jane showed no visible let down, the London pair went on to take the fourth 15-13 and the title.

Although the established doubles teams were often too strong, it was good to see newcomers trying their hand at this great game. Many players from the Lakeshore took advantage of home turf and entered. Players, such as Deborah Cameron, Lesley Freeman, Tricia Thomas, and Lindsey Hermer Bell. Lindsey Hermer Bell and Catherine Fournier went through to the final of the consolation but were defeated by Ann Green of the Lakeshore and Jessica Melchiorre in 5 games.

Thanks to Squash Ontario, Black Knight, and Koala - we enjoyed wonderful trophies and prizes, and witnessed truly great squash. O

With over 200 players drawn from the far corners of this country and the U.S., clearly the word's out: The M.B.S.C. makes the tournament well worth entering. Peat Marwick, the tournament sponsor, provided a most welcome financial underpinning to guarantee the overall success of the event.

Forty individual patrons earned their angelic wings - and the boxseats of their choice (if indeed they could squeeze in close enough - the galleries were packed all weekend long). And a full tip of the hat should be offered to the purveyors of the various favours and fine libations - to wit: Air Canada, Gillette Canada, Molson's, Seagram's, Gatorade, and Ben Gay.

Amateur athletics perhaps take place most happily in an atmosphere of social conviviality and good fun and this weekend was no exception. We enjoyed first-class food and fine wine - these last two items consumed in the Saturday night wonderland the M.B.S.C. Ladies Committee quite aptly called Fantasia. And now for the details. (Of the squash.)

In the Masters (60+) event two, two-hour semis produced a final which saw Jim Jones of Philadelphia and Don Boyko of Boston wearily grind out a 3-2 win over Darwin Kingsley and Alfred Hunter (both of Philadelphia). All survived.

In the 55+ bracket, Toronto's Jim Bentley and Bob Mason engineered a 3-0 straight victory over Ron Aldridge and Bill Allan, who had earlier edged out first-seeds Weaver and Wright for their spot in the final. The Weaver/Wright duo were not the only seeding-upset of the weekend, but perhaps special mention should be made of first-seeds Kevin Parker and Ritchie Bell in the 50+ draw. Despite a nagging right-shoulder bursitis, Parker acquitted himself well enough to get through a round or two by playing left-handed!

The Women's Draw (let's disrupt



**LANG, WHO  
ONCE RECEIVED  
A TROPHY AS  
THE MALE  
CHAUVINIST OF  
THE YEAR FROM  
WOMEN SQUASH  
PLAYERS ...**

the chronological flow here) was held courtesy of the venerable M.A.A.A. which provided welcome court time on Friday and Saturday. On Sunday, back at the M.B.S.C., fourth seeds Cathy Covernton and Barbara Diggins battled their way to a 3-2 win

over Jane Mitchell and Jann Taylor. It was good squash, with the previous rounds' exertions telling on both teams in the fifth; the match won finally as much because of unforced errors as by fine shooting and out-positioning by the winners.

In the Vets (40+) Tom Poor and partner Sandy Martin held their first seeding right through to a 3-0 win over Michael Downer and Alan Case who earlier had upset Bob French and Ronnie Graham of Toronto.

Among many others in the Men's Open, one match in particular deserves a little extra attention, even though it took place early on in the proceedings. It was interesting because it was almost textbook stuff - good, solid squash played with discipline, imagination and humour. M.B.S.C.ers Phil Samuel and Brendan Clarke lost in the fifth to Toronto's Bert Keene and John Greenwood in a match which saw two fine touch players and two heavy-hitters, one apiece on each wall playing to the best of their abilities. Not to say that the touch players (Samuel and Keene) didn't crank the ball at times, nor that the heavy-hitters (Clarke and Greenwood) didn't vary their power

game often - but, from the gallery's point of view, there was a consistent and lovely tension produced by each of the players' range of choices.

The winners of the Men's Open, Jamie Bentley and Alan Grant almost didn't. Jay Gillespie and Victor Harding called for a one-point sudden-death final rally at 14-14 in the fifth. As Gillespie put it, "Our opponents had won the two previous points and we didn't know whether they could win three in a row". There, but for fortune...

Last, in the "A Good Man is Hard to Find" department, this item (locally written up in the *Gazette* by Executive Sports Editor Pat Hickey, but deserving surely of national exposure): "Cathy Covernton and Barbara Diggins won the ladies open title...(and)...received their prizes from Nick Lang of the host club. Lang, who once received a trophy as the male chauvinist of the year from the women squash players at the host club, said he was making amends by donating a permanent trophy for the Canadian women's doubles champions".

