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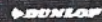


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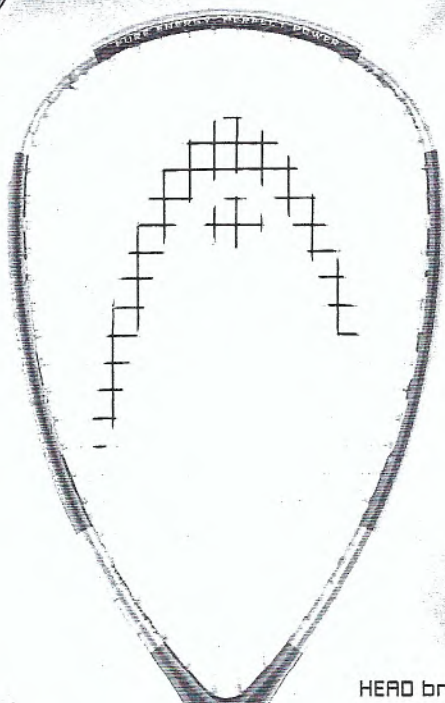
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VOLUME 29
NUMBER 1

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Cover and feature photos by Hugh McClean

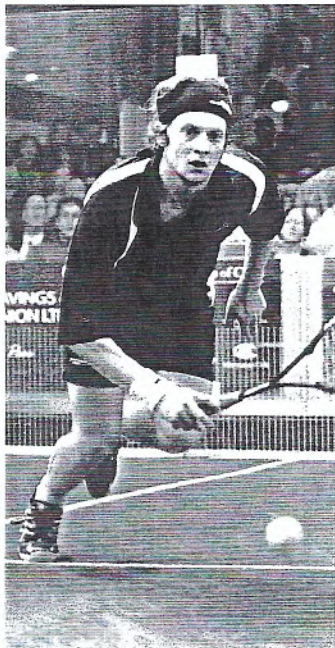
Canada embraces 2004 Pace Canadian Squash Classic

...and looks forward to new scoring system!

Celebrating its fifth anniversary, the Pace Credit Union Canadian Classic welcomes the world's best squash players once again to Toronto's fabulous BCE Place November 15-19, 2004. The world class squash championship is expected to feature all the top names in men's professional squash including World #1 Peter Nicol (England) and perennial Canadian squash superstar #6 Jonathon Power. The remainder of the world's top twelve are expected to compete. The Pace Classic is the only major squash championship in Canada in 2004.

Recent changes in the scoring for men's professional squash auger well for increased competition at this year's Classic. A groundbreaking change by the Tour's sanctioning body reduces the point threshold for game-winning from 15 points to 11 (PAR). The result is more crisis in the course of each game and a reduction in overall match length. The system was utilized in both the Hong Kong Open (August) and the US Open (September) to resounding applause.

According to promoter John Nimick, who produces the Classic along with the U.S Open, British Open and Tournament of Champions, three of the PSA World Tour's other major events, the scoring change is a success, "The feedback has been tremendous. The PSA took a chance with the change as it opened itself to criticism on many sides, but



the proof is in the pudding. We just experienced the best competition ever at the US Open and it was due in large part to the intensity brought to every stage of the matches by the players. I am telling you, if the score gets close to 5-5 everyone is paying attention!"

Power is a three-time champion of the Canadian Classic while #2 Nicol and contenders #1 Lee Beachill (England), #3 David Palmer (Australia) and #4 Thierry Lincou (France) are expected to threaten in the final rounds. Canadian Graham Ryding, ranked #16, receives a wildcard

photos by Hugh McClean



Can Power become 4 time Champion?

slot in the main draw of 16.

While the top ranked players are favorites to appear in the latter stages of the 2004 Canadian Classic, several new competitors are of note. Foremost is #12 James Willstrop, 2002 World Junior Champion. The now twenty-one year-old British juggernaut stand 6' 4" and plays with a fluid style unexpected for such a major presence on the court. Not since the legendary Jonah Barrington stood atop the world squash podium in 1973 has a native Englishman dominated the squash world. Willstrop, a clear ambassador for the sport, has a challenging mantle to lift.

If Willstrop is the future of English squash, current World Champion and #5 Amr Shabana of Egypt clearly has a lot of expectations on his shoulders from another part of the world. Born of a stellar Egyptian tradition that originated with Amr Bey who won six British Open titles from 1933 through 1938 and M.A. Karim who followed on with four titles from 1947 to 1950, Shabana is looking to be the first Egyptian since Gamal Awad in 1983 to rise near the top of the world rankings. His sharp-shooting style conquered the world in 2003 and brought him to a career high world ranking of #4, but the 25-year-old has still to prove his worth day to day on the grueling PSA World circuit.

Crowd favorites #5 John White (Scotland) and #10 Joe Kneipp (Australia) are presumed keen to feature in late round action.

Canada's premier squash championship is held on a transparent glass court in the middle of the Allen Lambert Galleria in BCE Place and features more than 450+ in surrounding seating. The PSA-sanctioned world ranking event offers \$50,000 USD in prize money and its final rounds are scheduled to air on TSN, Canada's premier sports television network. The Fitness Institute and Cambridge Club present

continued on page 17...



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BATTLE OF THE BORDER

Ontario takes on America!

by Mark Sachvie



Victorious Team U.S.A. with coach Bryan Patterson on the left. Below right, Team Ontario.

On the weekend of September 10 to 12, Squash Ontario's top ranked junior boys and girls under 13 and under 15 played a test match against the top U.S. players in their same age groups. Each age group had 4 representatives of each sex.

Players on both teams qualified by participation in events throughout the year and rankings in their associations.

This event would not have taken place if it were not for the efforts of Bryan Patterson from the U.S., a legend in the squash world with a passion for junior development. We thank him sincerely.

The Friday night and Saturday squash formats were designed to ensure that players got to play lots of matches against players in their respective age groups. The players' banquet on Saturday night brought all the players together to further increase the level of anticipation for the Sunday test.

On Sunday, the line up was by age group and by order of team strength. There were 16 matches played. The level of squash was unbelievable for

the time of year. The feeling in the air at the club was unbelievable. The lead up to the actual test was designed to give the players the feel of an international event. Players were called out to the court and lined up along the side walls adjacent to their opponent. Each match was introduced where upon players shook their opponents hands and wished them luck. It had an awesome feel to it.

Team U.S. prevailed in the test match winning 9 of the 16 matches. Congratulations to coaches Bryan Patterson, Karen Chung and their fine group of players. Each player on Team Ontario should be congratulated for their efforts. The event itself will be played annually and solidifies Squash Ontario's commitment to develop and provide an exciting competitive environment for our top juniors in the under 13 and 15 age

groups. A great preparation for the future of these fine players.

Squash Ontario would like to thank White Oaks for hosting the event, and would like to send a sincere thanks to the coaches Mike Way, Rob Brooks, Keith Griffiths and Doug Hamilton.

Ontario was represented by Tyler Hamilton, Brian Hong, Amar Gupta, Simon Tersigni, Nick Sachvie, Arjun Gupta, James VanStavern, Owen Butler, Lauren Sachvie, Laura Gemmell, Kathleen Horman, Jennifer Gemmell, Jennifer Pelletier, Keely Levitt, Rebecca Lau and Michelle Gemmell.



2004 - 2005 TOURNAMENT SCHEDULE AT
squashontario.com

2004-2005 TEAM ONTARIO

The team was announced by the Squash Ontario Junior Advisory Committee, based on the following selection criteria:

- Must have participated in 3 of 4 Golds in 2003/04 and the 5 designated events, unless a letter with an excusable reason was received and approved by the Junior Advisory Committee
- Must have played in the 2003 Ontario Junior Closed and the 2004 Ontario Junior Open
- Must be eligible to participate in the 2007 Canada Winters Games according to age eligibility (1 March 2007)
- Must be an individual member of Squash Ontario and in good standing

Based on the above criteria, the following athletes have been selected to **Team Ontario 2004-2005**: Chris Sachvie, Colin West, Tyler Hamilton, Brian Hong, Amar Gupta, Fred Reid, Rebecca Hazell, Carly Hong, Jennifer

Gemmell, Lauren Sachvie, Anne Ritter and Laura Gemmell.

