



SCHOOL SQUASH PROGRAM



~ EQUIPMENT, INSTRUCTORS, RESOURCES ~

What Is School Squash...

Provided to assist teachers/physical education professionals with introducing squash to Ontario's youth. The School Squash Program is made up of three components - equipment, instructors and resources - all available to access and use right in your school gym. With the help of a Squash Ontario's Instructor your class will be guided through rules and safely engaged in fun drills and games.

We recommend group sizes of 30 students for approximately 40 minute timeslots. It would be favourable to have 3 or 4 classes participate during one visit.

Benefits Of Squash...

Squash offers physical fitness benefits for the mind and body and is a lifestyle sport for all ages. Cardiovascular fitness, reflexes, concentration, anticipation, discipline and finesse are all improved through participation within the sport of squash.

How Do I Get Started...

To apply for equipment or an instructor, complete the application form on the back and return to Squash Ontario. The equipment loaner program is done on a first come, first serve basis; therefore, the sooner you apply the better to ensure a sufficient supply of equipment and availability of instructors. Please allow a minimum of 6 weeks to have equipment delivered.

What Are The Costs...

Equipment – Free (Credit card must be provided as a deposit)

Instructors – Schools using the program for the first time are provided two free instructional hours with a Squash Ontario Instructor. All additional hours are payable (\$25/hour) by the school to Squash Ontario.

Available From Squash Ontario...

Junior Racquets (Grade 3-8) • Senior Racquets (Grade 9-12)
Squash/Nerf Balls • Eyeguards • Instructors • Gym Manual

Testimonial...

By introducing squash in a gym kids gain exposure to squash without having to leave their school. Even without sidewalls, kids get a feel for the strategy and appeal of the sport. In a two hour visit I had squash in front of 120 kids. I've found this to be an effective vehicle to promote junior programming in our city. - Andrew Mount, Club Pro

Equipment Loaner Program - Rules and Regulations...

1. Please complete the application form in full and indicate your first, second and third choices for your two-week unit (first-come, first-serve basis). Incomplete forms will not be accepted. You will receive confirmation within two weeks of Squash Ontario receiving your form. We have equipment to accommodate approximately 3-4 schools for each two-week slot (depending upon the amount of equipment requested). Requests for equipment use longer than the two-week unit must be noted on your form when applying or when Squash Ontario contact's you to confirm your two-week unit.

2. The following charges will be placed (per item) to the credit card on file if:

Missing/Damaged Equipment:

• Racquets - \$20.00 • Balls - \$3.00 • Eyeguards - \$30.00

Late Returns:

• 1-5 Days - \$10.00 • 6-10 Days - \$15.00 • 11-15 Days - \$20.00 • 16-20 Days - \$25.00

Note: Unreturned equipment after 20 days will be treated as missing and appropriate charges (per item) will be placed to the school's credit card.

3. A minimum of three weeks is required to arrange an instructor and to ensure that the appropriate equipment is available. The applicant will receive equipment delivery at no charge (via courier) and must return equipment to Squash Ontario at applicant's expense. We do not accept C.O.D. shipments.

4. Schools using the program for the first time are provided two free instructional hours with a Squash Ontario Instructor. All additional hours are payable (\$25.00/hour) by the school to Squash Ontario. In the case of additional hours, payments must be made by credit card in advance.

5. Schools who choose to access squash facilities are responsible for booking their own court visits/instruction. For assistance identifying clubs that make courts available to schools, please contact Squash Ontario.

Return Completed Forms...

Squash Ontario

308 - 3 Concorde Gate • Toronto, ON • M3C 3N7

Phone: (416) 426-7203 • Fax: (416) 426-7393

www.squashontario.com

GET FIT...PLAY SQUASH!!

EQUIPMENT LOANER PROGRAM APPLICATION FORM

SCHOOL: _____ TEACHER: _____

ADDRESS: STREET _____ CITY _____ POSTAL CODE _____

EMAIL: _____ PHONE: _____

CREDIT CARD: _____ EXPIRY: _____

APPROXIMATE NUMBER OF STUDENTS PARTICIPATING? MALE: _____ FEMALE: _____ GRADE(S): _____

HOW MANY EQUIPMENT SETS? JUNIOR (GRADES 3-8) _____ SENIOR (GRADES 9-12) _____

~ EQUIPMENT SET INCLUDES: RACQUET (JUNIOR OR SENIOR), EYEGUARD, SQUASH BALL AND NERF BALL ~

DO YOU REQUIRE AN INSTRUCTOR? YES _____ NO _____ APPROXIMATE NUMBER OF INSTRUCTIONAL HOURS? _____

Agreement of School or Facility Participating in the Squash Ontario Equipment Loaner Program

The following terms and conditions are applicable to the "facility" participating in the Squash Ontario Equipment Loaner Program. This form must be signed by an authorized person from the facility in order to participate in the program and obtain delivery of squash equipment loaned by Squash Ontario (the "loaner equipment").

Understanding the Risks

The facility acknowledges that there are risks of physical injury inherent in any physical activity or physical education program. The risks associated with squash and the school squash program include but are not limited to:

- muscular injuries resulting from vigorous physical exertion, rapid movements and quick turns and stops on court;
- injuries to the eyes, teeth, face and other parts of the body resulting from being hit by racquets or balls; and
- bruises, scrapes and other injuries resulting from falling to the floor or colliding with the ball or other players.

Accepting Responsibility for the Risks

The facility acknowledges and agrees with Squash Ontario that the facility is responsible for the safety and risk of injury or actual injury to children or other persons participating in the program on the facility's premises (the "participants"). The facility acknowledges and agrees with Squash Ontario that the facility is responsible for all aspects of the conduct of the program on its premises, including but not limited to:

- the conduct, discipline and safety of the participants;
- ensuring that the participants are physically and mentally capable of playing squash without unusual risk of injury to themselves or others;
- ensuring that the participants must at all times wear appropriate footwear, clothing and eyeguards;
- the safety and condition of the premises in which instruction is given;
- ensuring that the equipment used by the participants, including loaner equipment, is in good and safe condition prior to any lesson or game; and
- to put to one side and to report or identify to Squash Ontario any loaner equipment which is or becomes defective or broken.

The facility acknowledges that Squash Ontario may not at all times have sufficient eyeguards to loan to a facility. The facility acknowledges and agrees that it will ensure that participants in the program will, in any event, wear proper eye protection.

Indemnity

The facility agrees to defend, indemnify and to hold harmless Squash Ontario, its officers, directors, employees, agents, instructors or representatives from any and all liabilities, claims or actions, damages or costs, including legal costs, due to or resulting from injury or other harm caused to any participants in the program which occurs on the facility's premises.

Acknowledgment

I _____ PRINT NAME _____, an authorized representative of _____ PRINT FACILITY NAME _____

have read and understood the terms and conditions of this agreement, and consent to the terms and conditions for and on behalf of the facility.

Signature: _____ Title: PRINCIPAL / TEACHER / OTHER _____ Date: MM / DD / YYYY _____

Indicate your top three
two-week unit slots below:

September 12-23 _____

September 26-October 7 _____

October 10-21 _____

October 24-November 4 _____

November 7-18 _____

November 21-December 2 _____

December 5-16 _____

January 9-20 _____

January 23-February 3 _____

February 6-17 _____

February 20-March 2 _____

March 5-16 _____

March 19-30 _____

April 2-13 _____

April 16-27 _____

April 30-May 11 _____

May 14-25 _____

May 28-June 8 _____

June 11-22 _____