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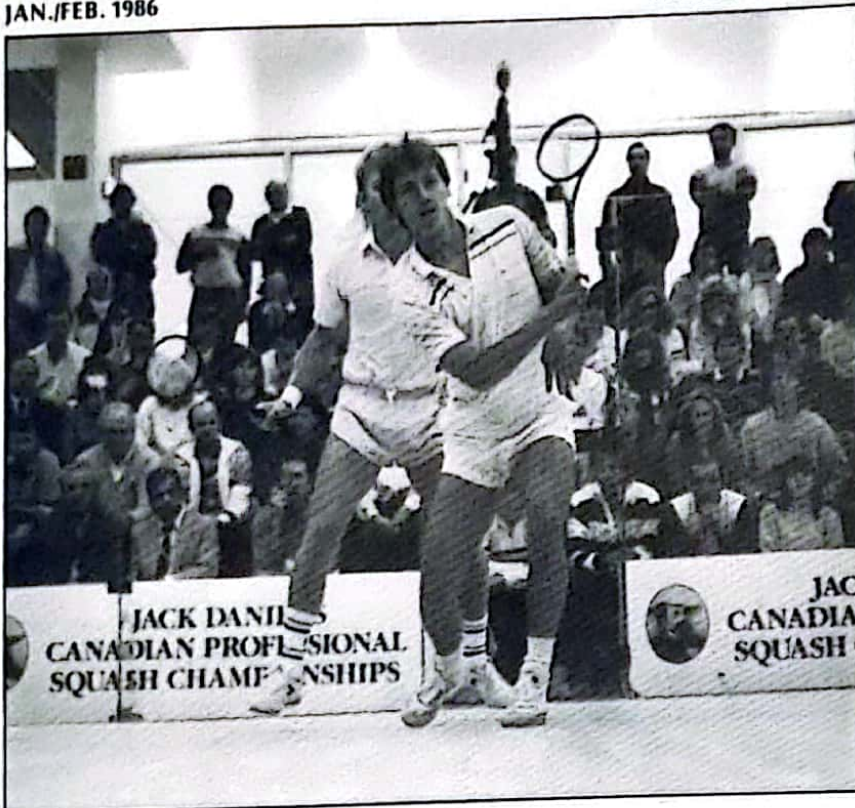
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SQUASH

L I F E

JAN./FEB. 1986

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CAN WE TALK?

Sometimes, having the courage of one's convictions can lead to a solitary existence - one begins to feel much like Don Quixote, tilting at windmills. The issue of eye protection in squash is as controversial and topical today as it was back in 1984 when Squash Ontario first introduced mandatory eye protection in every provincial championship.

Up until June of 1985, Squash Ontario had some support for its position. The Canadian Squash Racquets Association also had a policy of mandatory eye protection in place but it covered only juniors competing in national championships. All too often, that policy was either blatantly flouted or exceptions made, thus weakening the credibility of both the C.S.R.A. and the principle itself. There is perhaps no other issue which has so divided the national squash community than eye protection. Western provinces adamantly oppose any kind of mandatory policy, even for juniors, and provinces east of Ontario seem reluctant to take a firm or forceful stand. Rather than attempt to stand behind its policy, the Canadian Squash Racquets Association subsequently took the easy way out - it simply changed the rules! The new policy, which was passed by an overwhelming majority (with only Ontario and New Brunswick voting against) at the June annual meeting, now states that juniors must wear eyeguards only when competing in national junior championships. In other words, anyone under the age of 19 playing in the national junior soft ball championships must wear eye protection but if he or she enters the Canadian Open the next week, eye protection is not required!

So where does that leave Ontario? Alone and feeling very much like the

proverbial bride left standing at the altar. But the facts which precipitated the ruling in the first place have not changed. Eye injuries are still occurring with alarming regularity in squash and they are not going to disappear just by wishing them away. **FACT - a squash ball travels at blinding speed - sometimes literally.** It is indeed a sobering thought to learn that a person with a criminal record has a better opportunity for employment than does someone with seriously diminished eyesight. **FACT - competitive and highly skilled players are not immune to eye injury.** A

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recent study conducted in New Zealand proved the risk of facial injury was in fact higher in the 'A' players. **FACT - years of playing experience do not reduce the risk of eye injuries.** In a study conducted over a two and a half year period in one urban ophthalmic practice, 23 cases of eye injuries were examined. The time that each patient had been involved in squash varied from one game to 32 years, with a mean of 5.6 years. Five of the patients sustained a permanent decrease in vision.

The facts speak for themselves and so Squash Ontario remains committed to its programme of pro-

moting eye safety on the court. We are however, no longer alone. Joining us is Imperial Optical Sports, a new ally in the cause. Our campaign will continue to be a two-pronged attack, aimed at both the competitive and recreational players. At every Ontario Provincial Squash Championship, Imperial Optical Sports will be making available samples of their new Safe-T Spec and Safe-T Eyeguards for trial purposes. The eyeguards will also be available for those players who might arrive to play unprepared to comply with the ruling. These athletes will help to dispel the myth that eyeguards are somehow a hindrance, and will serve as role models for club players.

Squash Ontario realizes that the vast majority of individuals playing squash do so at the recreational level, and Imperial Optical Sports is in the process of preparing an excellent four colour poster depicting World Champion Jahangir Khan, who wears and endorses eyeguards, specifically the Safe-T Eyeguard. These posters will be made available free of charge to member clubs of Squash Ontario and owners and managers are encouraged to place them in high traffic areas within the club to press home the point.

January is traditionally the time when we take a few moments and reflect on the past - on accomplishments and failures - on promises made and promises kept. This year do yourself a favour and buy a pair of eyeguards when you promise yourself you'll wear them. It's the cheapest insurance policy you can buy! ●

Sherry Weston

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JACK DANIEL'S

Canadian Pro Championships

HICKOX, TURK AND WALLACE EARN TOP HONOURS

BY JAN ATKINSON

Jack Daniels, the sippin' whiskey people from Tennessee, returned to sponsor this year's Canadian Professional Squash Association Championships. A total purse of \$22,000 attracted all the top Canadian professionals and lured a number of international players to Carlson Court, December 11th to 14th. Recently opened in Etobicoke, Carlson Court features a permanent three sided glass court with enough stadium seating to accommodate several hundred squash fans. This is a unique facility in North America, built specifically to host world class events like the Jack Daniels.