Shot-wise, that's a dead nick, Nick.O

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## JUNIOR NEWS

# A DECADE OF JUNIOR SQUASH

By Gord Crymble

Continuing a tradition begun in 1979, the Ajax Squash Club was privileged, once again, to host the T&D Junior Open Tournament for 100 boys and 18 girls. Initially begun as the warm-up to the Ontario Championships, it has become a major annual event in its own right. The draw included players from as far away as Winnipeg, Montreal, Rochester N.Y., and Barbados. Ontario entrants represented all corners of the province, from Sault Ste. Marie and Sudbury,

to Sarnia and London, and from Cornwall and Kingston to Niagara.

The home-town supporters were not disappointed as number one seed Dean Brown of Ajax, triumphed over third seed Dan Vranesic of Valhalla 3-1 in the Boys Under 19 final. Fifth ranked Jonathon Tredgett from the Granite Club prevailed over Graham Ryding of Burlington for third place. Unseeded Vijay Chitnis surprised some as he used his home-court experience to beat Paul McGuire from "The Soo" to capture the consolation event and fifth place.

The Boys Under 16 draw unfolded as expected from the seedings with Jon Power (Barrie) defeating Scott Barker (Montreal) in the final and Michael Leckie (Cricket Club) achieving a minor upset in edging third seed Ben Thomas (Ottawa) for third. Rob Wilson of Sarnia won five of six matches for the consolation title.

Favoured Rodney Bowers maintained his status ahead of fellow Barrie resident Ian Power with a 3-1 victory in the Boys Under 14 draw, with a surprise coming with



Some of the winners with their hardware.



Montreal's James Barker's defeat of Jonathan Gabel of Rochester New York for the number three position. Ryan Clarke of Sarnia finished fifth ahead of Hamilton's Taras Klymenko.

First seed Lucas Watson of Barrie successfully held off the challenge of second seed Eric Zaremba from Kingston in the 27 player, Boys Under 12 event. The upsets were furnished by Sault Ste. Marie's Richard Yendell and Dave Phillips of Montreal, finishing third and fourth respectively. The consolation winner was Pine Valley's Charles Braff, a 3-0 victor over Justin Mather from Montreal.

What the girls may have lacked in quantity, they made up in quality. As expected, Ottawa's Margo Green won all her matches in the Girls Under 19, 5 player round robin, and provided an entertaining finale with second place finisher, Melanie Jans. Carol-Ann Rogers and Alison Giachino, both from Ottawa, were only one and two games respectively out of second place. Top ranked Tara Sharpe from Peterborough went 15-2 as Champion of the Girls Under 16 group. Winnipeg's Anita Soni was the big surprise, finishing a very strong second, and Nichole Garon of Clinton was a creditable third.

A combined Girls Under 14 and 12 double knock-out event produced an order of finish of Cricket's Sara Leckie, Vicky Marrack from "The Soo" and Jan Wilson from Sarnia among the senior girls. First place in Under 12 went to Danielle Clarke of Sarnia, followed in order by Joanna Kennedy, Cricket Club; Courtney Power, Barrie; Nichol Carrol, Pickering; and Katie Pearce, Cricket Club.

Every tournament has its workhorses and this was no exception. Ajax Squash Club's Maureen Eno and Marion Van Gansewinkel managed registration on the first night and "single-handedly" cooked for 118 hungry players on both Saturday and Sunday. Co-chairman Joe ("Billet") Brown, spent many hours finding temporary homes for over 50 out of town players, as well as assisting with the draw and rounding up referees - the willing and less than willing. Ed Crymble, now at Waterloo University and a previous Ajax junior of note, spent a hectic and harried 28 hours on duty as Drawmaster, the first to arrive each day and the last to leave at night. Co-chair-

## QUALITY IS WHAT COUNTED IN THE GIRLS' EVENTS

man Gord Crymble assisted the Drawmaster and spent many hours running around looking busy.