Squash Ontario has continued to do extensive fund raising through the Lee Hanebury Junior Squash Fund and as a result, the Junior Advisory Commit-

tee is pleased to announce the creation of a **Squash Ontario Junior Development Team for 2004 - 2005**.

The athletes selected (again based on the criteria stated above) are Simon Tersigni, Chris Piasecki, Kimesh Chetty, Nick Sachvie, Arjun Gupta, James Van Staveren, Owen Butler, Sunyana Gupta, Kathleen Horman, Samantha Cornett, Keeley Levitt, and Jennifer Pelletier.

In order to be eligible for selection to the 2005-2006 Team Ontario, certain criteria must be met. These are:

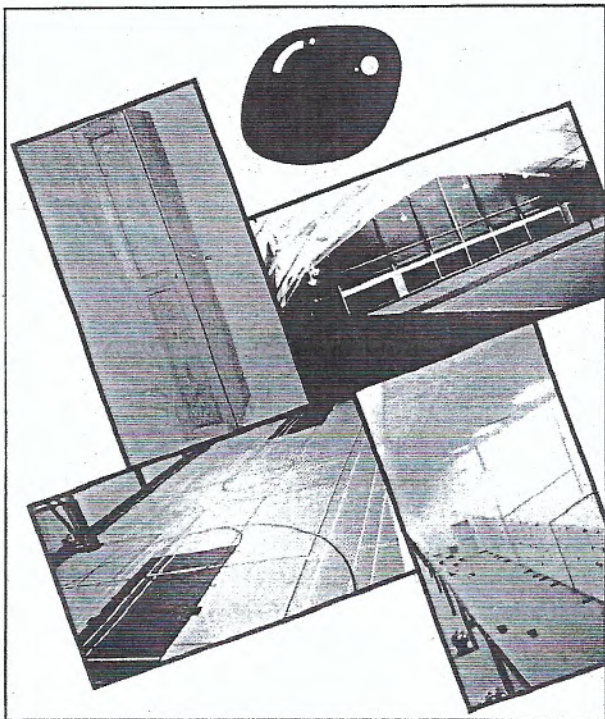
1. Must have participated in 3 of 4 Gold events in 2004 - 2005 and the 2004 BMO Nesbitt Burns Ontario Junior Closed and the 2005 Jesters/Harder Ontario Junior Open
2. During the 2004-2005 season, athletes must participate in the Canadian Junior Open and the Canadian Junior Closed with the U.S. Junior Open being optional
3. Rankings as at 30 April 2005
4. Be an individual member in good standing with Squash Ontario
5. Meet the age eligibility for the 2007 Canada Winter Games (1 March 2007)

In order to be eligible for selection to the 2005-2006 Junior Development Team, certain criteria must be met. These are:

1. Must have participated in 3 of 4 Gold events in 2004 - 2005 and the 2004 BMO Nesbitt Burns Ontario Junior Closed and the 2005 Jesters/Harder Ontario Junior Open
2. Meet the age eligibility for the 2007 Canada Winter Games (1 March 2007)

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JUNIOR PARTNERS IN 2005!

Squash Ontario welcomes back two of its most ardent junior supporters - **John Sekhar, BMO Nesbitt Burns** (who is sponsoring the 2004 Ontario Junior Closed Championships at Fabulous Fitness) and **Robert Harder** (who is sponsoring the 2005 Ontario Junior Open Championships at White Oaks).

We also welcome back **Dunlop** and **Wilson**, both of which supply t-shirt for two of our most successful programs - the Bronze events and the Silver events.

And, we're very, very pleased to welcome **The Jesters** as our newest partner. They will be sponsoring both the Ontario University and College Squash Championships (Glendon Squash Club) and the 2005 Ontario Junior Open at White Oaks.

We thank them all.

DUNLOP BRONZE PROGRAM

Again this year, Squash Ontario is encouraging clubs to hold a Dunlop Bronze program. This is a one day event aimed at new and first year boys and girls, ages 6 to 18. The format for the day is wide open. It is NOT a tournament. The bronze program has been developed to introduce young boys and girls to the game in a gentle, fun environment.

Any club can hold a Dunlop Bronze

event. Simply download the information from squashontario.com. Upon receipt of your request, Squash Ontario will prepare a flyer which will be circulated through the hosting club's region. And, once the registration date has been reached, Squash Ontario, through the very generous support of Stephen Hall and Dunlop, will provide t-shirts for all your participants. ©

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CANADIAN SQUASH CHAMPIONSHIPS
 TORONTO, ONTARIO

After a successful three-year hiatus in western Canada, Squash Canada's hallmark event, the **Canadian Squash Championships**, are returning to Toronto in 2005. Squash Canada President Peter Ward made the official announcement at the Association's Annual General Meeting in Kelowna and is looking forward to building on the great work of previous local organizing committees.

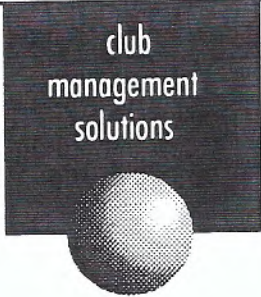
"All aspects of this event have grown enormously over the past three years and it has become the highlight of our squash season". "From player registrations, to spectator ticket sales and corporate involvement, previous committees have raised the bar, with expectations now at an all time high". As part of the return to Toronto, Squash Canada has reorganized the tournament's organization by establishing a committee from within its internal network. Utilizing its marketing agency, TrojanOne as the project lead, the event will not be staged at one particular club as has been done in the past, but rather will utilize a combination of host venues. Located within two city blocks, the Fitness Institute and the Wellington Club will be the primary clubs for the 450 expected participants, with the host hotel, The Strathcona, located directly between the two venues.

According to Mark Harrison, President of TrojanOne, "we are excited about the opportunity to further extend our great relationship with

Squash Canada". Having worked with Squash Canada since 2001, he felt that the time was right to take the relationship to the next level and what better opportunity exists than to manage a high profile event in the heart of Toronto. Stated Harrison, "players, fans and sponsors will be exposed to a unique experience that will complement the renaissance of the sport cur-

rently underway in this country.

The event will be held from May 4-7, 2005 and all event-related details will be made available at www.squash.ca/events over the coming months. For more information, or to become involved, please contact Seamus O'Keefe at (416) 920-5833 or by email at: seamus.okeefe@trojanone.com ©



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Squash...It's Our Racquet!

Annual golf tournament a CLASSIC!

The third annual Squash Ontario charity golf classic was a terrific success with 98 golfers turning out to raise funds for junior squash in Ontario. The event, first started in 2002 with 52 golfers has grown in just 3 short years. Although the day was slightly overcast with a bit of the fall chill in the air, nothing could cast a cloud over the spirits of the golfers.

As part of the day and again, in an effort to raise funds for junior squash, a silent and live auction were held which helped add approximately

\$3,000.00 to the coffers. A closest to the pin hole netted another \$500.00 and we thank Cindy Sachvie very much for keeping a watchful eye over the hole. Another thank you goes to Susan Bell who was an enormous help in setting up the prizes and the items for the two auctions.

The monies we raise go to the Lee Hanebury Junior Squash Fund, a fund established over a decade ago to honour the memory of Lee. She was a wonderful supporter of junior squash and her enthusiasm and commitment is kept alive by her husband, Peter



and her two sons, Brad and Chris, all of whom attended the golf tournament.

We are grateful to those individuals and companies who sponsored a hole for the charity event: **Ridley Windows and Doors, CIBC Wood Gundy, PACE Credit Union, Bold Internet Graphics, the Cornett family and the Braff family.**

\$7000.00 raised for junior squash.

Thank you!

Many thanks not just to the participants but to the many people and companies who donated to the live and silent auctions: **Black Knight, Dunlop, Veritas Communications, Bill Iannaci, Rob Brooks, Stephanie Hewitt, Gary Waite, Sibylle Witt, Appliance Canada, Lolly Gillen, Second Skin, White Oaks Resort, Horseshoe Valley Resort, Gary Lester, Glenway Country Club, Gananoque Inn, Steven Tobias, Bob Todd, James Hewitt and Bell Canada.**

And, the event, which gains in popularity and support every year, can thank three very special people - **Lolly Gillen, Vice President Marketing for Squash Ontario, Mark Sachvie, Vice President Junior Development for Squash Ontario and Jim Mattice, Squash Ontario Program Co-Ordinator.** Without their tireless efforts, the Lee Hanebury Junior Squash Fund would be ever so much poorer.