The prize money was divided among the men's open, the women's open and the teaching pro division. Defending champions Dale Styner and Gail Pimm were going to find it tough to repeat as winners, with competition from Jamie Hickox and Heather Wallace. Sharif Khan, last year's veterans champion, had no chance to defend his title, as the over 35 event was not included in this year's championships. Sharif found himself entered in the open category and wasn't very optimistic about a good showing against the youthful field.

Men's Open

First seed, Jamie Hickox, Canadian born and living in London, England, was destined to meet some serious opposition from fellow international player Stuart Hailstone. Hickox, currently ranked 27th in the world by the International Squash Players Association, is only four places ahead of Hailstone. The Canadian team of Dale Styner, Gary Waite, Steve Lawton and Jamie Crombie had only just returned from the World Championships in Egypt, and were all seeded in the top eight. Roy Ollier and John Fleury completed the top seeds.

Play began on Wednesday evening and young Jamie Crombie unexpectedly took an early exit at the hands of Norm Platt. Sharif Khan also found himself out of the action quickly, courtesy of Max Weithers. Thursday evening was a demanding one for the players, who were required to play two matches with little time to recover. The format, however, provided many excellent matches for the spectators. Second round play saw Norm Platt's earlier upset negated by a loss to John MacRury, while Max Weithers put together a fine win over John Fleury. The quarter final pairings put the

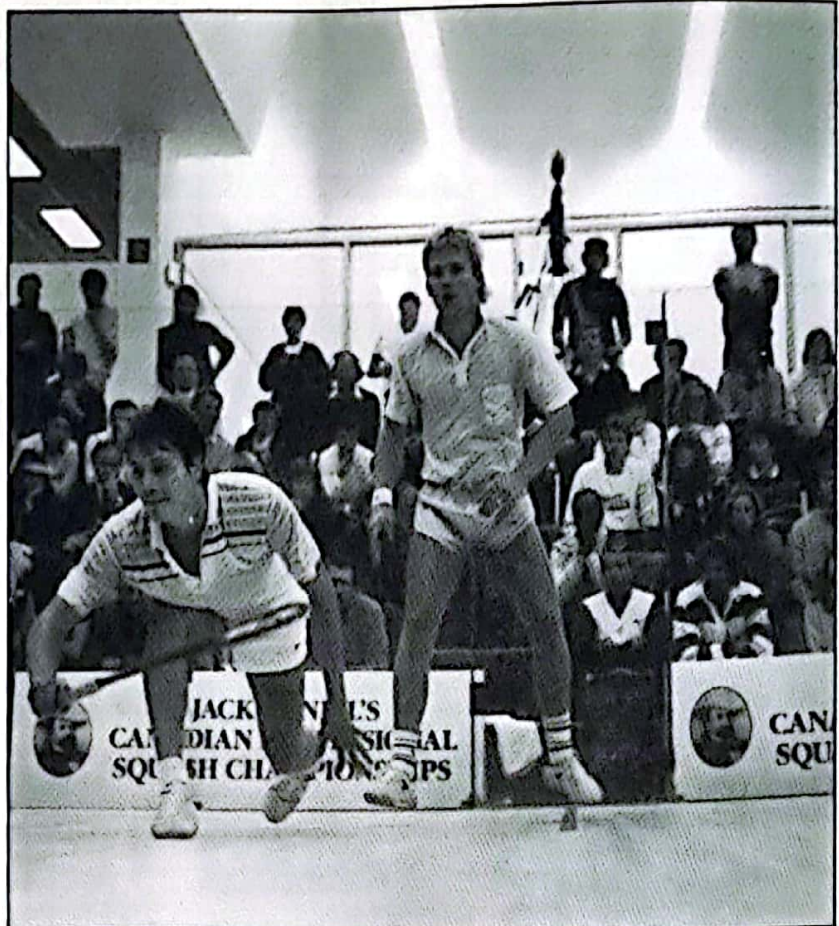
seedings back on track as Jamie Hickox, Stuart Hailstone, Dale Styner and Gary Waite emerged relatively unscathed. The semi-finals were somewhat disappointing for the spectators, as Hickox and Hailstone overwhelmed their opposition who won a total of only twelve points! Gary Waite and Dale Styner were simply outgunned. A better showing was expected from Dale. Unfortunately his health was suspect. Apparently Dale brought back more than fond memories from Egypt.

The Saturday afternoon final produced an hour of long, grueling rallies. Hickox and Hailstone are both extremely fit and capable of everything, everywhere, every day. Only a rolling nick or an error will score a point. Jamie Hickox has a lot of flair and is prepared to take low percentage shots at the most unexpected times. Hickox's success to wrong-foot Hailstone on a number of occasions whose career has been helped by the glass court. Hailstone is obviously having difficulty tracking the ball on the glass. This is due to Jamie's credit, as his very fast style makes him difficult to read at the best of times. Stuart Hailstone worked extremely hard and won the

first game, but as the match progressed it became clear that he was the underdog in this cause. It seemed that whenever Jamie was under a lot of pressure he would put an end to the rally with an unexpected winner. This style of play provides a lot of thrills for the gallery and much frustration for the opposition. Jamie Hickox won the next three games and the championship. A very appreciative gallery loudly applauded both competitors for a beautifully played match which was highly entertaining and refreshingly free of any disputes between the players and referees.