Many sponsors contributed to making this a memorable event and deserve special thanks; Dunlop Canada for balls and prizes; McDonald's, and Mac's Convenience Stores for refreshments; the local businesses of IGA, J&B Sportswear, and Discover Sports for their assistance; and Warner Lambert Canada for their gifts. Vital to the occasion, but often overlooked, is the Ajax Recreation Department and its staff, without whom there would simply have been no tournaments for these many years. To them go the final expression of appreciation. O

# SUMMER SQUASH CAMPS

**Conducted by  
Barbara Diggins  
Head Squash Pro  
...and her staff.**

**Camp 1: Junlor** July 11, 12, 13 and 14, 1989  
Tuesday through Friday

**Camp 2: Junlor** August 8, 9, 10 and 11, 1989  
Tuesday through Friday

**Camp 3: Junlor** August 21, 22, 23 and 24, 1989  
Monday through Thursday  
10:00 a.m. to 4:00 p.m.

**Cost, including lunch  
each day: \$150.00**

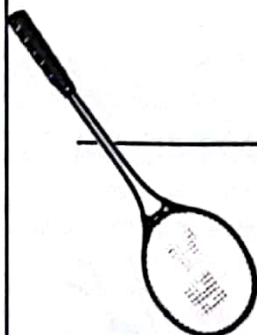
**Camp 4: Adult** Weekend  
August 11, 12 and 13, 1989  
Friday through Sunday

**Camp 5: Adult** Weekend  
August 18, 19 and 20, 1989  
Friday through Sunday

Friday: 7:00 p.m. - 9:00 p.m.  
Saturday: 9:40 a.m. - 3:40 p.m.  
Sunday: 10:00 a.m. - 4:00 p.m.

**Cost, including lunch  
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801 Lake Shore Blvd. East  
Toronto, Ontario M4M 1A9  
Attn.: Barbara Diggins



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RACQUET CLUB**





# CAMBRIAN COLLEGE AND JUNIOR SQUASH

By Stephanie Todd  
Athletics Centre Co-Ordinator

The fall of '88 saw Dana Matson, a certified level 3 technical coach and "A" player, come to Cambrian College as an instructor for adults. However, being an instructor for adults only was not enough for Dana. His energy, experience, and knowledge of the sport convinced Michel Barbeau, Director of Athletics, and me, that the development of squash begins at the junior level. Being an adult facility, we were hesitant to open the Athletics Centre to persons under the age of sixteen. Advertising through the media, and letters to all our members, resulted in enough enthusiasm to

make the junior programme a reality. Dana, with the assistance of Brad Dussiaume who is a level 1 technical coach, and President of the Northern Ontario region of Squash Ontario, set the pace for our sixteen participants.

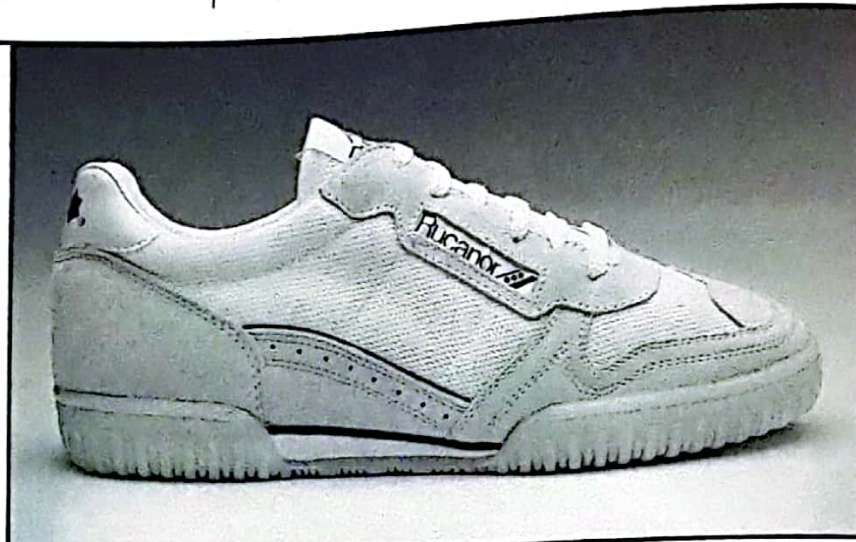
The programme consisted of three two-month sessions. Lessons were held twice a week for one hour with the emphasis on having fun. An initial skill assessment divided the participants into three distinct levels. All lessons began with a sound aerobic warm-up and stretching and finished with court pattern runs.

LEVEL I concentrated on basic strokes and techniques. The main emphasis throughout the drills was sound technique.

LEVEL II was for those juniors who had had previous squash instruction. More advanced drills in stroke technique were performed.

LEVEL III was for those participants who had been involved with the Cambrian Junior Programme or had previous coaching from Dana and were presently active in the sport. Intermediate strokes were taught and drills practiced with three or more players.

A round-robin tournament was held at the end of each session. The grande finale was a pizza party with prizes donated by the Cambrian Athletics Centre. Each participant also received a customized Cambrian Junior Programme t-shirt.



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The smiling faces of the future.