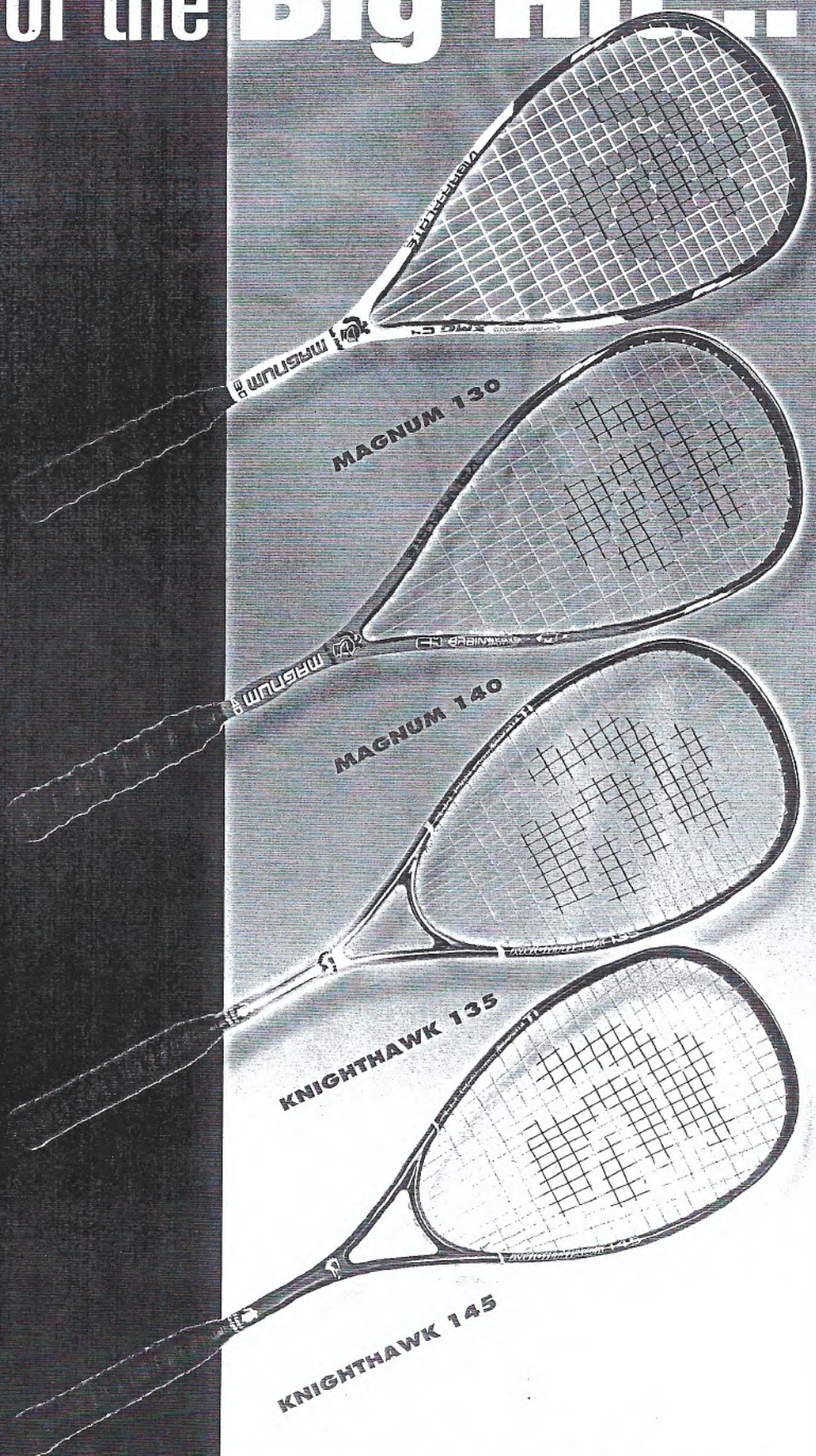
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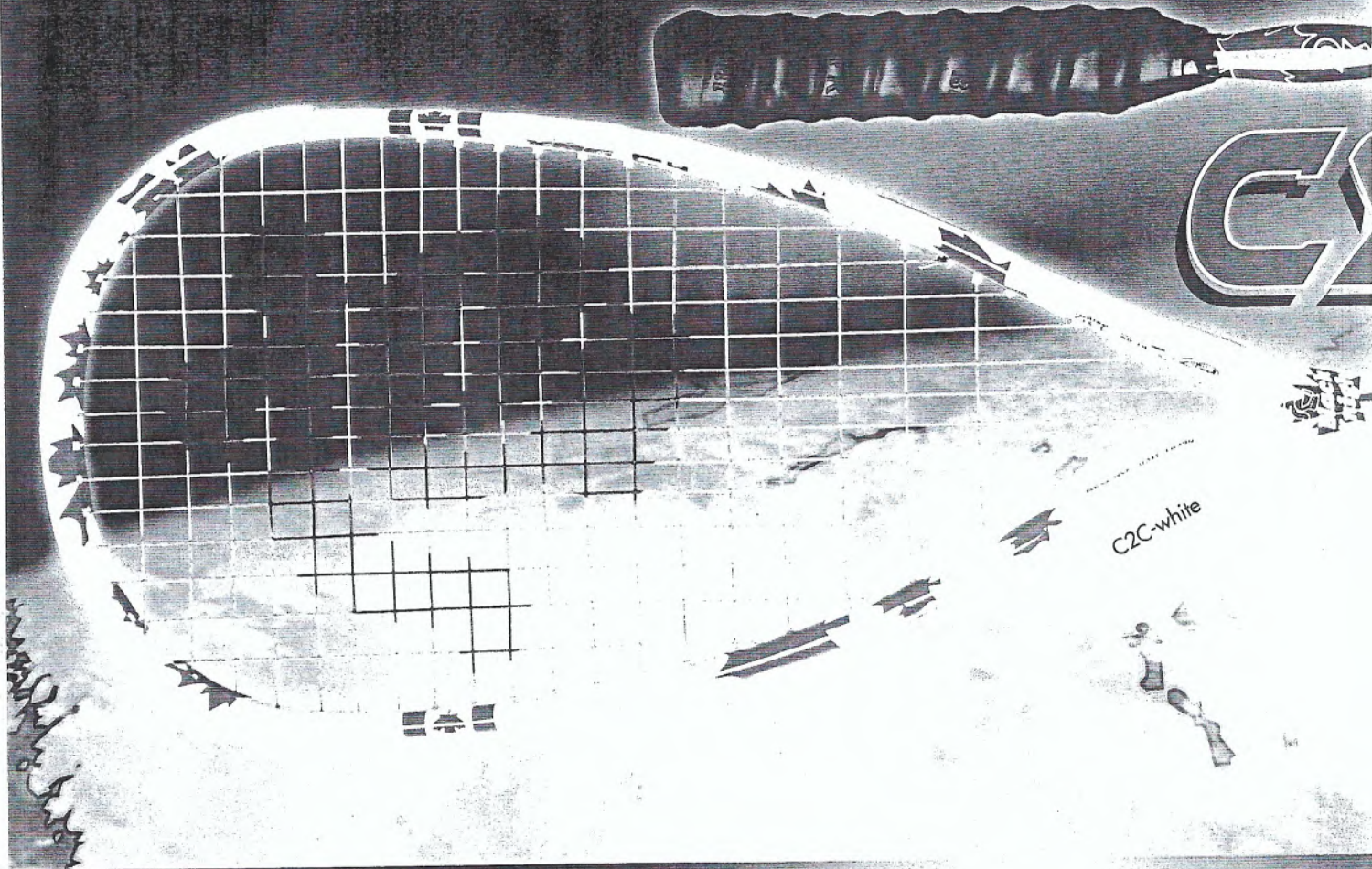
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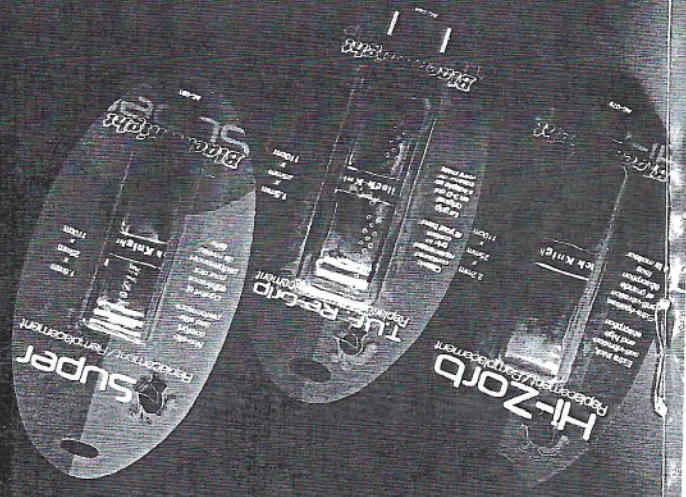
WHAT IS BLACK OR WHITE AND PLAYED ALL OVER?



