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Thank you to all who participated in the project and to the membership for their support and consideration.

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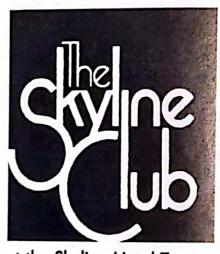
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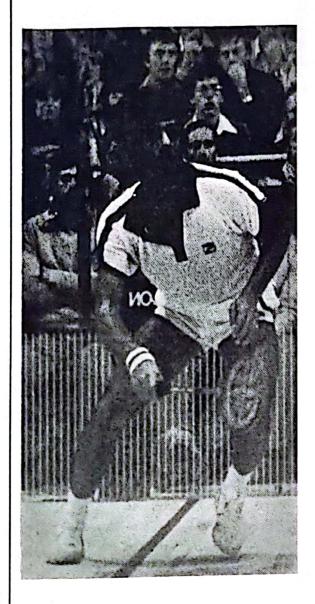
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ONTEN

Editorial

Canadian Junior Championships

People in Squash Ernie Geisel

Meet The World Champion Jahangir Khan



Gary Waite: our hope for the future

The International Scene

Does Your Racquet Measure Up?

Tournaments in Review

Sherry E. Funston Managing Editor, Norm Platt Editor, Jan Atkinson Associate Editor, Jack Fairs, Jim Kenward, Ian Stewart, Jann Taylor, Bob Cluett Senior Contributing Editors, Rosemary Rome Administra Assistant, Anna Pandos Professional Consultant, Pat Garstang Ministry of Tourism and Recreation Consultant. Better Creative Service Limited Design and Composition, Spalding Printing Co. Ltd. Printer, Jerry C. Hobbs Photography, Harry J. Allen Jr, Marketing & Sales

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It is published to give voice to and promote squash in the province. We invite members of the sport community to contribute on every aspect of squash, and welcome readers' comments on the contents of this magazine.

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SQUASH LIFE/March April 1983

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BANG THE DRUM SLOWLY

The patient lies gravely ill, surrounded by a small band of loyal friends. The prognosis: terminal.

When death occurs from causes unknown or inconclusive, an autopsy is usually performed. And so we proceed.

Case #402

Patient's Name: Hardball

As the skin is gently pealed back, we find a skeleton of a game, atrophied from lack of use, a game which was once the only game in town. It came over from Britain to the United States in the late 1800s and in typical Yankee fashion, it was transformed into one more suited to them. The size of the court was changed and so was the ball.

The game migrated north into Canada and into the private clubs and schools. Competition was fostered between the two countries, dating as far back as 1922 with the Lapham/Grant, a singles and doubles team championship. Records indicate that up until late 1960, there were only 40 squash facilities in Ontario, and perhaps 10,000 players. At that time, almost all of the squash was hardball.

Two factors are perhaps responsible for the tremendous growth of soft ball in Canada. In early 1972, the Toronto Squash Club put in an international court, the first in the country. It caused quite a stir and that, coupled with the influx of commonwealth immigration where only the soft ball game was played, initiated a growth in squash that was astounding. The new Canadians found squash, but not the kind they were used to. And so came the new gamesoft ball on the North American

court. It certainly made Canada unique, for it was the only country in the world to play this bastardized version of squash.

The popularity of squash during this period triggered a building boom, and new clubs sprang up all over the country, with the majority of the new courts being international. The growth was most pronounced in Ontario, where in a five year period the number of clubs, players and courts more than doubled.

When the smoke had cleared, Canada had become a soft ball country. The statistics had been completely reversed. Today, over 95% of the squash played in this country is soft ball, except for a few small pockets of hardball play in Kitchener, London, Toronto and Montreal. Even the last bastions of the game, the private clubs, have recognized the popularity of soft ball. In recent months the Granite Club, the Toronto Cricket, Skating and Curling Club, and the Badminton and Racquet Club have all put in international courts and booking times are at a premium.

Canada has finally found her way after years of floundering in a wilderness of being neither fish nor fowl. The focus must now be on the game played in the international arena, the game played by 95% of the member countries of the International Squash Racquets Federation.

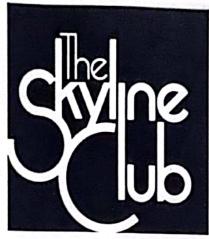
The United States is prone to claiming world championship status even if they are the only ones competing. Witness the Super Bowl and the World Series. Winners are

proudly proclaimed 'Champions of the World'. But a true world champion has earned that honour by fending off the best the world has to offer. Geoff Hunt was a world champion, Jahangir Khan is the world champion - he won that title by defeating challengers from Australia, England, Egypt and Pakistan, among others.

All of us would like to see squash recognized as a truly world game. Concentrated efforts are being made to have it included in the Ontario Games, the Canada Games and the Commonwealth Games. If these efforts are successful, the game will have to be soft ball, the one all the Commonwealth countries play.

Great pressure is being brought to bear on national sport governing bodies by the federal government. After our dismal performance at the last Commonwealth Games, threatening noises came out of Sport and Fitness. A complete re-evaluation of funding may be initiated and those sports not showing a marked improvement internationally may risk loss of financial support. This edict has effectively made our decision for us. All of our energies and medies must go into producing work ass athletes unless of course wish to regress to the days of an also ran in squash circles.

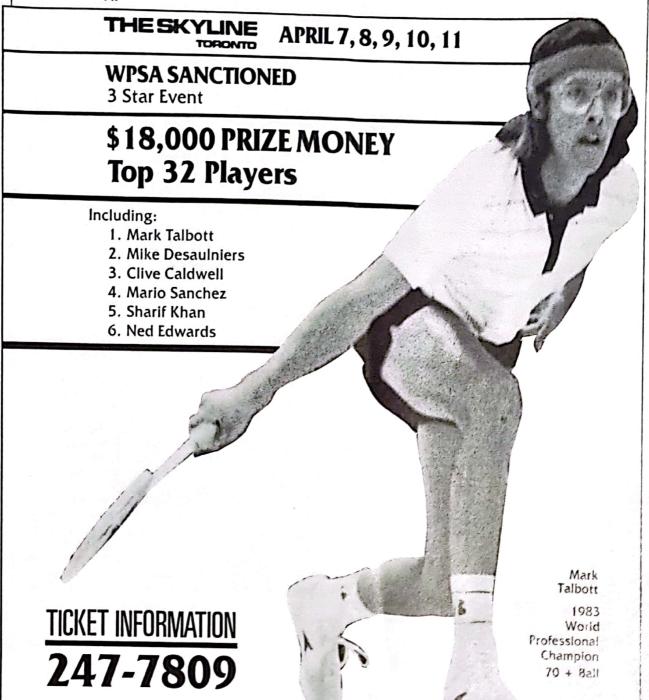
This is by no means and demean the hardball gas an excellent introduction of the beginner and the citing game to watch. The conclusion: Death the causes. In the matural demands the conclusion of the beginner and the conclusion of the conclusion o