Dana Matson has been an inspiration to many new juniors. His personal coaching of Keith Denis has given our juniors an opportunity to see how they can develop through the programme into an "A" player. Keith had the opportunity to participate in the Winter Games held in North Bay this past March and acquitted himself well, with impressive performances against nationally ranked players such as Patrick Ryding and John Wilson.

"He peaked to the best of his abilities at these games and will continue his upward trend in the junior ranks over the next two years" his coach, and friend, informed me. Keith is currently ranked 11th in Ontario and we, in the north, are certainly proud of him and his accomplishments.

Keith has spent many hours on the courts at Cambrian both with the newly formed junior programme and for his own personal growth.

Cambrian is looking forward to developing the programme further by hosting an open junior squash tournament next season. Having had one successful year can only lead to another. The success of this programme was not only due to the coaches and the participants, but also to the tremendous support of Squash Ontario and the Cambrian Athletics Centre staff and members.○

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If the future rests with the young, then North Bay had a clear view of what the future has to offer when it recently hosted the Ontario Winter Games. Over three thousand athletes competed for the gold in a variety of activities, but no single event was more exciting than the squash competition. The best young players in the Ontario, proudly representing clubs from Sault Ste. Marie to Ottawa, put on a remarkable display of thrilling and well disciplined squash.

Nineteen year old Steve Eastwood of King City easily walked through each of his matches without losing a single game. His solid and consistent length and court mobility were the key to his play, placing him in a class by himself. This was especially apparent in the finals as Steve maintained a constant and flawless pressure on Jay Gildenhuys of Ottawa. "Steve just didn't make a mistake", said Paul Wilson, coach of

When asked about the contest, Bradford Dussiaume, match referee, commented that he was particularly impressed with the contestants' on-court attitude: "Even though it was a final and there was pressure on both players, it was an easy match to officiate because both players cleared well and were courteous at all times".

For sheer crowd-pleasing excitement, no match compared with the Ducharme-Wilson blood and guts contest, played in the men's round robin. For both players, it was their third five-game match of the day. The crowd witnessed a dramatic fifth game climax - where points were won on sheer grit, as second efforts were extended almost beyond the crowd's ability to believe that both these men were still standing. Ducharme eventually outlasted Wilson in a match which was notable not only for the courage of the contestants, but also for their demonstration of exemplary fair-play and sportsmanship.

That a tournament of this calibre could be comprised primarily of junior players is a comment on the great potential of the sport in this province. These well trained and dis-

Squash has come a long way in the last few years in gaining recognition within the field of amateur athletics. The recent Winter Games is a stepping stone for the sport - as well as the contestants - to a larger forum. There are the Canada Games in Summerside, Prince Edward Island in 1991, and the Commonwealth Games and Barcelona Olympics in 1992, at which squash, hopefully will be a demonstration sport for the first time. It is gratifying to think that North Bay may have been one of the stops on the road to Barcelona for such well disciplined and fine young players as Melanie or Steve. O

**By Pam Mundy**

The first round matches went pretty much according to the seedings, with Jamie Crombie, John Hurrey, Todd Binns, Max Weathers, Abdel Aref and Willie Hosey all having little difficulty with their opponents. There were, however, two upsets. Wayne surprised Joe Besso in a very close 3-2 match and Norm Platt defeated





From left to right, John Fisher, Rob Wilson, Dennis Ensom, Chris Hood, Csop Toth and Susan Osso.

Sushane Soni in a gruelling 5 game marathon. Norm and Mike could not sustain their winning ways, going down in the second round to Crombie and Hosey respectively. The most entertaining match of the second round was the narrow defeat of Max Weithers who lost 3-2 to Abdel Aref.

The stage was now set for two very exciting semi-finals. Jamie Crombie, the number one seed, had to play five games before defeating Todd Binns in the final game. Willie Hosey had an easy time in his match against Aref, defeating him 3-0.

The final was played before a packed gallery. Since there was no hometown player to cheer on, the crowd divided their allegiance equally between Crombie and Hosey, applauding the skill and talent of both players. It was obvious from the start that Hosey was the class of the field. The first game was characterized by long, sharp rallies and Hosey's patience paid off. He won the first game 9-4. In the second game Hosey

took a commanding lead but Crombie clawed his way back to tie the game only to lose it 9-7. Hosey didn't need the luck of the Irish in the third game - he took the lead early and never relinquished it.

The Men's A drew players from Toronto, Windsor, London, Chatham, Amherstburg and, of course, Sarnia. Toronto's Peter Curran, seeded one, was upset by Lennie Slipacoff in the second round while Rob Mulrooney was upset in round three by young Caleb Quinlan of London. Eighth seeded John Fisher slipped by everyone in his half of the draw and faced second seed Rob Bowder in the final. After a tough 4 game match, Fisher emerged the victor.