www.BlackKnight.ca

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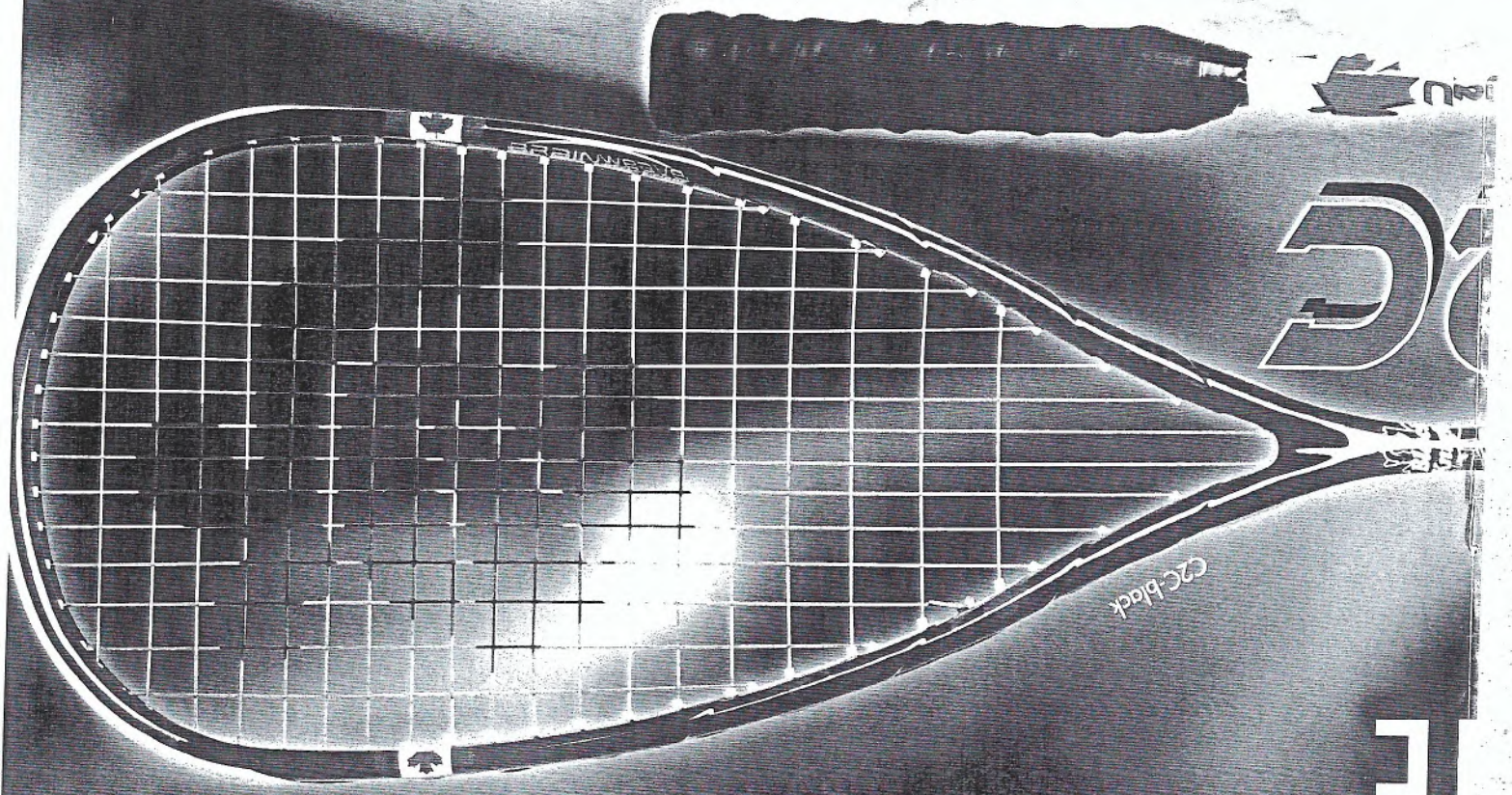
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To celebrate Sharif's amazing squash career, Black Knight and Sharif Khan will send one lucky winner (and a very grateful friend) on a trip for two to the Sharif Khan International Squash Festival in Barbados, November 2005, including accommodations in Barbados during the festival, festival participation fees, and return air travel. Certain conditions apply. For more contest details, visit www.blackknight.co or look for the Khan - Legend of Squash racquet at your squash dealer.

Legend of Squash
Sharif Khan

SHARIF KHAN

KHAN

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CADRE/FRAME** 145g

PD/DW*** 145

SUPERFICIE/AREA (cm²) 500

CORDAGE/STRING SUPERNICK

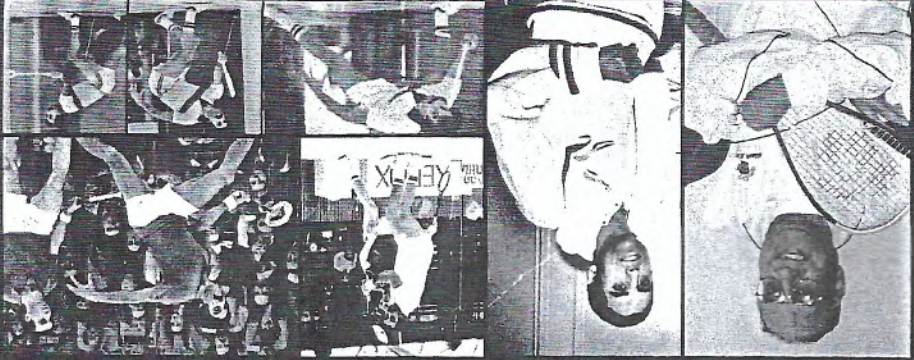
TENSION/TENSION 25-29

Technologies

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T1 TITANIUM

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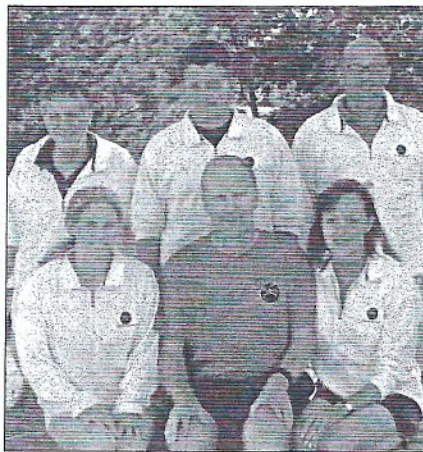
- 12 TIMES NORTH AMERICAN CHAMPION**
NORTH AMERICAN OPEN CHAMPIONSHIP
- 1969 Sharif Khan Mo Khan 15-9, 15-6, 13-15, 15-7
 - 1970 Sharif Khan Mo Khan 17-16, 15-5, 15-12
 - 1971 Sharif Khan Ken Binns 15-11, 15-9, 15-10
 - 1972 Sharif Khan Victor Niederhoffer 15-11, 14-17, 15-7, 15-6
 - 1973 Sharif Khan Mo Khan 11-15, 12-15, 15-8, 15-3, 15-10
 - 1974 Sharif Khan Rainer Ratnac 17-14, 15-8, 15-12
 - 1975 Victor Niederhoffer Sharif Khan 15-9, 15-7, 4-15, 15-11
 - 1976 Sharif Khan Victor Niederhoffer 15-3, 15-7, 15-5
 - 1977 Sharif Khan Geoff Hunt 15-9, 11-15, 15-10, 15-13
 - 1978 Sharif Khan Clive Caldwell 15-4, 15-10, 15-9
 - 1979 Sharif Khan Gordon Anderson 15-7, 15-10, 15-5
 - 1980 Sharif Khan Mike Desaulniers 15-12, 15-8, 8-15, 15-10

Honouring the volunteers

Each September, Squash Ontario hosts its annual general meeting. Representatives from all nine regions, officials, coaches and committee members come together as a family to review the season past and plan for the coming season.