THE SKYLINE CANADIAN PRO SQUASH CHAMPIONSHIPS

70+ BALL

AT



Canadian Junior Hardball Championships

Ontario Captures 3 of 4 Titles

by Angle Quinn

Four young athletes proved that "the spoils really do belong to the victor" as they captured their respective crowns in the Canadian Junior Hardball Squash Championships.

The 70+ tournament drew 114 participants from across Ontario, Quebec and the United States to Durham College Athletic Complex in Oshawa on January 27-30. Each entrant was guaranteed a minimum of three games. Players eliminated in the early rounds participated in a miniplate.

Rick Kerr, convenor of the tournament, said he was impressed by the high calibre of play and added that Canada can look to a promising future in squash from the talented amateurs.

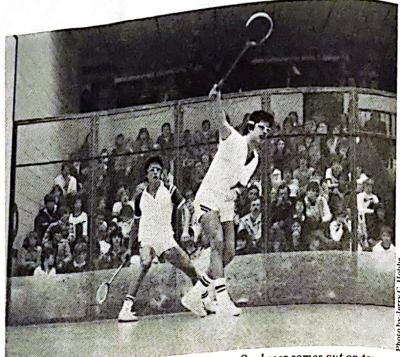
The biggest upset of the tournament took place between two rivals in the 12 and under age category in the championship game. Third seeded Ric Hartunian defeated number one seeded Jeremy Fraiberg, 18-17, 15-10, and 15-11.

Hartunian, who is a member of the Regency Racquet Club and the Terry Miller Club, said he encountered Fraiberg in the provincials in Toronto, and in a tournament at Hamilton Thistle Club. "He beat me in Hamilton three games to one, and I beat him three games to one in the Ontario's," he said.

Hartunian upset Fraiberg for the Canadian title by sticking to his game plan and tiring his opponent with unretrievable shots. "I was going to try and keep to the basics. Not too many drops and keep the rallies going to try and tire him out," Hartunian said.

Fraiberg, who is from Quebec, was unable to hide his disappointment as he sat afterward in the spectators stands, reviewing his mistakes with his head clasped between his hands and tears rolling down his cheeks.

The next feat Hartunian will at-



Bicknell (left) pushes Doucas to five but young Quebecer comes out on top

tempt is to win the championship in the 12 and under category in the U.S. Nationals in Philadelphia. He also said he has aspirations of a professional career in squash.

Third place in the 12 and under category was won by Tyler Millard, who defeated Cyrus Taghizadeh, three games to two. Joshua Easdon beat Mike Loveless three games to love for seventh place.

In the 14 and under group, Jamie Moore from Sarnia, retained his number one seeded position by defeating Sabir Butt from Mississauga, three games to one. Early in the match it appeared Moore would have little problem beating Butt. Butt, however, who was a living testimony to the never-say-die theory, kept the matches extremely close.

Moore, who belongs to the Sarnia Riding Club, admitted he was nervous prior to the match because even though he has defeated Butt before, "it all boiled down to this match.

He also regained his confidence

after he easily beat him in the first match. "He has a very strong forehand and is left-handed. So I tried to make him use his backhand," he said.

Moore will also travel to Phila. delphia to compete in the U.S. Na. tionals. After that he will begin to concentrate on soft ball, which he prefers. "Soft ball requires better reflexes and better conditioning because of the drops and length of the games," he said.

In other games in the 14 and under group, Scott Nash defeated Scott Dulmage, three games to two for third place. George Polsky placed fifth by defeating Alex Dean three games to one, and Tobie Mc-Robie squeaked past Scott Coleman three games to two for seventh place.

Top seeded Gary Waite who is best of friends with Moore, defeated Paul Gardner from Torono 15-9, 15-4 and 16-15, for the appionship in the 16 and under sigory. Waite has met Gards in the

SQUASH LIFE/的語 1983 courts several times and has yet to be defeated by him. "I was just going to keep the ball going and let him make the mistakes," he said.

Gardner defeated number two seeded Jeff Stanley from the United States, three games to love and received a bye in the fourth round to place him in the finals against Waite. But Waite silenced any attempts of an upset by Gardner with consistent accuracy in placing his shots.

Waite is also a member of the Sarnia Riding Club and travels to the University of Western Ontario in London with Moore about once a week to practise squash. Moore says that Jack Fairs, coach of the university team, organizes matches for them to play and points out their weaknesses.

Waite said, "It feels good to be number one. I practise a lot and like to win." He also said he attributes some of his success to his parents. "My parents help drive a lot and my father comes down between matches to give me his support and advice."

Third place in the 16 and under category was won by Ed Crymble, who defeated Jeff Stanley three games to one. Robert Warden cap-

tured fifth place by defeating Brad Carlson three games to love. Seventh place was seized by Brad Callahan, who beat David Schertzer, three games to one.

In the 18 and under age group, top seeded Alex Doucas from Montreal, disposed of Bruce Bicknell three games to two for the crown.

Bicknell, who is from Jamaica and attending school at St. Andrew's College in Aurora, played superb squash in the early rounds of the tournament, defeating number two seeded Russ Ball from the United States. He also defeated third seed Max Weithers. Weithers defaulted out in the second round due to an elbow injury.

Ward Meek, seeded number four, lost to Doucas in the first round and played off against Ball for third place. Ball was triumphant over Meek three games to two, and Meek vented his frustration by breaking two racquets over his leg.

Doucas, who is a member of the Montreal Athletic Association, said he has never played Bicknell before. "I watched him play before and I knew he was a heck of a soft ball player," he said. He also said he has played more hardball at a higher

calibre than Bicknell.