Women's Open

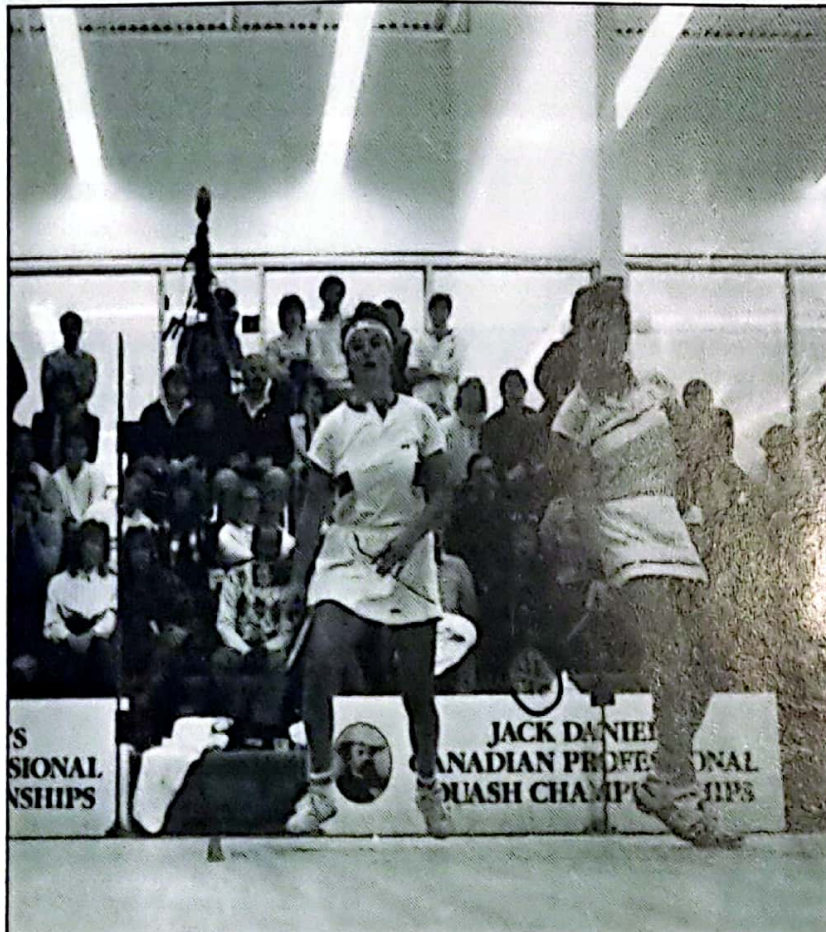
Was it really only a year ago that Gail Pimm won this event? Just 12 months ago Gail made squash fans sit up and take notice when she beat both the second and first seeds to win her first major event. Since then she has consistently defeated all Canadian opposition and has started to make inroads against experienced international players. As improved as Gail is however, there are many challenges ahead. This weekend brought with it an obstacle named Heather Wallace. Heather is Scotland's number one player and is currently ranked #6 in the world.



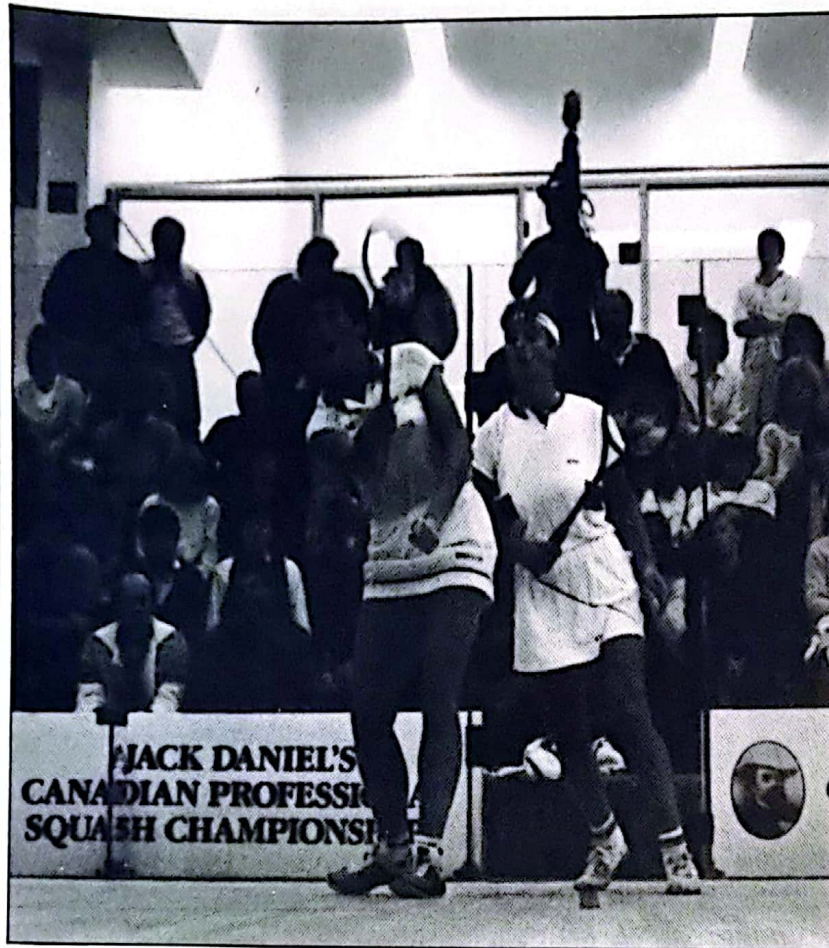
JAMIE HICKOX, FOREGROUND, KEPT STUART HAILSTONE GUESSING THROUGHOUT FINAL.

Needless to say, Heather did not have any difficulty in reaching the

Saturday final. Even gutsy Ann Thompson couldn't push Heather into top gear. Gail might have had more trouble getting to the final, but not this weekend. She was obviously primed and ready for this event. A much anticipated match-up between Gail and Vancouver's Joyce Maycock resulted in an awesome display of fitness, skill and determination. Gail simply crushed Joyce in straight games, losing only three points! In the final between Wallace and Pimm, Heather's experience proved to be too much for Gail. Gail played extremely well and stayed with Heather in all of the rallies. Many times Gail had Heather out of position and scrambling, but Gail could not manage to put the points on the scoreboard. Gail would seem to be in command of a rally, put in the next shot and end up losing the point in a situation that is understandable really, as Gail hasn't been used to her best shots being returned. Heather was obviously taking Gail's ability quite seriously as she was all business in the late and final game. Both players were showing signs of fatigue and Heather wasn't about to chance the match going past three games. Heather Wallace is a worthy champion and hopefully will return to defend her title next year. Somehow



HEATHER WALLACE, RIGHT, TOO EXPERIENCED FOR A STILL-IMPROVING GAIL PIMM.