The more formal annual meeting was held first thing in the morning on Saturday, September 18th and at that time, the Board of Directors was elected. Nominated and approved by acclamation are the following members of the Squash Ontario Board of Directors for 2004 - 2005: Robert Brooks, President; Stephanie Hewitt, Vice President Technical; Mark Sachvie, Vice President Junior Development; Robbie Osher, Vice President Finance; Lolly Gillen, Vice President Marketing; and Barry Farstad, Vice President Regional Development.

But perhaps the best part of the entire day is the awards ceremony. This was initiated about five years ago and has grown into a wonderful tradition. The Recognition Program was created



Squash Ontario Board of Directors for 2004-2005

by the Board of Directors over 20 years ago. The awards recognize volunteers, coaches, officials, players and companies who have made an outstanding contribution to the game of squash at the local, provincial and often times national level.

Recognized with an Outstanding Achievement Award in 2004: Bill Sears, Tom Craig and Ron Hughes.

Also recognized but unable to attend, was Jeff Cameron of Wittnauer Watch Company. Wittnauer has generously provided crystal clocks for all provincial champions. Also unable to attend, was Andrew Thompson the squash professional at the Toronto Lawn Tennis Club. Andrew was honoured for his tireless work on behalf of the High Performance Committee.

The coaching achievement award

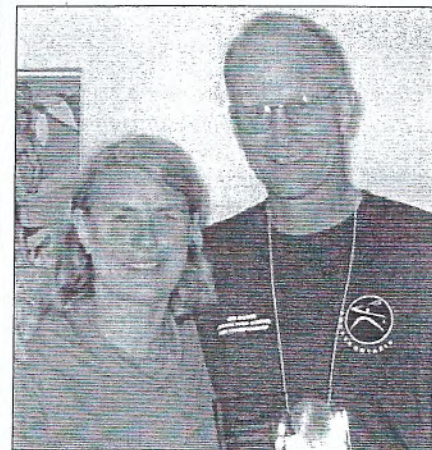
is presented to an individual who consistently exhibits, champions, and teaches the principles of respect, integrity and fair play and who portrays a positive role model both for the game and for the coaching profession.

The 2004 Coaching Achievement Award was presented to Barbara Cooper of Mayfair Lakeshore Racquet & Fitness Club.

Barbara's playing and coaching credentials are legend and include any number of provincial, national and international titles in both soft ball and doubles. She is the only level 5 squash coach in Canada and has been a coaching course conductor for Squash Ontario for over 10 years. But she is honoured as much for her philosophy

of coaching as for her playing and coaching abilities.

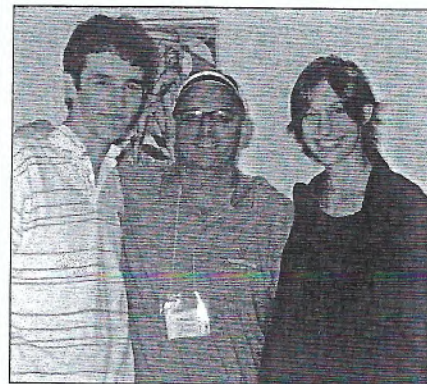
She considers it a "job well done" if someone she coached as a junior is still playing the game at 30 or 40 or 50.



Coaching Achievement Award recipient Barbara Cooper with Rob Brooks

Integrity, fairness and respect

- these are the core principles of fair play. It means showing respect for the rules - for the officials and their decisions - and respect for your opponent. Fair play incorporates the concepts of friendship, respect for others and always playing within the right spirit. It is, in fact, more a way of thinking than a way of behaving.



Jim Mason Fair Play Award recipients Bill Hatch (left) and Alexandra Cornett with Mark Sachvie

The 2004 recipients of the Jim Mason Fair Play Award exhibit the very essence of what fair play is all about. They are exceptional role models both on and off the court and are a credit to their families, to Squash Ontario and to the game of squash.

The award is named in honour of Jim Mason whose favourite philosophy was, "never forget, these games



Above left: Bill Sears (left) being honoured for his tireless efforts for T&D League by Robbie Osher. Above right: Tom Craig recognized for his contributions to Western Region. Below: Stephanie Hewitt with Ron Hughes. Ron, saluted for his efforts on behalf of junior squash in Ottawa.



are for fun. Few will recall whether you lost or won, but everyone will remember how you behaved."

Congratulations to Bill Hatch (Toronto) and Alexandra Cornett (Ottawa).

To reach the top

in the financial world, one must minimize their risks and maximize their return. Up until 18 months ago, PACE was relatively unknown to Squash Ontario. But you don't become one of the top 10 credit unions in Ontario with over \$300M in assets and 12 branches sitting around waiting for opportunities, you get out and find them!

It took PACE little time to recognize that over 75% of squash players in Ontario were male and 65% or more were over the age of 40! Knowing 1 in 8 men will get prostate cancer in their lifetime, PACE in conjunction with Squash Ontario, initiated an awareness program for the PSA test and Prostate Cancer.

Within less than a year, PACE followed up with their commitment to the PSA Awareness program and squash to become the title sponsor of

the Canadian Squash Classic Pro Tournament at BCE Place for 2003, 2004 & 2005.

Without their sponsorship this world-class event would not be here. Not only do all donations raised during this event go to the Prostate Cancer Research Foundation but also, there is the Junior Jam. Over 60 juniors actually go on court and do drills with the top professional players in the world. It is an amazing experience. We are incredibly fortunate that PACE recognizes wise investments: They invested in our juniors, Prostate Cancer



Corporate Special Achievement Award recipient George DeLa Rosa, PACE Savings & Credit Union Ltd., with Lolly Gillen

awareness and the game of squash

On behalf of Squash Ontario, PACE SAVINGS & CREDIT UNION, was the recipient of one of the associations' most prestigious awards, the very 1st Squash Ontario Corporate Special Achievement Award.

In 1979, the Board of Directors of Squash Ontario instituted its **Special Achievement Award**

It is given at the Board's discretion, to a volunteer, player, coach or official who has worked tirelessly on behalf of the game of squash.

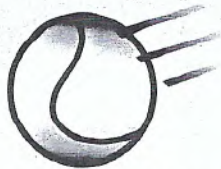
Past recipients have traditionally been those who have made very significant contributions to the game, not only in Ontario but also on a national and international level. It is Squash Ontario's highest and most prestigious honour.