Doucas admitted he was surprised by Bicknell's performance and determination. However, Bicknell's stamina began to falter in the fifth game and allowed Doucas to take control of the final decisive game.

Doucas, coached by Pat Richardson, said he finds that Quebec players are not as well-prepared for tournaments as Ontario players. "Often we rely on our own ability. I have been on my own for two years. Ontario players usually have one or two coaches present at tournaments," Doucas said. He also said he intends to compete in the U.S. Nationals and the Canadian Men's Open in Toronto, but for the time being he is staying off the courts and has directed his attention towards his education.

In the three mini-plates that were played in order to guarantee each player three games, Andy Clayton beat Dean Brown three games to love in the 12 and under age group, and Greg Angus shut out Charles Carozzo three games to love in the 16 and under age group. In the 18 and under mini-plate, Andrew Arye defeated Tom Urban three games to two.

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W.P.5.A CROWNS NEW CHAMPION

Talbott Earns #1 Ranking

Mark Talbott ... on the 'T' and the top

by Norm Platt

Mark Talbott, only 22, is having an incredible hardball season. Of the seven tournaments he has played this season, he has won an outstand. ing six of them. The one opponent who has managed to beat him is the W.P.S.A.'s other rising star, Ned Edwards. Though Talbott was seeded second behind Mike Desaul. niers for these championships, he was undisputably the favourite. Since the tour began last October. Talbott has improved immensely from his form of last season; he's defeated Sharif four times, Desaulniers twice, Edwards twice, and Sanchez and Caldwell each once. Mark's 'Sharif-like' season stems from the fact that he's trained very hard in the off-season and has worked very diligently on his shot-making. His best shot, the double wall boast (side to side to front wall), is so accurate and unpredictable that it continues to leave his opponents on edge. Mark is only 22 years old. and unusually patient for someone so young. At the same time he is inwardly intense. Put it all together and you have the makings of a squash champion.

But what of Mike Desaulniers? What's happened to hardball's 1981-82 top player? Wasn't Mike supposed to dominate hadball à la Sharif for the next 50 mars and stare down at everybod om the top of the draw?

Desaulniers is certaine apable, but the pressure may have ten to him. Mike's game leaves room for error and there's no ngency plan to rescue him from tions.

In this tournament niers lost in 3 close game: Mario Sanchez in the quarter-fi like's

SQUASH LIFE/Marc

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neurotic tendencies against a steadier and patient Sanchez proved time and again that he cannot expect to hit perfect shots in every rally. If Desaulniers continues to play the same type of game without room for adjustments, he will find it difficult to make the top 3 or 4 placings on the W.P.S.A. tour.

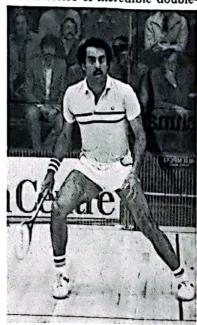
Another significant upset occurred in the round of sixteen when twentyseventh ranked Mark Alger squeaked by seventh seeded Gordon Anderson 3-2. The portable, panelled walled court is much slower-playing than a traditional court because the walls absorb the ball better than plaster or concrete. The hot television lights were blazing throughout the tournament, and both factors combined to give the 70+ ball almost a soft ball tendency. Anderson was visibly dragging against Alger, who stuck to an attritional, down the wall game.

The first semi-final match pitted defending title-holder Clive Caldwell against fifth seeded Mario Sanchez. The most telling point of this match was that Clive incorporated a fundamental soft ball pattern of play. Caldwell used a 'boastdrive' pattern to out-steady an erratic Sanchez. Whenever Clive boasted to the front wall Mario always hit the ball back to Clive, who then made Mario retrieve the ball out of the back corners. Again, due to the slowness of the court and the television lights, Clive tired rapidly by the time the fourth game began. Having lost the first two games 15-9, 15-7, Mario cranked up the pace to take the third 15-9. At this point all Mario had to do was keep the ball



deep against Clive and the match would be his. But, at 6-6 in the fourth game, Mario questioned a ball that in his mind bounced weirdly off the door of the glass back wall. The referee refused a let, and from that point on Clive ran a string of nine consecutive points. Final score 15-9, 15-9, 9-15, 15-6, to Caldwell.

The other semi-final match saw a weary Sharif against the red-hot Mark Talbott. Earlier in the day, Sharif survived an 18-16 fifth game cliff-hanger against Mark Alger. But Sharif is still the most talented and respected player in hardball, and it's a credit to his 38-year-old legs that he stretched Talbott to five games. Talbott started the match with a series of incredible double-



Sharif Khan

wall boasts that had Sharif's nose rubbing the front wall. But the second and third games were vintage and classic Sharif. Employing his version of 'rope-a-dope', Khan skillfully utilized every tactic of diversion to take the pace away from Mark. Given a colder, faster court, Sharif on this occasion probably had enough savvy to defeat Talbott. Unfortunately, Sharif could not take advantage of his 2-1 lead in games, and Mark patiently and methodically Sharif roughshod until he could run no more. This was easily the best match of the tourament in terms of emotion as Sharif, with the crowd strongly behind him, gave the people what they came to see: a great champion who emotes class even in his declining years. Talbott won a berth into the final by defeating Khan 15-6, 8-15, 13-15, 15-10, 15-8.



Mario Sanchez

Most finals in a squash or tennis tournament are anti-climactic and the Talbott-Caldwell match was no exception. Clive escaped playing Desaulniers when Sanchez routed Mike 3-0, so Clive's toughest test wasn't until he was to meet Mark. Caldwell's best asset is his ability to control the pace of a match. But this tactic will work only on players who let it bother them. Mark, meanwhile, sticks to the game itself, relinquishing the showmanship. In a word, Mark was much too 'strong' for Clive.

Talbott retrieves exceptionally well and spices his rallies with those gut-wrenching double-wall boasts. The first went handily to Mark 15-8 and then Clive cleverly stole the second game 15-6. But the third and fourth games saw Mark increase the pace to force Clive into errors. Even when Mark does make errors, he calmly regroups himself inside and goes about his business. Talbott took the last two games and the Championship by the scores of 15-8, 6-15, 15-12, 15-0, and pocketed \$5,000 (U.S.).