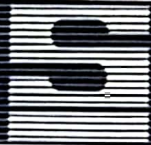
GAIL PIMM GAINS VALUABLE EXPERIENCE IN HER LOSS TO SCOTLAND'S HEATHER WALLACE.

though, you were left with the feeling that Gail was realigning her sights and that next year will be a tougher challenge for Heather.

Teaching Pro

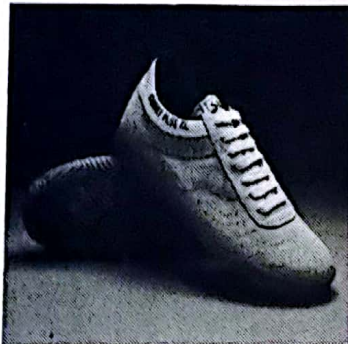
Gene Turk of Winnipeg, squared off against Toronto's Gordon Anderson in the final of the teaching professional event. Gene had earlier defeated Jack Hoogstratten, Mike Bertin and Duncan Stuart, while Gord had sent Carl Hopkins, Geoff Mitchell and Gene Duval back to the showers. The final between Gene and Gord was thoroughly entertaining with Gord winning first prize in the battle of wit, but finished as runner-up in the squash. Gord had several game balls in the third and deciding game but couldn't manage to finish it off, eventually bowing out 10-8.

Thanks go to all players for providing four days of entertaining and exciting squash made possible by the sponsorship of Jack Daniels. Next year promises to be even better, as you will no doubt see even more international stars make the crossing. Canada has tremendous potential for touring players and the support of Jack Daniels makes Toronto an attractive stop on the world circuit. ●



SUGI

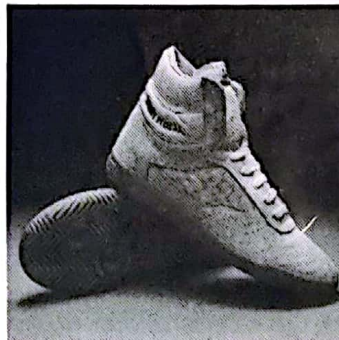
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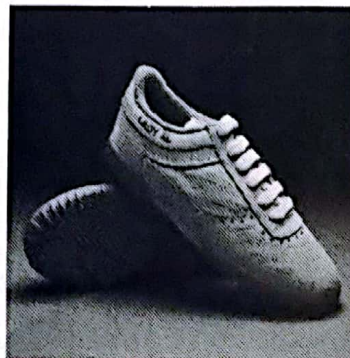
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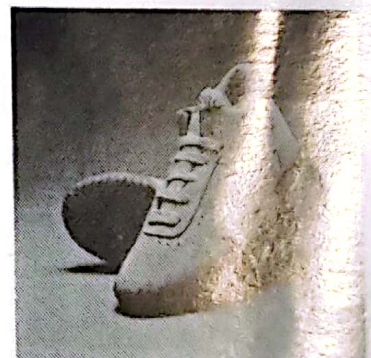
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XEROX TO SPONSOR CANADIAN NATIONAL HARDBALL

FEBRUARY 7-9, 1986

It has been announced that the Canadian National Hardball Championships will be played in Toronto, February 7 to 9, 1986. Originally scheduled to be run in conjunction with the Xerox Canadian Open Hardball, April 3 to 8, the C.S.R.A. felt that the "amateur" and age category events would suffer due to the late timing of the event. Xerox is

extending its sponsorship to cover both events. The February event will be co-hosted by the Badminton & Racquet Club and the Toronto Lawn Tennis Club. Competition is available in men's and women's open, and men's 35+, 40+, 45+, 50+, 55+ and 60+. For further information, contact Tony Swift at (416) 922-1105. ●

EYE INJURIES:

Would you know how to help an injured player?

While a growing number of squash players are making eye protection part of their game, not everyone is following the trend. Only when every racquet sports player takes eye protection seriously, will eye injuries be eliminated. Until then, there is a need to educate club staff in the proper on-site medical management of eye injuries that can be initiated prior to transport to a hospital.

Mount Sinai Hospital is hosting a

lecture on the prevention and treatment of eye injuries. Dr. Robert Pashby, well known for his efforts to reduce eye injuries in racquet sports, is the keynote speaker. The lecture commences at 6:00 p.m. on Wednesday, February 18th, in the 18th floor auditorium at Mount Sinai Hospital. Admission is free. For further information, contact Kevin Honsberger at (416) 586-5035. ●

ONTARIO SELECTS TEAMS FOR PROVINCIAL TEAM CHAMPIONSHIPS

Ontario will be represented at both the men's and women's Provincial Team Championships, January 24 to 26, 1986. The three person teams were selected based on their performance at the Ontario Closed Championships. Competing in Regina, Gail Pimm, Ann Thompson and

Nancy Cranbury will be favoured to successfully defend the title won last year in Vancouver. John Frederick, Grant Foy and Mrio Raponi will be travelling to Nanaimo, where they will compete against other provincial teams including the defending champions from British Columbia. ●

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SQUASH LIFE 9

REFLECTIONS

BY IAN C. STEWART

Now that my four year term as Chairman of the I.S.R.F. has come to an end, it is probably a good time to review the accomplishments of the outgoing administration. As in most cases like this, we managed to accomplish quite a bit. There were other things that we failed to do, and I expect that when viewed from the perspective of a variety of constituent members and interest groups, the measurement of accomplishment on a scale of 1 to 10, will probably range from bottom to top, depending on your viewpoint. I personally believe that we have accomplished quite a bit.