The Men's B also saw a large draw of 26. It was an all-Sarnia final, with Rob Wilson downing Tom Neilson 3-0. Paul Kowalshyn defeated Rick Bisonnette to take the Men's C title.

Equally as entertaining and exciting were the women's draws.

Hometown favourite Chris Hood breezed through her half of the A draw without losing a game and kept her streak going by defeating Heather McLean 3-0 in the final. Windsor's Csop Toth took the B title with a win over Kim Gordon-Small and Sue Osso won the C by defeating Diana McClure in a very close 3-2 match.

It was one of the best weekends ever in Sarnia as far as squash is concerned and much credit goes to Dennis Ensom, Craig Burwell and the tournament committee chaired by Gary Delavigne. None of this would be possible, of course, without the continued financial and moral support of Don Guerette of Magic Realty and all the other sponsors. The Magic Realty has become a tradition in Sarnia and we look forward to welcoming everyone back again next year. O

## BLACK KNIGHT-RIDEAU OPEN

By Bob Patterson

**B**etween March 12-19, 180 players, covering every conceivable level and age category, descended upon the Rideau Tennis and Squash Club in beautiful downtown Ottawa.

Traditionally, the Rideau Open has been a showcase for the top women players in the country. However, as this year's event coincided with the Woman's Worlds in Holland, more emphasis was directed towards the men's events.

A strong field in both the men's open and men's 35+"A" promised some memorable matches and the spectators were not disappointed.

In men's open play, Steve Wren, from Toronto's Curzons Sporting Club, was obviously the class of the field. In the semi-final (before an enthusiastic home town crowd) he dominated, in a very entertaining match, over the resident Rideau Pro, Jay Gildenhuys, 9-4, 10-8, 9-7.



In Sunday's final, the score of the first game was close, 9-7 to Steve. Jeff ran out of steam and Steve sailed through the next two games, 9-2,

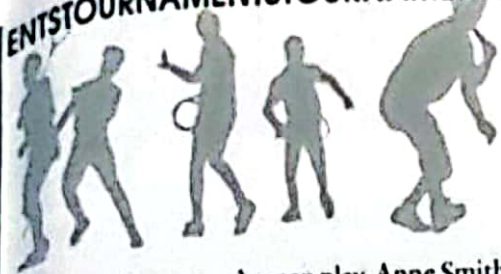
The men's 35+ "A" produced some excellent squash. It is in this category that the art of gamesmanship takes on new meaning. Younger

Our congratulations to Martine on a most spectacular victory over Susan Devoy; the New Zealander who has, up till now, ruled Women's Squash for the past five years.



players could pick up that "extra edge" in their game by observing the on and off court demeanour of these wily old veterans. Dark horse, Adrian Ferreira from Toronto's Cambridge Club, took first place honours over London's Lindsay Smith 9-5, 9-6, 9-0. Lindsay swears that Adrian bribed his host, Ced Nowell, to make him sample several bottles of Port until the early hours of Sunday morning. Full marks, Adrian.





In women's open play, Anne Smith from London, the number one seed, breezed to the final without the loss of a game.

On the other side of the draw, unseeded Joanne Reed from Ottawa's RA Centre, upset second seed Sylvie Faulkner 3-0 and defeated third seed Anita Nador 3-2 in semi-final play. In Sunday's final, Anne took the first two games 9-2, 9-7. Joanne came roaring back, taking the next two games 9-3, 9-3. Anne pulled herself together in the last game and dominated with a 9-1 score.

Players enjoyed a pizza and beer bash on Saturday night, complete with draw prizes, kindly organized by George Shaw.

We would like to thank our sponsors for their support. Black Knight, and Mark Wallace from Molson's for a steady supply of beer throughout the week. Special thanks to Gillian Davis and Sheri Davison for their tireless efforts as tournament co-ordinators and to the many other volunteers who contributed to the success of this event.

Hope to see you all again next year. Don't forget to get your entries in early for the Annual Rideau Summer Teams Tournament, June 16-18, 1989. O

## VENERABLE VETS COMPETE IN AJAX

By Gord Crymble

**O**n February 17 & 18, twenty-three "vintage" ladies of 35 years and more, played 47 squash matches in less than 24 hours! That averages four matches per player. No one complained about the number, and many, with smiles on their faces exclaimed, "I didn't think I could do it!" However, a few were walking a little more tenderly on the

# A rare opportunity for devotees of racquet sports!

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**DEBTOR'S PRISON**  
(9" x 12")

The first game of racquets was played against a single wall within the Debtor's Prisons of England prior to 1800. The most famous Debtor's Prison was the "Fleet" referred to by Charles Dickens in the "Pickwick Papers".



