



## SQUASH ONTARIO CLOTHING POLICY FOR COMPETITIONS

Competitors in provincial championships shall wear appropriate squash attire of any colour, provided it is not so conspicuous or brightly reflective as to distract the opponent. Players shall dress and present themselves for play in a professional manner. Clean and customarily acceptable squash attire shall be worn. Clothing displaying anything that is offensive to others, or could be considered as offensive to some, is prohibited.

Appropriate squash attire for men consists of a sleeveless shirt, short-sleeved shirt with attached collar or non-cotton t-shirt, shorts, socks and playing shoes. Compression shorts above the knee are allowed to be worn under playing shorts. Compression socks up to below the knee are also permitted.

Appropriate squash attire for women shall consist of a polo shirt with attached collar or non-cotton t-shirt, or a sleeveless non-cotton vest top, worn with a skirt, shorts or dress, socks and playing shoes. Compression shorts above the knee are allowed to be worn under playing skirts, shorts or dresses. Compression socks up to below the knee are also permitted.

The wearing of hats, other than religious headwear, is NOT permitted. Headbands, wristbands and bandanas, which are designed to control perspiration, are permitted, provided they are not so conspicuous or brightly reflective as to distract or unsight an opponent and shall not be potentially dangerous. Headbands, bandanas and straps for approved protective eyewear may worn.

Other garments, such as part or all of a tracksuit, may be worn during play for cultural/religious reasons. Tracksuits may be worn during the warm-up.

If a host club maintains an "all-white" or any other restrictive clothing requirement, they must include this information as part of their application to host; competitors must adhere to the host club's clothing requirements.

Teams are encouraged to wear matching attire in order to facilitate easy identification for the referee and spectators.

In all matters of judgement or opinion arising from the interpretation of this clothing regulation the decision of the Championship Referee shall be final, except that he/she may not rule illegal or unacceptable an item of clothing or a design which has been approved by Squash Ontario. A referee must ensure that any player is conforming to these Regulations at all times during a match.