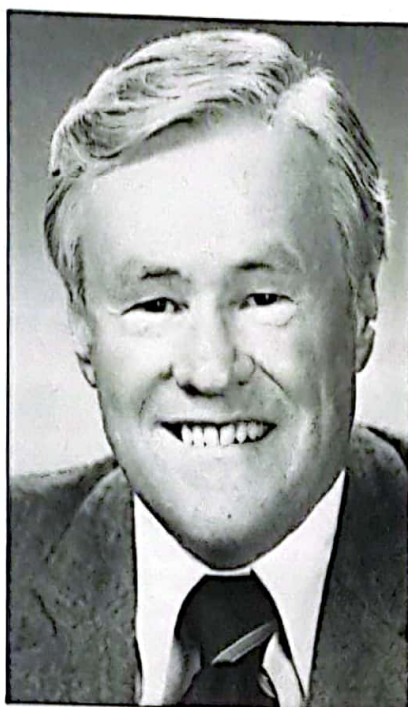
- After what seems like a good number of years of negotiation, we finally managed to successfully merge the W.I.S.R.F. with the I.S.R.F. Unfortunately, the W.I.S.R.F. only meets once every two years, consequently this has delayed the process.

- After many years of trying to adjust to the realities of open squash, the I.S.R.F. has finally reached an agreement with I.S.P.A. - the organization that governs the tournament player. Tenuous though this agreement may be, I firmly believe that it is in the long-term best interests of squash worldwide.

- Thanks particularly to Tony Swift, we have managed to rewrite the Rules of the Game. This was a major accomplishment, and all those involved must be congratulated.

- We have rewritten the I.S.R.F. Constitution to bring the Federation into the modern era of squash of the late '80s and '90s.

- We have rewritten the racket specification and for the first time in



IAN C. STEWART

history, the two games of squash (hardball and soft ball) have at last one identical specification. This may sound easy, but it took a great deal of compromise on both sides.

- The I.S.R.F. hired its first Executive Director. This position was ably performed by Roger Eady, not only has given us an opportunity to accomplish a lot of the things mentioned above, but also gave squash a far higher image in their relationships with other sports, both olympic and non-olympic.

- We have managed to put the I.S.R.F. on a relatively firm financial footing. I will have a little bit more to say about this when I look at the negatives of our administration.

Unfortunately, like everything

else in life, one doesn't always complete what we set out to do. Firstly, I had every hope four years ago that we would be able to double the membership of the I.S.R.F. from 45 to something in excess of 80 members. This has not been done, I expect partially because subscription fees have become quite high for the smaller potential member country. The benefits of having an Executive Director do not become obvious until that position has been filled for several years. It is hoped that the expense will be beginning to justify itself and I think the next administration will see a considerable increase in the numbers. Although we may only represent 50% of the countries in which squash is played, we do represent probably in excess of 90% of the number of available courts.

Secondly, I had hoped to have a reserve of cash on hand for the Federation's treasury to cover approximately one year's operating costs. This we have not managed to do and at the present time have slightly less than six months' operating costs in reserve. I feel badly about this, but when one considers we had no money in the bank four years ago, by comparison we didn't fare too badly.

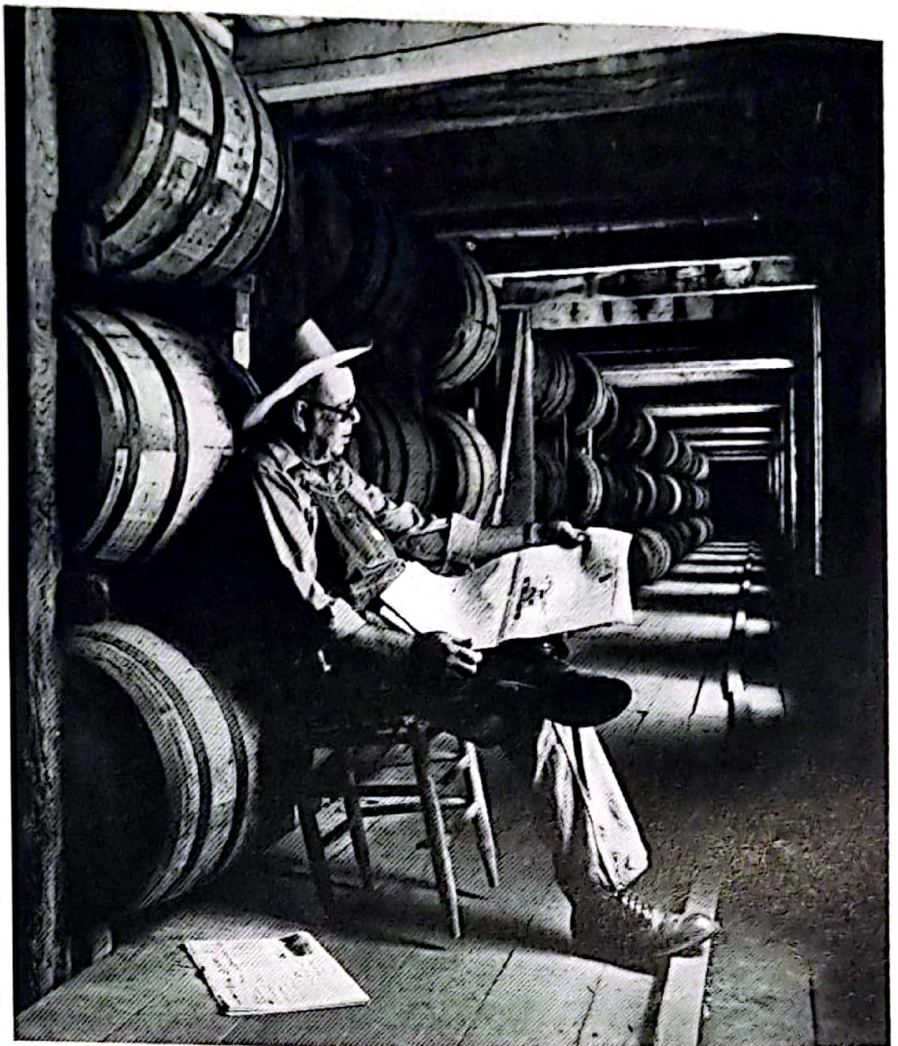
Finally, I had hoped to see considerably more progress in bringing the International Soft Ball game to the United States. In October, 1985 we did have the first U.S. Open Soft Ball Championship played in San Francisco. That could be considered a very small foothold and not what I would consider a major accomplishment, yet as I have said on many occasions - there is a greater potential for the growth of squash in

JAN/FEB

U.S. than in any other part of the world. Future administrations must keep this in mind if they expect to see continued growth and developments.