**RACQUETS—A GAME FOR EX-ATHLETES** (12" x 16")

The English game of racquets made its way to New York as early as 1793 and maintained a feeble and fitful existence until more than a 100 years later when the New York Racquet Club gave it a permanent home. This print depicts the clothing of the period and a player in various positions of readiness to serve and receive the serve.



**SQUASH RACQUETS AT HARROW**  
(9" x 12")

The Harrow School in England is credited with the invention of the game of squash racquets. In the late 1800's, while waiting to enter the hard racquets court, the boys playing in the courtyard of the Headmaster's house invented a soft "squashy" ball to avoid breaking windows.

**THE BELVEDERE RACQUETS COURT**  
(16" x 12")

The single wall version of racquets quickly expanded outside of the Debtor's Prison and was most popular in the early 1800's in Ireland. This print depicts a 45' high wall and four men are playing within a designated area 45' x 60' long.



**THE CHAMPIONSHIP COURT OF THE NEW YORK RACQUET CLUB**  
(12" x 9")

By the early part of this century, racquets and squash racquets were becoming firmly established as the excellent games they are now known to be. This print illustrates active play being observed by several interested observers in the gallery.



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## JACK FAIRS TO RETIRE

It is hard to believe that Jack Fairs has been a member of the faculty of the University of Western Ontario for 42 years. During that time, he has become a household name in squash and, in his 25 years of coaching the U. of W. squash teams, he has brought home 15 O.U.A.A. championships! He has also coached two United States singles champions in Phil Mohtadi and Scott Dulmage. Quite a record and his friends and colleagues have planned a farewell retirement dinner and roast for Jack to show their appreciation.

The dinner will be held on July 7, 1989 at Sommerville House at the University. Tickets are \$35.00 per person. For further information, please contact Bob Zeisner, c/o Thames Hall, Faculty of Physical Education, University of Western Ontario, London, Ontario N6A3K7.



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Left to right: Marion Van Gansewinkel, Joanne Boehlke, Peg Robertson Irwin.

following day.

The tournament champion was Joanne Boehlke of the host club, Ajax, who won a five game thriller over Nancy Sharpe of Peterborough. Vicki Gleeson of Ajax defeated Donna Jean of Pickering to capture third place.

In the Consolation Final, Marion Van Gansewinkel of Ajax met Joan Pilz of Glendon in their fourth match of the day and fifth of the tournament. In a surprisingly hard-hitting, hard-running match, Marion came back from an 8-2 deficit in the fourth game to win it.

The Plate event saw a weary Peg (Robertson) Irwin defeat an equally weary Doreen Hunt. Being from Ajax and Pickering respectively, they didn't have far to drag their tired bodies and happy minds home.

There was high praise indeed for the tournament's co-chairpersons, Marion Van Gansewinkel and Kelly Payerl. Many players assisted with a variety of chores, ensuring fun and a successful tournament. The draw and seeding was excellent, the organization and officiating was without complaint and the gifts, prizes, and food were of the highest quality. The supporting male cast of Wendell Ying, Ed and Gord Crymble helped in ensuring that things went as planned.

The generosity of the following sponsors put the "icing on the cake": Dunlop, and Discover Sports; Evian Natural Spring Water; Boats Canada; and one kind who wishes to remain anonymous.



# Help Wanted

## Squash Professional

**Valhalla Inn Recreation & Fitness Centre** is seeking a part time squash professional. The successful candidate will be responsible for the planning, teaching, promotion, and supervision of his/her sport programme. Applicants must have the following credentials: Minimum level 1 coaching certification or equivalent, good communication and interpersonal skills, and the ability to work with members of all skill levels is essential.

Applications to the Manager,  
Valhalla Recreation &  
Fitness Centre,  
P.O. Box 4, Kitchener, Ontario,  
N2G 3W9.

## HELP WANTED

**Help WantedThe Fitness Institute West** is looking for a part-time squash professional to assist with clinics, lessons, programming, etc.

- Preferably Level III or Level II Certification
- 10 hours per week

For further information, please call Mario Barrett, Racquets Director, at (416)275-0610.

## PART TIME PRO REQUIRED

Richmond Hill Country Club is looking for a part time squash professional to work several hours a week. Duties would include Saturday morning junior clinics, week night adult coaching clinics and running club round robins. The successful candidate will be a certified level II or I coach.