Even though Talbott is having a 'Sharif-like' season, it's nonsensical to compare him to Khan. Last year Mike was the rage, and now it's Mark's turn. By his own admission Mark needs a lot of improvement in his offensive game and he still suffers from concentration lapses. Ironically, the year that former top American Stuart Goldstein of New York, a perennial doormat to Sharif, decides to retire, Talbott makes a big splash. If Talbott continues to dominate the second half of the season, then he'll be the first American to achieve a number one ranking in hardball in many years.

PEOPLE IN SQUASH

ERNIE GEISEL...King of the mountain

by Norm Platt

What makes squash so interesting is the many faces that people the game. From the flamboyant styles of the players, to the idiosyncracies of its officials, to the sometimes tyrannical tirades of its administrators ... all give the game a flavour of its own. Without these rather unique individuals, the game would suffer.

One group which generally keeps a very low profile is the club owners. Often maligned and frequently taken for granted, they too, have their share of unique people. Meet Ernie Geisel King of Hamilton Mountain and owner of the Hamilton Squash Club.

On first impression, Ernie Geisel looks anything but a squash club owner. Impeccably attired in a three piece suit and matching grey shoes, he gives the appearance of being more at home on Bay Street than on a court. Operating a squash club, especially in Hamilton, might require a hard hat, given the city's blue collar image. The six years Geisel has nurtured his club have not been a bed of roses. He admits that only in the last six months has he begun to enjoy the hard work needed to make a service product survive. He's so pleased in fact, that within the year he is planning to expand his club with four more international courts and a much better exercise area. This is a rare success story in the recreation field, but a closer look at Ernie Geisel will provide a clearer insight into his formula for success.

Arriving as an immigrant from West Germany exactly thirty years ago, Ernie Geisel came to Simcoe, a town south of Hamilton, to pick tobacco. You've no doubt heard this type of story before, but Ernie came to Canada with a paltry \$8.00 in his pocket. His tobacco picking quickly bought him transportation to Hamilton. There he worked in factories, loading trucks for a few years. Seeing no future in this, he obtained his real estate license and subsequently enjoyed his first tangible success. For the next 3 years he was named Hamilton's top salesman and his future looked very promising. He eventually formed his own firm and the rest, as the old saying goes, 'is history'.

While never tiring of the real estate field, Ernie Geisel looked for new frontiers. He found one politics!

ERMELCANA

Ernie Geisel

Hamilton has for many years had an image problem. Often called the "Pittsburgh of the North", the city is the butt of many jokes. Pockets of Hamilton, primarily the north east end where the steel mills are situated, have been embarrassing to many residents. Naturally, if you live there you want to do something about it. Enter Ernie Geisel With only three weeks remaining in the recent mayoralty election, Ernie Geisel threw his hat in the ring. Borrowing a phrase from Network's anchorman, Howard Beale, Ernie decided to tell people he was "mad as hell and not going to take it any more". He didn't win but he certainly left his mark. The instant he announced his candidacy, supporters appeared out of nowhere. He printed 100,000 flyers depicting himself as a quasi-blue collar developer who meant business at city hall. In a number of televised all candidates meetings, he acquitted himself well, drawing on his inherent sales ability. With a campaign budget of \$20,000.00, he came in a respectable fourth. Given more time, he might now be wearing the chains of office.

Ernie Geisel is an innovator -

always experimenting with new and sometimes revolutionary ideas, particularly in his club. An example is the questionnaire people fill out when they first join. The questions are oriented towards what activity the member will engage in and the data is then fed into a computer. The computer matches the information to other compatible members. The new member then receives a print-out with names and telephone numbers, suggesting contact for a good game. Very efficient, very classy.

Ernie Geisel is the epitome of the self made man. He has his own ideas on running a squash club and these ideas are sometimes 'out of sten' with accepted formulae. For example, when discussing how to attract members from a market orig. inally male oriented and which had its beginnings in the carefully manicured private club, Ernie flatly states that the women's market is what we should be concentrating on. Whatever it takes to attract more women to the club, even at the risk of upsetting tradition, it's worth it from a business point of view. And as a club owner wanting to attract more membership, there are no simple pathways to success. In Ernie's estimation, because running a squash club is a service industry. every available tool should be used to make that member want to play squash and enjoy that facility to its potential.

It is no secret that Ernie Geisel is a workaholic. But he's also what Oscar Hammerstein referred to as a "cockeyed optimist", with a positive feeling about the future of the squash entrepreneur. He has the ability to grasp the business through detailed research and persistence as a developer, not as a squada person. Even to this day, he is no a player. He's a fisherman in his s ime. Probably his best quality 13 enthusiasm. He attacks hing with a joie de vive which r ach new challenge or proble 1 to solve.

He may not be Lord of Hamilton, but he is certain g of the Mountain... and the is just great! ●

CLUB FOCUS

SQUASH IN IROQUOIS FALLS-A Success Story

by Don Hopkins



Aquatic and Fitness Complex

Iroquois Falls is a small community in Northern Ontario located midway between Cochrane and Timmins. The town was established in 1912 when a pulp and paper mill was built on the shore of the Abitibi River. This mill is now part of the Abitibi-Price corporation, and is the major employer in this community of 7,000 population. Over the years, the town has developed excellent recreational facilities which include a golf course, hockey arena, curling rinks, downhill and cross country skiing.

In early 1979, construction began on the Iroquois Falls Aquatic and Fitness Complex. By May, 1980 the complex was opened and featured a swimming pool, a weight room and two North American squash courts. Almost all of the first players had never played squash before. However, interest was keen and soon more and more people were starting to play. That spring, with the help of Squash Ontario, a weekend clinic was held. The response was excellent, with about 50 players attending the clinic and lessons put on by Elaine Hinnegan.

A year later a squash ladder had been started, and more interest and use of the facilities was evident. Another weekend clinic was put on, with Jan Prieditis instructing. By

this time the quality of play was improving and there was a better understanding of the rules.

In early 1982, a local tournament with Men's C, D and a Ladies event was held. Twenty-four players competed enthusiastically and had a good time. Two months later it was decided to hold an open tournament in order to bring players in from other centres. To promote this event, several of the local players travelled to the other clubs within a 125 mile radius to play a few matches and create interest in the tourna-

ment. As a result, 25 out-of-town players from Kapuskasing, Timmins and Kirkland Lake came to compete at the Iroquois Falls "Spring Open". In total there were 50 entrants, which made this the largest squash tournament ever held north of Sudbury. The tournament was very successful and is planned to become an annual event.