I realize that over the last four years my views on a compromise game, bringing the rules of the two games together, etc., etc., have changed, and I have, through these articles in Squash Life, tried to explain how my thinking on this subject has evolved. There is no question in my mind that the present hardball game and the present soft ball game are great, and there is no reason why both games cannot be played by any individual according to his own wishes and desires. However, this does not mean that both games are perfect. I think that they can both be improved, and if improvements bring them both together, all well and good. If improvements to both games were to take them further apart, then so be it. I happen to personally believe that both games can be improved to the benefit of all. I don't believe that real changes and improvements should be done overnight, they should be done slowly with considerable experimentation and in most cases, experimentation means - "in actual competitive play". Over a period of years some of the experiments will be considered a failure, but on the other hand, I am sure some will be considered successful and out of all this, hopefully will evolve better games whether they be hardball or soft ball. This would be my one wish for the future.

Finally, I would like to take this opportunity to particularly thank the Canadian members of my committee. Bill Richards, Frank Baillie and Tony Swift have served me for the entire four years, and no one could have asked for better support from three more dedicated individuals than I have had from the three of them. Doing a job like this is only fun if you are dealing with good people, and I have thoroughly enjoyed my tenure. I should also thank all other squash playing Canadians who have helped the I.S.R.F. and myself during this period of time. I would particularly like to thank Squash Ontario for allowing me to write this column. It has very kindly printed whatever I have written, whether in agreement with it or not, and no writer could ask for anything more. Thank you again very much for all your support. ●



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Rideau Tennis & Squash Club

Northwestern Ontario
January 23 to 26, 1986
Canada Games Complex and Confederation College

Central Ontario
February 28 to March 2, 1986
Belleville Fitness & Squash Club

Northern Ontario
February 28 to March 2, 1986
Sault Family Y.M.C.A.

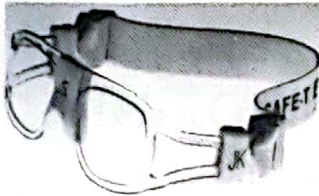
Southwestern Ontario
February 28 to March 2, 1986
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Toronto & District East
February 28 to March 2, 1986
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CANADIAN TEAM REACHES NEW HEIGHTS AT WORLD CHAMPIONSHIPS

BY ALAN SMITH

The Men's World Open and Team Championship were recently completed in Cairo, Egypt. To absolutely no one's surprise, Jahangir Khan defended his World Open title and led the Pakistani team to yet another Team Championship. Jahangir met a very determined Ross Norman of New Zealand in the final. Jahangir was unusually shaky in the first two games of the match, making a number of "unforced" errors and finding the match tied after two games and almost an hour of squash. Ross Norman put up a tremendous fight, but Jahangir needed only 30 minutes to take the third and fourth games.

The Canadian Team of Dale Styner, Gary Waite, Steve Lawton and Jamie Crombie, didn't fare at all well in the Open event. Gary Waite came the closest to qualifying but lost in the third round in five games to Egyptian player, N. Zahran.

The open and team events were both played at a newly built \$3 million squash complex. The facility, built specifically for the World Championships, was spectacular. The 3 glass walled stadium court has individual seating for over 600. The complex was not without its problems, however, as the court floors had been varnished! Only after numerous complaints were the floors sanded (by hand) thereby removing the danger of slippery floors. The team event, as could be expected, could not get under way without protest. Team personnel had changed on some national sides, accompanied by the inevitable bickering about the seeding. Accordingly, adjustments were made and the Team Championships began.

Twenty nations were entered, requiring four pools of five teams who would compete in round robin play. Canada, seeded eighth, needed to finish in the top two in



TEAM CANADA SCORES HIGHEST EVER PLACING IN WORLD CHAMPIONSHIPS: (left to right) JAMIE CROMBIE, STEVE LAWTON, DALE STYNER, GARY WAITE AND COACH, TONY SWIFT.

order to advance to the intermediate pools where the team could have a chance to improve on its standing.

Canada soundly defeated Greece and Malaysia, but were brought down to earth by Australia. First match on was Gary Waite, who was beaten by Glen Brumby. Dale Styner enjoyed a "good loss" to Greg Pollard in the fifth game, and

Jamie Crombie put up a good fight against Dean Williams. This meant that Finland had to be defeated in order that Canada could advance to the top eight. Gary Waite was first on and came through with a four game victory. Dale Styner was unable to make it two in a row when he made a rather quick exit against the number one Finnish player. All the pressure

SQUASH

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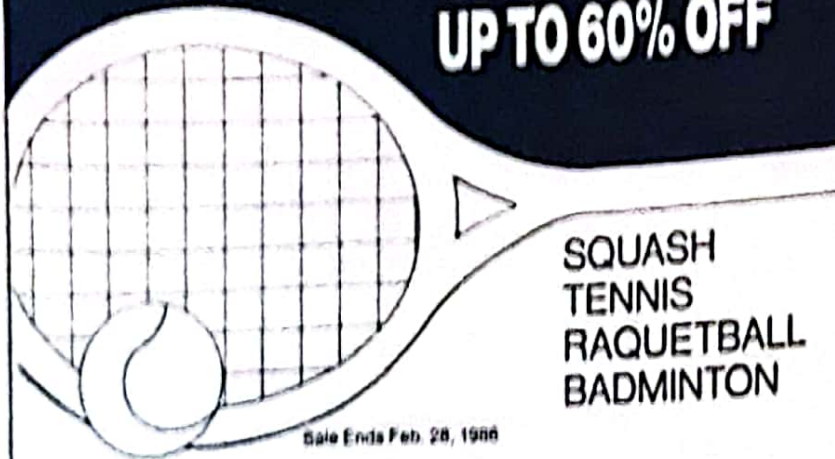
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was on Steve Lawton in the rubber match and Steve rose to the occasion, needing only 25 minutes to qualify Canada for the last eight.