Apply in writing with a photograph, if possible, to:  
**Mr. Jim Stewart,**  
Head Tennis Professional,  
Richmond Hill Country Club,  
8905 Bathurst Street North,  
P.O. Box 242,  
Richmond Hill, Ontario L4C 4Y2.

# LET THE GAMES BEGIN!

## Ontario

## Team

## Coaches

The Chinese have a saying that "the longest journey begins with a single step". Waiting for us at the end of our journey are the Olympic Games. Our first step began back in 1985 when squash was first included in the Ontario Winter Games. We came one step closer in 1991 when, for the first time, squash will be included in the Canada Winter Games which are being held in Prince Edward Island. The Provinces will be sending two teams, one comprised of four boys, two under 19 and two under 16, and one girls team comprised of two girls under 19 and two girls under 16.

two under 16. We have a year and a half to train these young athletes and we are looking for the coaches to help us. We need one male and one female coach whose responsibilities will include talent identification, development, coaching and managing the teams.

These are 20 month, part time positions, commencing August 1989 and concluding in March 1991.

### Qualifications:

- Minimum Level II coaching certification or equivalent
- Junior coaching experience
- team coaching and managing experience

Deadline for applications is Friday, 15 June 1989.

Apply in writing, to:

The President

c/o Squash Canada

1220 Sheppard Ave. E.

Willowdale, Ont.



# Windsor's Newest "Touch of Class"

Windsor's physical fitness scene has been greatly enhanced by the newly renovated and refurbished Essex Racquet & Fitness Club. Conveniently located one block off the main highway leading to the International Ambassador bridge, this 59,000 square foot sports complex boasts the most up to date athletic facilities in south-western Ontario. Highly qualified professionals in squash, tennis, racquetball, golf, and aerobics supervise a vast variety of programmes designed to fit the needs of every member, regardless of age.

clinics, senior citizens in their weekly round robins, as well as top level players. All tennis programmes are under the direction of head professional, Brian Hall and assistant professional, Ralph Legall. Both men came to this club with some of the best ranked credentials in the province and their expertise lends a positive air of professionalism to the club. Ladies' and men's in-house leagues, levels "A" and "B" travel teams, junior, beginner, and advanced clinics, and mixed doubles round robins are just a few of the

strokes through video lessons. A jogging track, wally ball and basketball courts make up the most diversified sports club in this area.

Recreation is also the order of the day as members relax in the friendly atmosphere of the Inner Court Fireside Lounge. The club's active social committee can be seen on many occasions planning social events that, in the past, have been the overwhelming success stories of the club. Saturday and Sunday nights at the club are available for corporations to give their employees an evening of physical fitness and socializing.

Windsor is known as the Sun Parlour of Canada and come this summer, club members will attest to this as they enjoy the newly completed outdoor facilities. Already in progress is the construction of five new Lee "Fast Dry" outdoor clay courts. Relaxing around the pool, dining on the outdoor patio, or enjoying your favourite liquid refreshment at the outdoor bar will be the name of anyone's game during the summer months. Not to forget the youngsters, summer day camps are in place offering squash, tennis, racquetball, swimming, wally ball, computers, and french immersion to children from ages 8 to 18. All summer programmes culminate in a certificate of merit awarded to each child for their participation in the physical and academic programmes.

Essex Racquet & Fitness members are proud of their new and exciting club and their support and suggestions are encouraged by management. The capable staff is ever ready to ensure that each member is dealt with in a most courteous and professional manner. This forward moving club has created a unique lifestyle for its members and its devotion to excellence will not be compromised as its future plans are realized.

*This space is reserved for member clubs of Squash Ontario. We invite clubs to participate by sending in a short write-up and photograph to Squash Life. Are you proud of your club? Why not tell everyone? For more information, contact Squash Ontario, (416) 495-4140.*



"You mean we have to play squash too?"