At the start of the 1982 season, a 5 team league was organized and has proven to be a popular event. As a fun activity, in December, a Novelty Events Tourney featuring men's and mixed doubles (using racquetball racquets) will be held. During the winter, a local tournament as part of the MS Charity Classic and the 2nd Annual Spring Open will be put on.

Presently there are about 100 active squash players in the club. Membership is steadily growing as more players are introduced to the game. Beginner lessons are now available, and it's hoped to start a Junior programme in January.

This "grass roots" development of squash in a relatively isolated community is a good example of the importance of Squash Ontario to a beginning club. The resource materials and developmental assistance provided by Squash Ontario certainly contributed to the success story of squash in Iroquois Falls.



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For more information, or to donate your time money, contact your local chapter of the Multiple Sclerosis Society of Canada



OFFICE TALK



Paul Redvers (General Manager, Scarborough Racquet Sports Centre)

Much has been written about junior squash and the need for development programmes. Other sports in our country, and squash programmes in other countries, have proven that school participation is vital to any serious attempt to provide more and better squash players.

Do we need to provide more and better squash players? In a word, yes. Squash has proven itself to be a most effective blend of recreational and fitness activity which can be enjoyed at any age level.

Unfortunately, the impetus will not come from within the school system. It is up to the various squash associations, and more importantly, the squash clubs themselves, to promote this concept.

At our club, Scarborough Racquet Sports, we have developed a threepronged approach to this area:

1) Integration into Physical **Education Classes.**

When our club opened, several members who were teachers, approached us to let their phys. ed. classes come in and be exposed to the basic skills. Classes have been held before, during, and after school hours. The schools usually provide their own racquets and balls. Each student pays \$1.50 per halfhour session. In many cases the school has an avid squash player on staff who will teach basic squash. In other cases, our staff has gone to the schools and taught strokes right in the gym, prior to their on-court experience at the club.

Squash Clubs. Once the interest has been generated, the next step is a school squash club. Several schools have formed squash clubs and spent time from the club in the before and after school time slots. It is the school's responsibility to schedule matches and collect fees. Group lessons are available through the club, and a beginner's clinic is usually given gratis.

3) School Leagues.

To run a school league, two ingredients are vital: an interested club manager, and an interested school teacher.

Here in Scarborough, we have developed a league with ten schools. I lined up several squash clubs (S.R.C., Bridlewood, and Mayfair). The enthusiastic teacher (Ellie Blake) lined up the schools. It is vital to have someone in the school system because they know who to contact to maximize the interest in each school.

Each school chooses a home club. and arranges practice sessions with the club. League play is every Thursday at 3:30 p.m. All scheduling, etc., is done by the schools, with appropriate input from the clubs. Rules are the same as most leagues, with the following additions:

1) Teams of six players, at least two being females.

2) Eyeguards mandatory.

3) A school staff advisor on premises for all practices and matches.

Starting a programme in your area is quite easy, providing you get the staff advisors interested. Most clubs have members who are teachers, who may help out. Additionally, an afternoon teachers' instructional round-robin on a P.D. day can be used to build enthusiasm.

If the league is set up and run properly, each club should end up with a nucleus of young, eager

players. At this point, the club should follow up with their own conschool oriented junior programes. At the same time, parent lvement might be considered i to further increase the kids' · nitment, but also to recruit par senior club members.

There are a lot of schem ing around to improve our interaal standings in squash, but we need to get them onto the So for 1983, our motto id read, "Get your kids ou

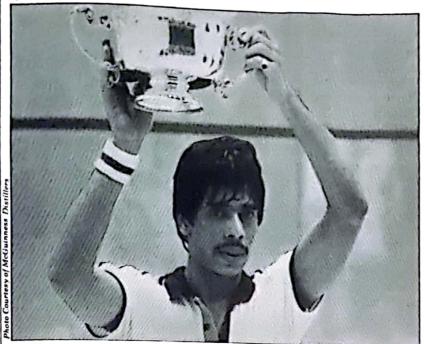
SQUASH LIFE/March -/

schools and onto the court

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Jahangir...The Genghis Khan of Squash

by Ron Morton



The literal translation of the name Jahangir, is "conqueror of the world", and everything about this phenomenal young man indicates he was aptly named.

Jahangir is neither tall nor particularly muscular. He was born with hernia and had to undergo two serious operatons as a child to correct the condition. His physician said he would never be able to participate in any strenuous sports.

Ignoring the doctor's advice, Jahangir spent many, many hours on the squash court and by the time he was 14, he was champion of his native Pakistan. He then moved to the United Kingdom to perfect his already awesome squash skills. He trained under the tutelage of his cousin, Rahmat Khan, himself a world class player.

As often happens in the world of sport, personal tragedy can serve to shape and inspire the career of a champion. So it was with Jahangir. His brother Torsam died suddenly in Australia in 1979. Jahangir idolized his brother and took his death very hard. Torsam's death was to be a contributing factor in Jahangir's meteoric rise to the top of the squash world. He vowed he would one day be world champion, a promise he made at his brother's grave, and from that moment on, he attacked the game with a single mindedness and sense of purpose that was astonishing for one so young.

Jahangir's domination of squash is of such totality that no other sport

champion has even come close to equalling his achievements. Bjorn Borg, at the height of his prowess, did not win every tournament he entered. Nor did Arnold Palmer. And Joe Louis did not win every fight. Jahangir does! In 1982, Jahangir entered 12 events and faced many of the most talented players in the world. He defeated each one, losing only two games in the process. Perhaps his most impressive win was in England this past November, when he kept the promise he'd made to his brother. Jahangir Khan was crowned Champion of the World.

Jahangir's string of victories is truly impressive, but what is even more remarkable about this man is that he has achieved greatness at such a young age. As a complete unknown he won the world amateur title in Australia at the age of 15. He turned professional a year later and won his first world championship at 17! No one has matched his feat . . . not Hunt... not Barrington, Both were in their twenties before reaching the top, and the legendary Hashim Khan was in his mid-thirties.

So who is Jahangir Khan and how did he become king of the mountain? He was born to his career as the Bronfmans are born into Seagrams. The family interest has been squash ever since the mid-19th century when British soldiers, having learned the game at school, took it to what was then India. The Khans learned fast.