Ironically, in 1979 the very first recipient of the Special Achievement Award was Jim Mason whose 25 year contributions to the game were recognized by the Board of Directors of the day. For some, two decades of commitment would be enough - for Jim

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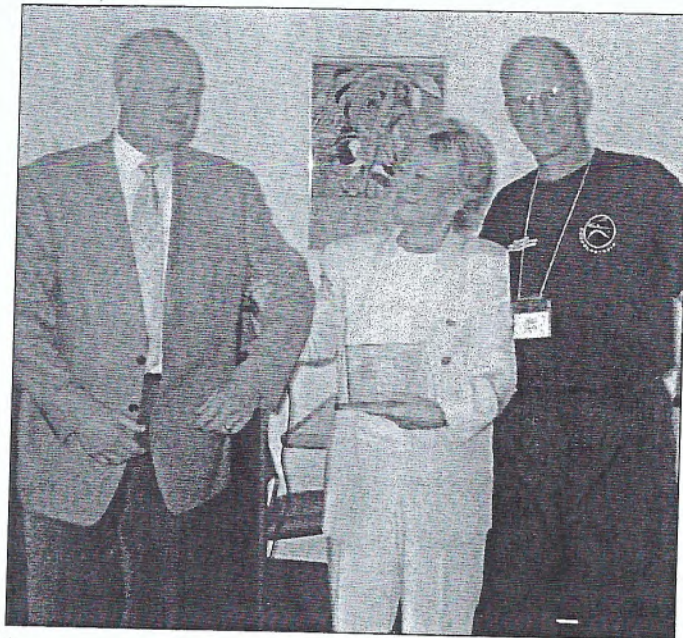
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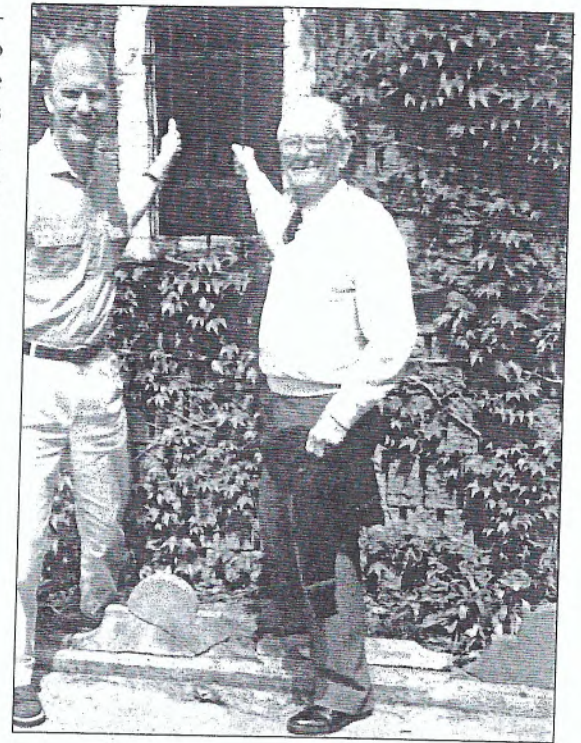
Mason, he was just getting started and gave another 25 years to helping develop and promote junior squash in Ontario.

We lost Jim Mason in April at the all too young age of 92 but we didn't and never will lose his spirit. To honour this wonderful gentle man, Squash

Ontario presented the Special Achievement Award to him posthumously and we were fortunate to have Jim's daughter and son, Vicki and Martin, accept the award on Jim's behalf. ©



Martin and Vicki Mason, with Rob Brooks



Rob Brooks and Jim Mason

2004 - 2005 ONTARIO CHAMPIONSHIPS

You may register for an Ontario Championship by going to squashontario.com. Entries are accepted online or an entry form may be downloaded and faxed to Squash Ontario at 416-426-7393. Please note that you cannot register to play in an Ontario Championship by calling the hosting club. Registrations are through Squash Ontario only.

Date	Championship	Closing Date	Host
NOV 12 - 14	Ontario Men's & Women's Open, A, B, C, D, E Closed	NOV 5 at 6:00 p.m.	Mayfair Lakeshore Racquet & Fitness Club, Toronto
NOV 26 - 28	BMO Nesbitt Burns Ontario Junior Closed	NOV 20 at 6:00 p.m.	Fabulous Fitness, Concord
Nov 26 - 28	Ontario Mixed Open, Veterans, Seniors & B Doubles	NOV 19 at 6:00 p.m.	Mayfair Parkway Racquet Club, Markham
Nov 26 - 28	NEW Jesters Ontario Men's & Women's Open and B University and College	NOV 19 at 6:00 p.m.	Glendon Squash Club, Toronto
Dec 3 - 5	NEW Ontario Men's & Women's Masters Closed	NOV 26 at 6:00 p.m.	The Parkview Club, Toronto
Dec 3 - 5	Ontario Men's & Women's B Doubles	NOV 26 at 6:00 p.m.	Badminton & Racquet Club, Toronto
JAN 14 - 16	Ontario Men's & Women's Veterans, Masters and Seniors Doubles	JAN 7 at 6:00 p.m.	Royal Canadian Yacht Club, Toronto
JAN 28 - 30	Ontario Men's & Women's Open Doubles	JAN 21 at 6:00 p.m.	The Granite Club, Toronto
MAR 4 - 6	BMO Nesbitt Burns Ontario Men's & Women's Open	FEB 25 at 6:00 p.m.	Ottawa Athletic Club, Ottawa
MAR 18 - 20	Wilson Ontario Men's & Women's Masters Open	MAR 11 at 6:00 p.m.	White Oaks Racquet Club, Niagara on the Lake
MAR 25 - 27	Jesters Ontario Junior Open (presented by Harder Insurance)	MAR 19 at 6:00 p.m.	White Oaks Racquet Club, Niagara on the Lake
MAY 7	Ontario High School Teams	May 1 at 6:00 p.m.	Mayfair Parkway Racquet Club, Markham

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To learn how your child can benefit from putting down the video game controller, visit:

www.PlaySquash.ca

Squash Ontario has unveiled a new program designed to battle childhood obesity and introduce young people to the lifelong benefits of the game of squash. The rate of obesity among Canadian children is one of the highest in the world and has continued to climb dramatically in recent years.

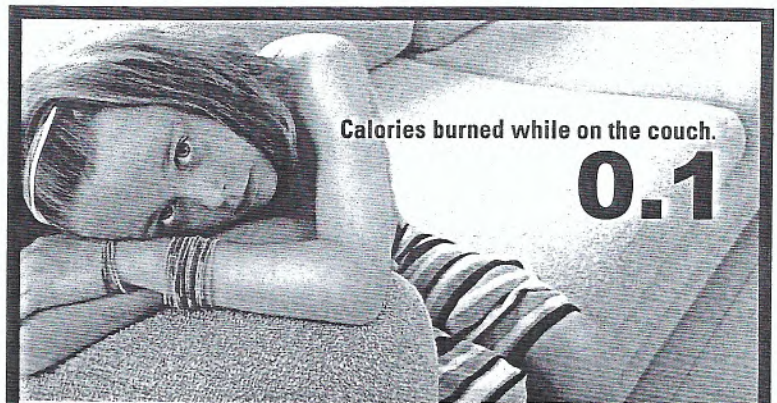
This increase has been attributed not only to changes in the eating habits of children, but also to a declining emphasis on physical activity, a lack of access to sports, and not enough emphasis on alternate transportation, such as walking or cycling. There are now more overweight children than overweight adults!

Obese children tend to become obese adults, who face an increased risk of diabetes, heart disease, orthopedic problems and many other chronic diseases. As well, pediatricians have seen a rise in diabetes and hypertension.

Ontario Trillium Foundation has committed to help Squash Ontario over the next three years attract more youth in Ontario to the game of squash through a coordinated outreach strategy that will expand and enhance squash programs for youth and make more squash facilities available to them.

The goals of Squash Ontario's Fit to Play program are to introduce the game to as many young people as

Squash Ontario targets childhood obesity with it's new Youth Squash Program: **SQUASH: FIT TO PLAY**



How does YOUR child exercise?

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Participation in a Junior Squash Program will give your children the confidence, drive, enjoyment and fitness they'll need for the rest of their lives. You want what's best for them, and so do we.

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To learn how to get them off the couch and active, visit:

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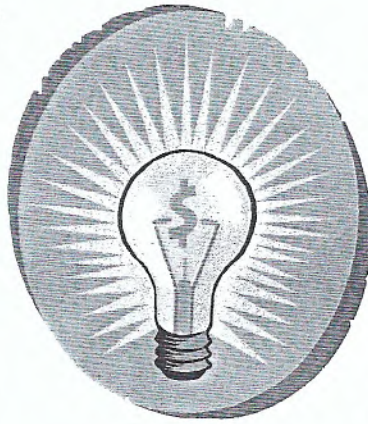
possible as a fun and social way to be physically active; to make as many squash facilities as possible accessible to young people who want to learn and play the game; and broadly communicate with and to parents about the health risks of inactivity to their children.

The program is extensive and exciting. Partnering with Squash Ontario is Head/Tyrolia Canada which will provide a quantity of starter kits (racquet and eye guards) available to not for profit or clubs initiating a junior program.