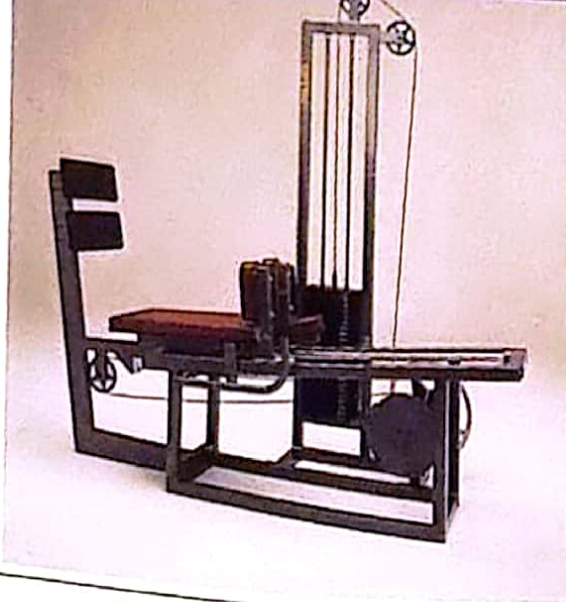
Always aware of the cardiovascular and overall body conditioning that squash affords, professional Peter Happy, teaches members the finer points of the game. The four international squash courts support in-house as well as travel leagues. The glass walled feature court has carpeted bleacher seats allowing spectators to share in the exciting atmosphere during exhibitions and tournaments. Peter also supervises the multi-level racquetball leagues assisted by John Emerson, one of the top tournament players in this region. The four racquetball and four squash courts have recently been refinished and are fully air conditioned. This enables Peter and John to continue the leagues and match play throughout the whole year.

Five newly resurfaced "Rub-R-Cote" indoor tennis courts make up the final link in the club's racquet triumvirate. This cushioned surface is enjoyed by the tiny tots in their junior

structured play groups that are available to the membership. Certified instructors are on hand to assist in these various programmes leaving Brian with quality time to cultivate the exceptional tournament players that have chosen Essex as their home base. All five courts can be viewed from the gallery, which makes "tennis watching" a favourite pastime for many members.

The newly added and fully mirrored aerobics room proves to be one of the most popular spots in the club. Under the direction of head instructors, Anne Handsor and Claudia Naismith, club members work out on a specially made carpeted floor. Adjacent to the aerobic activity, muscle conscious members are making use of the fully equipped weight room. Many have enjoyed the four golf cages that were added this past winter. Golf professionals from Essex Golf & Country Club were on hand daily to correct and improve golf





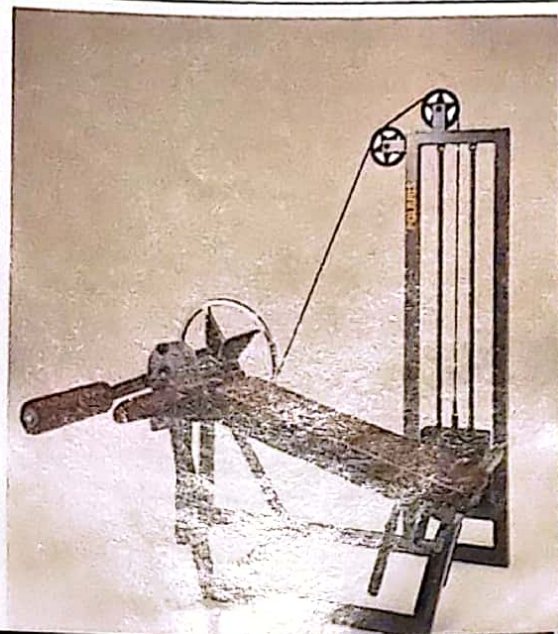
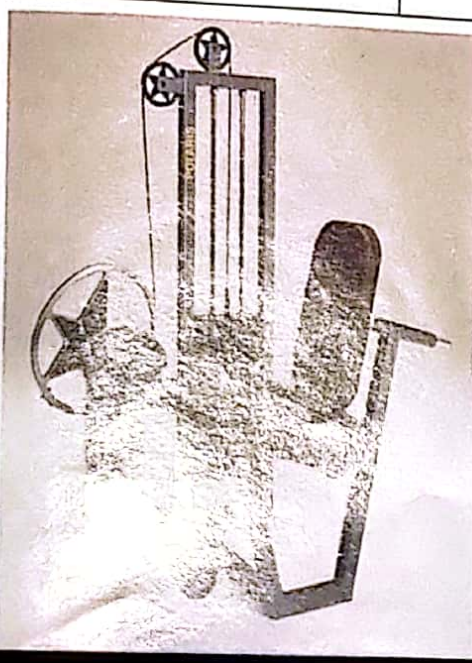
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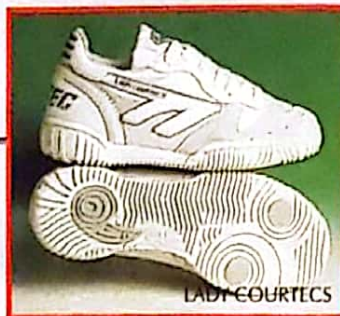
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