Khan, one of Jahangir's relatives, could give the local British champion a 6 point start and still beat him 9-6. Jahangir's father, Roshan Khan and his cousin, Hashim Khan, continued the remarkable family dominance of the sport after the second world war and, with ancestors such as these, along with the guidance of his brother Torsam and coach Rahmat, it was only a matter of time before Jahangir Khan emerged as world champion.

Khan's training is as keenly programmed as East German swimmers and gymnasts. His training consists of running 10 miles daily, 10 440yard sprints and then 4-5 hours on the squash court. He attacks his training with the same dedication and determination as he does an opponent. He is extremely fit and never wearies. This, coupled with a remarkable arsenal of shots, makes him virtually unbeatable.

In the 1982 world championship, Jahangir only occasionally used drop shots to lure his opponents to the front of the court. Normally he relies more on power play. Some players say that his ability to out-hit everybody could be his weakness. It is said that when confronted by an opponent who plays a lot of short drop shots, Jahangir can be thrown off balance. Under Hunt's guidance, this is what Australian Dean Williams attempted to do in the final. He won the second game and appeared to be coming on strong. If there was ever a moment when Jahangir fulfilled his promise, it was then. He remained absolutely cool as the crowd roared on the Australian. He started the game in a whirlwind, made only one error and took the game in just 15 minutes. The fourth and last game lasted only 8 minutes.

So how good is this 19-year-old Jahangir Khan? Is he as good as Hashim Khan, who used to give some of his fellow professionals an 8-0 lead and then beat them for the price of a cup of tea? Is he as good as Hunt, who has won 8 British Opens? Only time will tell. But when Jahangir enters a tournament these days, the question asked is, "Who is going to be second?"

Jahangir Khan will be in Canada for two tournaments in 1983. He will compete in the popular Mennen Cup Classic in April, and in the Myers's International in May. He may not be a household name now but after Torontonians see him in action, there is no doubt that he will At the age of 76, Abdul Majeed | be acknowledged as The Conqueror 6

Squash Strategy

Squash action is exciting for the player and the spectator. There is an instant attraction to the dynamics of play; the power, agility, and stamina of the players; the attack and counter-attack; the struggle for the T; the tempo of action; the magnitude of the force applied to the ball by the power hitter, the timing and touch of the frontcourt

player, and so on.

Interestingly, what often escapes the attention of the spectator is the mental activity that underlies the physical play he is observing on the court. It is true, of course, that at the beginner's level, a player often hits a shot strictly on impulse or simply because it is his turn to do so. Very quickly, however, he learns that if he uses his shots in particular ways and under certain conditions, his play becomes much more effective. In short, his shotmaking is not haphazard and aimless - he begins to make an appraisal of the situation he begins to understand what shot is most appropriate - most necessary in a particular situation if he is to be successful. He begins to be aware of the fact that one shot is effective in one situation but not in another. For example, a player positioned on the T finds that a drop shot often wins when the ball is returned short in front of him and with his opponent pinned in the backcourt behind him. At the same time, he observes that his opponent has strengths and weaknesses. For example, he finds if he returns the ball on his opponent's backhand he can win. Moreover, he also finds if he adds more pace and depth to his shots to his opponent's backhand that he wins more easily. What does all this mean? Basically it means that the player is no longer "playing by ear" - he is no longer aimless - he is analyzing the situation and choosing the best shot to suit the particular situation. That is to say, the player is assessing the situation and making his shots in

accord with a plan that he consciously or unconsciously adopts to dominate the opponent and win the rally. In short, he has incorporated into his play a sequence of processes that characterizes the dynamics of all sport action, namely, assessment of situation, strategy or planning, and

tactics or execution.

The first purpose of this article is to define the nature of the processes involved in playing squash and to demonstrate the cyclical, repetitive nature of these processes. A second purpose is to examine some general principles of strategy and to show their application to squash play. The third purpose is to focus on the fundamentals of squash strategy to examine what they tell us about tactical play.

Assessment of situation

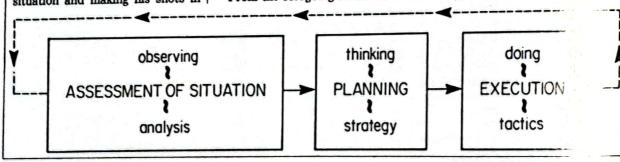
A squash player finds himself in a different situation every time he hits the ball. For example, the player could be returning a ball that is below the tin from the backcourt, above the tin from the backcourt (e.g., a lob), well above the tin from the T area (e.g., a shoulder-high volley), below the tin in the frontcourt, and so on. Often, however, these situations have very little effect on the strategy of the ordinary player. He adopts the same strategy in every situation, namely, keep or move the opponent off the T in order that he can hold it or move to it. Hitting deep is the tactic used to accomplish the strategic plan. There is nothing wrong, of course, with the "bread-and-butter" play outlined above. It becomes a problem, however, if it is the only way a competitor can play, as it seriously delimits one's level of performance. Thus, to maximize one's performance, it is essential that the player select his shot on the basis of a strategy (e.g., decision to attack with a dropshot) which is formed from an assessment of the situation.

must be evident that assessment of situation is the master key to ef. fective play. Everything a player thinks and does depends on it. No matter what the situation, the player has no choice but to assess it and to devise the appropriate strategy and tactics.

A situation is rarely neutral. It invariably favours one player or another. In other words, every time a player hits the ball he is in a position of advantage or disadvantage. If he is in a position of advantage - he can do something with the ball - he attacks. On the other hand, if he is in a position of disadvantage - he is limited in what he can do with the ball - he defends. Thus, in a general sense, the player must always distinguish between two situations advantage or disadvantage - and select his shot accordingly. For example, if the player is forced to return a deep alley shot that is two (2) inches from the side wall he must contend with the side wall and the back wall. In this situation, the player is in no position to finesse the ball, to boast, or hit crosscourt. His percentage return is a deep alley or alley lob. As is obvious, the player is in a situation that clearly limits what he can do with the ball.

At the same time, if a backcourt player hits a crosscourt shot that breaks into the centre of the court, the player on the T is in an advantage position. His response is to attack with a frontcourt shot or a drop shot. The situation just outlined is one in which the player can definitely do something with the ball.