A newly created website (www.playsquash.ca) will be accessible to the public and participating clubs will be able to include details about their junior program. This brilliantly designed website is the creation of BOLD Internet Solutions Ltd of Toronto. The also includes a club only page to allow clubs to access various advertisements and other resources. Clubs may utilize professionally designed advertisements to promote their junior programs within their community. Squash Ontario knew that the advertisements had to be eye-catching to parents and contracted the services of BOLD Graphic Communication Ltd of Toronto. The array of ads fits neatly into any club's promotional budget. New junior club programs may also be eligible for funding assistance to cover the cost of this advertising. All participating clubs will receive a complimentary copy of a comprehensive junior program manual and participating clubs without a certified instructor may be eligible for a coaching subsidy.

As part of the fit to play program, Squash Ontario has hired Matt Easingwood as it's Junior Co-Ordinator. He is the "point man" for the program and has already signed on a number of clubs. To view participating clubs, go to www.playsquash.ca Matt can be reached at jr.squashontario@sympatico.ca or at 905-688-6800.

If the future is in our youth, then squash in Ontario looks very bright indeed. ©



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In October 2002, almost 25,000 athletes competed in the fifth World Masters Games in Melbourne, Australia

the Squash Competition: Men's and Women's Soft Ball, July 23 - July 26

Age Categories: 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Mixed Teams: July 27 - July 30

Age Categories: 35-44, 45-54, 55+

(Teams may consist of one woman and two men or two women and one man.)

Your age category is determined by your age on December 31, 2005.

Register online at www.2005worldmasters.com or call 780.822.2005

NEW MASTERS ONTARIO CHAMPIONSHIP

Squash Ontario is pleased to announce a new addition to our Provincial Championship roster - the Ontario Men's and Women's Masters Closed Championships. This event will be hosted by The Parkview Club, 250 Ferland Avenue in Don Mills on the weekend of December 3 - 5.

"Closed" means that only those athletes who are residents of Ontario may participate in the Championships.

This new Provincial Championship was created by the Squash Ontario Masters' Committee, comprised of chair, Michael Bertin, Elka Markus, Bob Todd, Gordon Robertson, Fernando Pisano and Lorraine Tetreault, for two reasons. First, the Committee is very keen to promote masters squash through credible Ontario rankings. In order for rankings to be credible, there must be a significant number of results fed into the database. This new Provincial Championship will provide additional results for rankings.

And secondly, in 2004, Squash Ontario entered a team in the Western Canadian Masters Teams Champi-

onship which was hosted by Saskatchewan in January. Our team of Mike Bertin, Gaetin Godin, Lorraine Tetreault, John Frederick, Elka Markus, Fernando Pisano and Jean Gairdner brought home the silver medal. In 2005, Squash Ontario will again be sending one team, perhaps

two, to compete in the Western Canadian Masters Teams Championship.

Teams are comprised of 4 men (40+, 45+, 50+ and 55+) and 3 women (35+, 40+ and 45+).

Selections for Ontario's team(s) will be based on the following criteria:

Eligibility Criteria:

To be eligible to represent Ontario on an Ontario Masters Team, a player must:

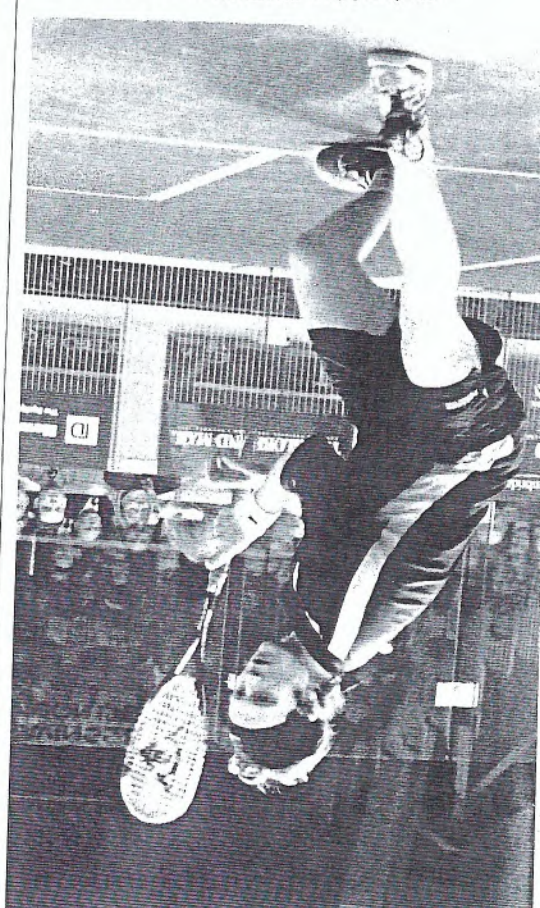
1. Be an individual member of Squash Ontario and in good standing with Squash Ontario;
2. Be either a Canadian citizen or a landed immigrant;
3. Have resided in Ontario for 12 months preceding the Ontario Masters Closed Championships in the season prior to selection (for example, to be eligible to be selected for the 2005 Ontario Masters Team, a player must have been resident in Ontario for 12 months prior to the 2004 Ontario Closed Masters Championship)

Selection Criteria

1. Must participate in the Ontario Masters Closed Championships in the year of selection;
2. Selection will be based on order of finish in the Ontario Masters Closed Championship in the year of selection

To enter the Ontario Men's & Women's Closed Masters Championships, go to squashontario.com

Entries close Friday, November 26 at 6:00 p.m.



...continued from FEATURE on page 4

the qualifying rounds while the May-fair Lakeshore Club hosts the third annual Junior Jam clinic on Sunday afternoon November 14.

Pace Credit and Savings Union, Ontario's top ranked member-owned bank, is the event's Title Sponsor. Secondary sponsorship is provided by Dundee Wealth Management Group, TD Newcrest and the Globe and Mail.

Associate sponsors include Dunlop Sports, Tom's Place, Primus Telecom-munications, the Cambridge Group of Clubs and Ledrew Laisley Reed LLP.

As Nimick sums up, "Tontonians should be prepared for a gangbusters tournament at BCE Place. The site has always been a majestic location for squash, perhaps not quite the equal of the pyramids of Giza, but certainly a Canadian equivalent of Grand Central Station, and the event sits in the heart of the busiest season for the pro tour.

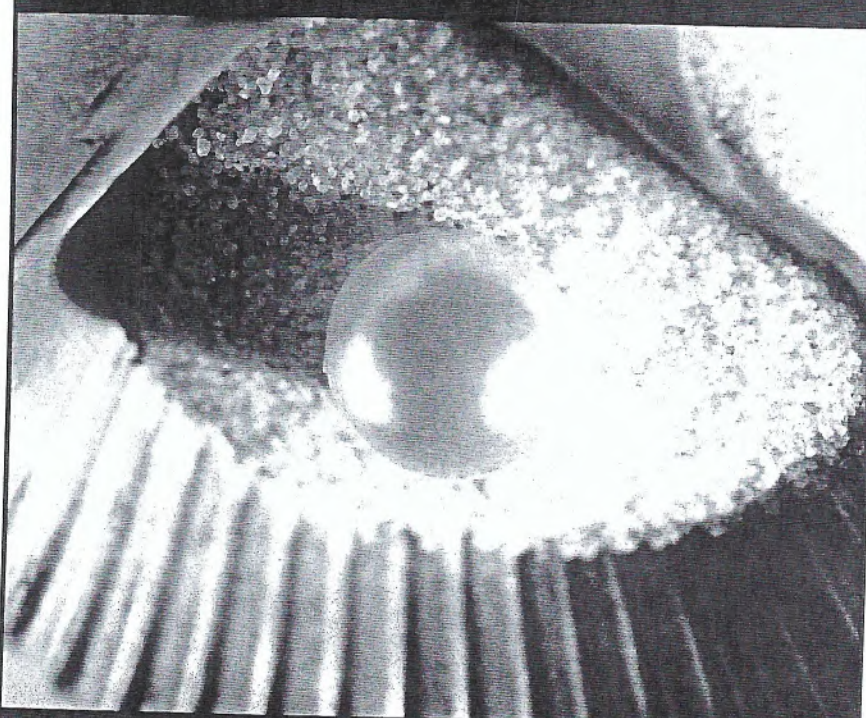
Under the new system any of the top players can win, so Power will have his hands full trying to become a record setting four time champion"

For ticket information, tickets@prosquash.ca or fax 416-730-1238 ©

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THE RIGHT COACH WITH THE RIGHT STUFF

In September, the Board of Directors of Squash Ontario presented its Coaching Achievement Award to Barbara Cooper. She joins a lustrous list of past recipients including Heather Wallace, Mike Way, Mark Sachvie, Rob Brooks, and Jim Paton, all of whom share and believe in the true values of coaching.