We then went down to defeat, as expected, to New Zealand and England. Canada was now in the pool to determine places five through eight. Our first match up was against West Germany, who had scored a stunning victory over Sweden in the preliminary pools. The team came through with a 3-0 victory and Canada had unexpected hopes of a 5th place finish. Unfortunately for Canada, Egypt was upset by Singapore, meaning we had to defeat Egypt in the semis to advance to the fifth place playoff. Egypt, however, was not going to be upset again. Canada was handed a 3-0 defeat and was faced with a rematch against West Germany for 7th place. The team repeated its earlier result of three straight wins and finished in seventh position, Canada's best ever placing.

Meanwhile, the big boys were doing battle with Pakistan defeating Australia and New Zealand over England in the semi-final pairings. Both countries won 2-1. The final between Pakistan went as expected with Jahangir winning at #1, Stuart Davenport winning at #2, and Sohail Zaiser defeating New Zealand's Paul Viggers in three games. Final team placings were as follows:

1. Pakistan
2. New Zealand
3. Australia
4. England
5. Egypt
6. Singapore
7. Canada
8. West Germany
9. Sweden
10. Finland
11. Netherlands
12. Scotland
13. Ireland
14. France
15. U.S.A.
16. Greece
17. Malaysia
18. Spain
19. Monaco
20. Kuwait

Congratulations to the team for a job well done. Put your feet up for a while, you've earned it. Don't get too comfortable, though.

The next World Championships will be in England in 1987. Canada has now set her sights on fifth place. Certainly optimistic, but not impossible. ●

WOULD YOU TRAVEL 600 Km TO PLAY SQUASH?

BY DON HOPKINS

Well, that's exactly what 10 squash enthusiasts from Sault Ste. Marie did on November 8th, when they made the trip to the 5th annual Iroquois Falls Open. Joining them on the snow covered roads were four players from the Sudbury and North Bay clubs making their 400 kilometer trip to compete in the tournament. Another nine players from the relatively close clubs of Kirkland Lake and Timmins only had to take a short hop of 100-140 kilometers to participate.

Add another 24 keen players from Iroquois Falls and the results are certain - a terrific tournament for the 47 participants. That was exactly

the outcome as the players forgot the weather and distance from home and concentrated on playing some competitive squash.

A shortage of Northern Region Men's A players meant that the B players would play in a combined A/B event, with losers up to the semi-finals feeding into the B draw. Although not perfect, this gave finalists a few more matches and meant more players would be competing for the \$150 prize money that was up for grabs in the A event. In addition to the combined Men's A/B, the other events were: Men's C, Men's D, Women's B and Women's D.

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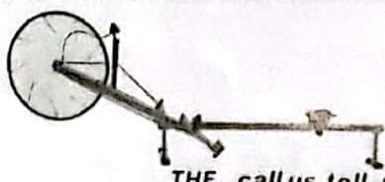


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THE SOO NOMADS: (left to right) CARLO ZARENTINI, PAUL MAGUIRE, STEPHEN CLARK, KEN OJEER, TOM MAURO, DEAN PAULI, KIM ARMSTRONG, WAYNE Fiset AND RENZO TROZZO.

As players showed up for their Friday night game, it soon became evident that something new was happening, as eight junior players presented themselves at the registration desk. Neither the club nor tournament at Iroquois Falls has

had many junior competitors, and the influx of these younger squash enthusiasts caused a few of the older players to take a second glance. Two of the juniors, Ray Heacock from the Soo and Mike Zidar from Kirkland Lake, have been playing strongly the

last year and were expected to do well in the Men's B category. The other juniors were competing in the Men's D and by the end of the weekend, had all demonstrated that good squash can come in smaller and younger bodies.

The Women's B turned out to be a three-way competition between Helene Harvey of Kirkland Lake, Simone Charette and Vicky Scott of the Falls. Vicky emerged the champion for the third time at this tournament. In the Women's C, Marianne Smith of the Kirkland club defeated Mary McBride of the Falls. The Men's D winner, Doug Morrison of the Iroquois Falls club, met one of the Soo's juniors, Paul Maguire in the final. The Men's C was won by one of Iroquois Falls' fast improving players, Dan DeJulio, against Doug Ronholm of the same club. On the B side of the draw, Ray Heacock of the Soo battled Kevin Conway of Kirkland club in a close and exciting final match. At one point, it looked as if Ray was going to take the honors, but Kevin fought back to defeat the promising junior player in the 5th game. Ken Ojeer of the Soo club and Don Hopkins of the Falls, met in the Men's A final to determine who would pocket the prize money. Both

are good friends, meeting often at the various tournaments in the north. Prior encounters on the courts had resulted in wins on both sides, so neither could count on an easy victory. By the end of the second game, Ken was down 2-0. However in the 3rd game, Ken stopped his stream of unforced errors and succeeded in bringing up the level of his game. With Don's game staying unchanged, Ken managed to turn the tide and win the match in 5 games.

After the final match, trophies and prizes were handed out. This tournament was generously supported by: Molson's, Abitibi, National Video, Charlebois Pro Hardware, Keizer's Pharmacy and the Glendale Motor Hotel.

So, what makes players travel so far to play in the Iroquois Falls Open? Maybe it's the hospitality of the people that can be found in the north, especially in the winter approaches. Maybe it's the Saturday evening banquet that always turns into a great party. Or maybe it's a tournament for enthusiasts, those players who play the love of the game, not only to win but to meet and mix with others who are just as enthusiastic as they are. ●

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AJAX WOMAN CAPTURES ONTARIO "D" TITLE

BY SANDY MOORE

The weekend of November 29th saw 32 ladies come from different parts of the province to compete in the Women's "D" Championship at the beautiful Pickering Recreation Complex. The weekend was busier than most, with two matches played Friday evening and as many as four matches on Saturday.