As one can see, the nature of the situation in which a player finds himself is important because it forms the groundwork of everything else. The player who wishes to reprove his level of play, who want compete at an advanced level. develop his ability to ass tuations, and on that basis From the foregoing discussion it | strategy to guide his shot and don.



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The Processes of Squash and Their Cyclical Nature

As noted earlier, the conduct of sport (e.g., squash) - whether at the level of the coach or player in competition - divides itself into three well-defined processes or operations - assessment of situation (analysis), planning (strategy), and execution (tactics). Although the processes and their functions can be precisely separated from one another for the purpose of study, they connect and merge into one another in coherent fashion. In addition, the processes (assessment- planning- execution) continuously repeat themselves in cyclical fashion from the beginning to the end of a match or contest. The cyclical pattern is indicated in Fig. 1. Before examining the cyclical operation of the processes in the game situation it is necessary to provide a description of each process.

Strategy: A Mental Prescription for Tactical Action

Once a player assesses a situation his next step is to devise a strategy or plan that meets the demands of the specific situation. As we stated earlier, if a player is in a situation of advantage he adopts an attack strategy with the aim of winning the point. Conversely, if a player is in a situation of disadvantage he must assume a strategic defensive posture with the aim of not losing the point. Since the nature of the situation determines strategy - and strategy dictates shot selection - it is essential that the player correctly assess the situation he is in before every shot. To put it simply: correct assessment of situation=correct strategy=correct shot selection, and vice versa.

In one way or another, two equations guide the mechanics of squash play. They are (1) situation of advantage=strategy of attack=an attacking shot and (2) situation of disadvantage=strategy of defense=a defensive shot. Self-evident as such equations of play may seem, it is surprising how often they are violated even in advanced play.

At this time it is important to examine in some detail the meaning of the term strategy. To do so, imagine a situation in which you ask an ordinary and an advanced player the question, what is the objective of the game? The usual answer from the ordinary player would be to defeat your opponent. On the other hand, the advanced player would

likely replace the idea of defeating the opponent by the concept of what can I do to gain a position of advantage over my opponent. The judgement or decision made in regard to what to do is one's strategy or plan of action.

In squash, as in all sport, we distinguish between strategy (what to do) and tactics (how to do it). Strategy has to do with the formulation of a plan plus the ways and means of achieving it. Tactics is concerned with the execution of the ways and means. Strategy is a mental prescription for tactical action. It involves making decisions about what results are to be achieved and formulate plans that the player should undertake to attain them. Thus strategy is largely mental work geared to gaining a position of advantage over one's opponent.

Tactics - The Servant of Strategy

A squash player may be able to assess a situation accurately and to determine the correct strategy to meet the demands of the given situation but he will not be able to carry out the strategy if he does not possess the tactical skill. Consequently, it is the role of tactics to bring about

the results required by the strategic

As pointed out earlier, the player has two strategic aims: first, to attack when he is in a position of advantage and can do something with the ball and second, to defend when he is in a situation of disadvantage and can do little with the ball. What this means, of course, is that the player requires the tactical capability to attack and defend. Obviously, space does not permit me to go into great detail to explain how the player decides what shot to use in each situation. However, I would like to make a few general comments at this time.

First of all, a situation of advantage is temporary in character; if it is not exploited it will usually disappear and the opportunity to attack is lost. Hence the first concern of the player with a situational advantage is to hit an attacking shot for a winner or to force the opponent to hit a weak return that can be returned for a winner.

Secondly, a player in a situation of disadvantage must be prepared to defend. He must recognize the inferior nature of his position and take whatever countermeasures he continued on page 34

Basic Needs for the Female Squash Player

Panties designed for a woman's comfort in mind.



Fully lined with poly cotton for comfort.

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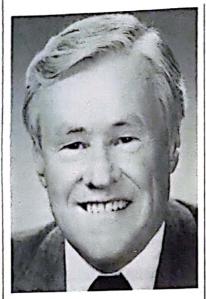
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HE INTERNATIONAL SCENE

CQUETS

There's a Definite Difference



Ian C. Stewart

It has recently come to my attention that several players have participated in major tournaments using illegal racquets. There is no doubt in my mind that part of the confusion has been caused by the fact that our two games of squash hardball and soft ball - have a different racquet specification.

For many years there have been minor differences in these two specifications and a year ago the Officers of the ISRF were hopeful that at least if nothing else, we could negotiate words in the racquet specifications that would make the same racquet legal for both games. This is not something that happens overnight, and one must bear in mind that politics are involved.

The Americans don't take kindly to suggestions, particularly from the U.K., about changes that should be made in the hardball game, and the English are every bit as stubborn when it comes to accepting suggested changes in the soft ball game from the Americans!

The ISRF, in fact, recognizes both

games, and this is so stated in the ISRF Constitution. Admittedly, because almost without exception, all member countries of the ISRF play the soft ball game, most of the ISRF's time is involved in attending to soft ball problems. The USSRA, for many years the best organized national squash body in the world, was able to handle its own affairs without too much assistance from the ISRF, and when the United States, after consultation with Canada, agreed on a change in the rules of the hardball game, the ISRF without any discussion, 'rubberstamped' its approval.

The U.S. Association in 1981 and 1982, has looked very closely at the racquet specification. The product liability laws in the United States are far tougher than they are probably in any other country, and the USSRA felt that suggesting only wood could be used in the manufacture of racquet heads was tantamount to saying that wood was safe and other materials were not. In theory, this meant that if someone was seriously injured or killed when hit on the head with a woodenheaded squash racquet, the U.S. Association could be held liable. Because of this, and after considerable testing, they dropped any reference to materials in their racquet specification.

"racquets with heads of wood only are acceptable in the soft ball game"

I personally felt that this was a good thing, and that the United States, having taken this step in the hardball game, would probably be able to talk the rest of the world into making an identical change in the

soft ball game. Unfortunately, this did not pass at the September ISRF AGM, although over 50% of the world voted in favour, 66-2/3% was needed to effect the change. The Officers are hopeful that this change will be made by next year, after further tests have been made in England.

Consequently, today, racquets made from any materials can be used in the hardball game, but racquets with heads of wood only are acceptable in the soft ball game. In addition, due to slightly different wording in the racquet specification of the two games, a hardball racquet can be 1/4" wider than a soft ball racquet! We are attempting to bring these specifications into line, but this will take time.