Squash Ontario initiated this award not only to recognize outstanding coaches but also to provide parents and players with standards by which to measure a potential squash coach. After all, when you're in the market for a new car, you give the tires a good kick and at least have a cursory glance under the hood. Shouldn't we use the same care and concern when looking for a squash coach?

A coach's teaching credentials are, of course, important. A talented player does not a good squash coach make. Conversely, a good squash coach need not necessarily be an A player. By all means, ask if the coach is nationally certified. The Canadian Squash Coaching Certification Program is recognized internationally as being exceptional, so much so that many countries have either purchased the program or are looking to purchase it. Ask about the coach's current involvement in squash. Is it limited solely to coaching within the club or do they actively participate in other provincial programs such as the Ontario or Canada Games? Are they involved in the squash community or are they recluses in the confines of their own club world? Does *giving* to squash share centre stage with *getting* from squash?

All of this is important criteria but they are only a part of the equation and in order to complete your research, you'll need to go out and watch some of these coaches in both playing and teaching situations.

Children seem to learn more from what we are (our behaviour) than from what we say. Many kids look up to the coach and may try to emulate his or her behaviour. By a coach's words and actions, kids will learn what is important - whether it is fair play, co-operation or winning at all costs. As a parent, you want the coach of your children to believe in the same values you teach at home. If that is not the case, keep looking.

"Ethics" may to some be a hopelessly outmoded value these days - they're wrong, of course. It is the cornerstone not just of sport but of life. If, for example, you hear a male coach making inappropriate remarks to a young female player, give him a wide berth. Chances are this is not an isolated occasion. Of if you see a coach berating an official, using offensive, demeaning or foul language, keep walking because these are not your values and they sure aren't the ones you want your children to emulate.

Look for a coach for whom fair play means more than just words on a paper. Some time ago, an article appeared

in Sports Illustrated entitled, "Too Many Spoilsports". The writer asked who killed sportsmanship? And went on to answer the question by asking, "If it was the basketball coach who, when asked about running up the score against a weaker opponent, replied that humiliating somebody is the coach's job." Or, the writer queried, "Was it the football coach who taught his boys that picking up their opponents, dusting them off and saying 'good play' was the equivalent of wearing heels and a skirt?"

The coach may not wish to be a role model but nevertheless, is. The coach you're looking for is one who encourages and supports athletes' efforts to be drug free, not one who condones it or looks the other way; who understands and appreciates the role of officials; who refrains from abusive personal attacks on officials and other coaches; and who generally projects an image favourable to squash and to the coaching profession itself.

One is reminded of the story of the coach who watched one of his budding young athletes sniping and arguing in a big tennis tournament. He walked on the court, took the racquet out of the boy's hand and told him to get off the court. "But coach, I can win this match", the boy pleaded. To which the coach replied, "I don't see how. You don't have a racquet".

Here is the coach who shares the values of you're looking for - the ones you want emphasized with your children - the ones with which you live your own life. Your search is over. ©

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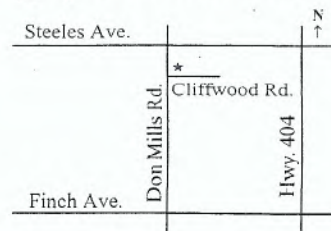
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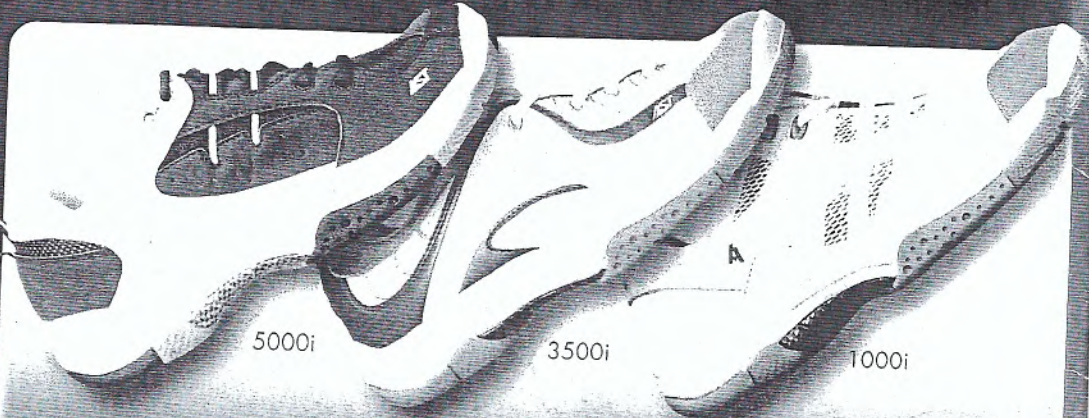
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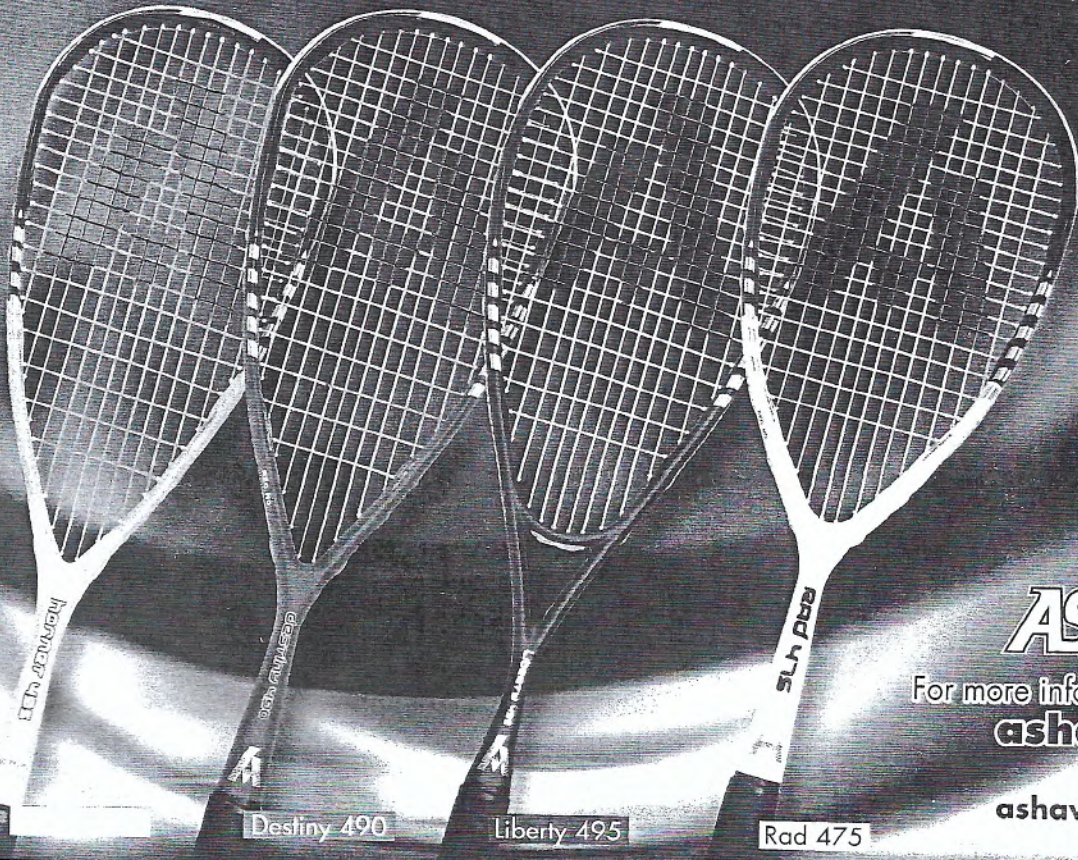
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