In the main event, the four seeds played their way through some pretty tough customers, only to meet more tough competition in the semis. In the semis it was two Ajax ladies (Sharon Melville and Barb McBurney) to play off and two Pickering ladies (Virus Parmar and Donna Jean) to play off. Both matches did not disappoint the near full gallery of spectators, having Sharon and Donna advancing to the final. In the final, Sharon Melville won a hard, long first game 9/6 only to have Donna Jean come back to win the next two equally hard and long games. Being down 2-1 didn't slow down Sharon Melville in the least, as she came back and won the next two games to win the match. An appropriate finish for an Ontario Championship final.

The consolation round took its toll on the finalists. After playing three matches on Saturday, Ramola Vanderhyden outlasted Sylvia Head in the consolation final. The plate was won by Marian VanGansewinkel over Elaine Campbell.

Special thanks to the sponsors, Ray Barrett from Family Trust in Pickering, and Manta Sport for t-shirts and prizes. As well, a special thanks to the ladies of Pickering, who put on a spread of food throughout the weekend which was fit for a queen. ●

JAN./FEB. 1986

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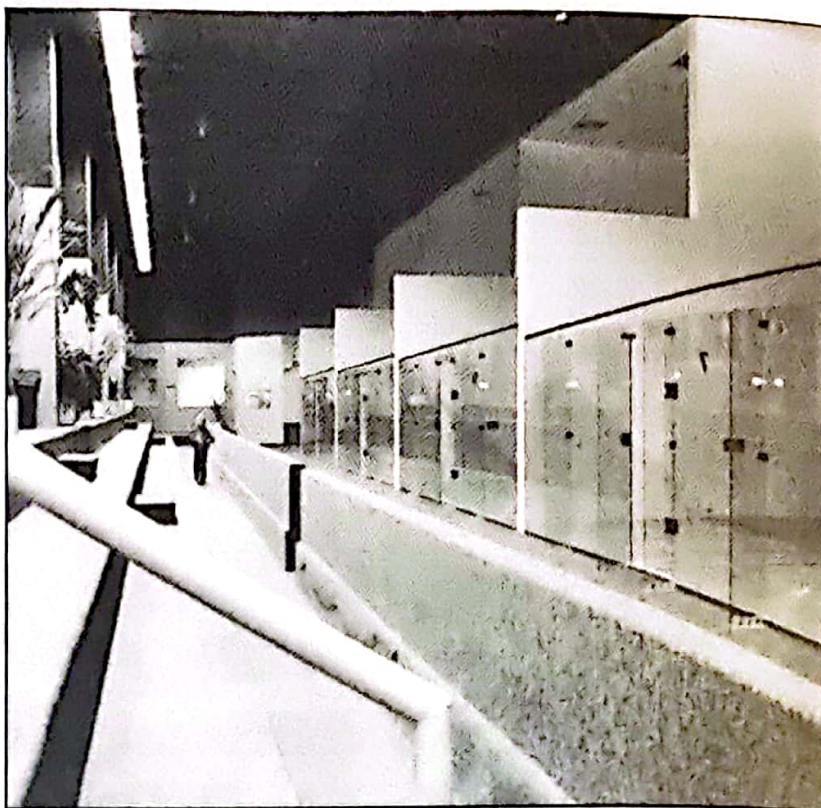
"SPORTS AND FITNESS FOR YOUR LIFESTYLE"

The city of London, Ontario has acquired an exciting new recreational facility in the Westminster Sportsplex. The complex itself is an innovative example of renovation in purpose. Owner and developer Mario Liberatore, has successfully converted a four-pad hockey rink building into a multi-purpose sports centre.

Westminster Sportsplex caters to all fitness minded individuals - singles and families alike. The complex offers a wide variety of activities including swimming, aerobics, racquetball and weight training. Plans for additional activities include a roller skating surface, bowling lanes and recreation halls with entertainment facilities. Located on the perimeter of the city, the complex is easily accessible and offers parking for up to 500 vehicles.

Squash enthusiasts have no difficulty satisfying their competitive instincts with access to eight international squash courts. The club has a healthy blend of recreational and competitive players, and the experienced staff is available to serve everyone's needs. Qualified instruction from resident professional Fio Marin is available to all players, from beginner to expert. Westminster Sportsplex has teams in the Southwestern Ontario league and for a new club is showing a lot of promise. Players are gaining more experience competing in the weekly round robins, attending clinics and participating in the club ladder. In addition, junior clinics and round robins are available for the members' children.

No club catering to today's recreation market could be successful without a nursery service. Westminster Sportsplex makes this service available for six days and two



LONDON ACQUIRED EIGHT NEW SQUASH COURTS WHEN A HOCKEY CENTRE WAS TRANSFORMED INTO THE WESTMINSTER SPORTSPLEX.

evenings every week. To complete the facilities and services available to its members, the complex offers a fully licensed lounge. Members and their guests can quench their hard earned thirsts and be entertained by one of many channels available through the club's satellite dish.

Westminster Sportsplex has pioneered a new program in the city of London, called "Family Fit". Every Sunday afternoon, members can invite friends to their club. For a small fee the family has access to any and all of the club's facilities. The Sportsplex makes staff available for each fitness area and both racquet sports to supply adequate service. This is an excellent way for a family to spend a day getting some exercise

in the gym, on the indoor running track, in the pool or on the court. The best part of "Family Fit" is that all of these activities are under the same roof. Westminster Sportsplex is located at 55 White Oak Road in London. For more information, call (519) 685-8990. ●

This space is reserved for member clubs of Squash Ontario. We invite clubs to participate by sending a short write-up and photographs to Squash Life. Reprints are available at minimal cost. For more information, please contact Squash Ontario, (416) 495-4140.

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