The question of who is responsible for making sure that legal racquets are used in tournaments has been debated in recent months. Some people seem to feel that unless your opponent objects, you can use any type or size of racquet you

This, I must point out, is absolutely untrue. The referee is the sole person responsible for making sure that the rules of the game are adhered to, and anyone who referees a squash match must be aware of the fact that he has the right to make a player change his racquet

Squash for many years, was a game played by gentlemen and, hopefully it still is. Most gentlemen are embarrassed to complain about an opponent's behaviour ning or equipment. A good re will avoid causing any emba ent the by insisting from the out: players stick to the rule: the distaff side who read cle, please be assured that the word "gentlemen" appear ord ıb-"ladies" can most certain stituted!

SQUASH LIFE/Marci

AMF Voit	Prima	ODET SUC	Solid Core Fiber-	Thin line Fiber-	Mastruction Craft	State. 1	then being	BELLTY S	The state of the s	Februates Substantia
AMF Volt	Ultima	\$ 64.95	glass & Graphite - very thin 9-Play Hard-	glass & graphite - Hand Laid	leather Slight- ly Oval	Light	Throat Design Reduces Torque	Unstrung 34-36 Gut 32-34 Nylon	Head cover in- cluded very durable	No - Only Mfg. Defect
			woods, Fiber- glass, with ABS overlay	Head is 50% covered by Fiber overlay	3-7/8 full grain leather Slightly Oval	Evenly Balanced	Medium - Open Throat Design Re- duces Torque	16-Gauge Monofila- ment, 30- 32 Nylon	Head cover in- cluded	No - Only Mfg. Defect
AMF Head	Competition	\$129.95	Hollow Tube Graphite/Fiber- glass	Hollow Tube Graphite with nylon Bumper Guard	Leather grip – 3-7/8; Slight- ly rounded rectangular	Slightly head light - stitched on nylon bumper guard protects string and wall sur-	Very stiff – excelent feel – very little vi- bration through foam handle – smooth even on off-centre hits	32-34 Gut Unstrung 34-38 Nylon 35-39 Gut	Maximum legal string surface Enlarged sweet spot – head cover included- exceptional durability	No - Only Mfg, Defect
AMF Head	Profes- sional	\$ 74.95	Tubular Aluminum	Tubular Aluminum with nylon Bumper Guard	Leather grip - 3-7/8 Slightly rounded rec- tangular	faces Evenly balanced- stitched on protective bumper & string guard around	Very stiff -minimum torque & excellent power - foam handle dampens vibration	Unstrung 30-34 Nylon 32-36 Gut	Maximum legal string surface. Enlarged sweet spot-head in- cluded; ex- ceptional durability	No - Only Mfg. Defect
Ascot Sporting (Int.) Ltd. U.K.	Graphite X Open Throat	\$ 75.00	Top wood lamina- tion with carbon graphite to strengthen the shaft	7 lamination of bamboo and ash incorporating a graphite strength- ening layer	Leather Grip. Slim on the top	Balance midshaft. Approx. 8 ½ oz strung	Reasonable, more on stiff side	Available In frame or Kingfisher Nylon	Head cover	On manufac- turing defect
Ascot Sporting (int.) Ltd. U.K.	Carbon Graphite	\$ 70.00	Hand crafted lamination of ash and bamboo with carbon graphite	Bamboo and beech and ash with carbon graphite tapers to seven lami- nation around the head	Leather grip. Round	Mid shaft. Approx. 8 oz strung	Stiff racquet with reasonable flexibility	Available in frames or King- fisher nylon strings	Head covers	On manufac turing defec
Black Knight	BK 7050	\$130.00	Graphite	Graphite, full size	Leather	Light, medium balance	Stiff	Gutwin	Full length headcover with	Unconditiona 45 day
Black Knight	BK 7000 Advantage	\$ 70.00	Selected hard- woods, graphite, fiberglass, bamboo	Selected hard- woods. full graphite lamina- tion, bamboo, partial overlays of fiberglass	Leather	230 grams, balanced towards head	Medium stiff	Gutwin	shoulder strap Headcover, head is larger than conven- tional but within regulations, full size	yuarantee

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	AMUFA	MODEL	Soft of the same	May How	9/0		/			60 day
Canadian Racquet	CRS Master	\$140.0		100% graphite with bumper stitched on	Leather	grams. head light	Stiff	Carbalow	Head cover	warranty
Sports Equipment Ltd. (C.R.			o Metal	Metal with burn	- Leather	225 grams,	Stiff	Nylon	Head cover	6 month warranty
C.R.S	CRS Pro Am	\$ 60.0	(7000 Series allo	y) per stitched on, full size head		head light	4	Nylon	60 days	
C.R.S.	Power Star	\$ 40.0	bamboo/mapie	Fibre Inlay, graphite overlay	Leather Sport and	grams	Flexible	Nylon		
Cintex Int.	Gold	\$ 23.95	5 Ash/bamboo/ fibre overlay	Bamboo/ash/ fibre ply	regular	Well	Stiff	Black	Evenly balanced	Guaranteed for 30 days
Cintex Int.	Green Hawk	\$ 49.95	Ash/fibre reinforced	Ash/bamboo/ two piles of fibre	Leather	balanced		nylon		with proof of purchase
Donnay	Carbone	\$150.00	Graphite	Graphite	Oval	220 grams	Stiff	Nylon	Head cover included, 100% graphite, bumper on head	
			talend (emphits (Wood/graphite/	Oval	230	Medium	Nylon	Open throat	
Duniop Sports	World Pr Black Max	\$ 75.00 \$149.95 frame	tibre	fibre Carbon/graphite composite		grams 734 ounces	Stiff	Black Hy- sheep	Open throat, zytel grommet strip/bumper, full length	Guarantee against defects in workmanshi
Dunlop Sports	A Player Plus	\$ 74.95	Fiberglass reinforced	Fiberglass reinforced	100 % leather	8 ounces, head light	Stiff	Natural sheep	Open throat, midsize, 3/4 length head cover	Guarantee against defects in workmanshi and material
Grays ''Specialist Range''	Light Blue Carbon Fibre	\$190.00	Ash core encased in carbon fibre sleeve	ash/hickory with extra fibre and leatheroid	Blue leather	8 ounces	Stiff	Unstrung	Extra strong model	n/a
Grays ''Cambridge Range''	GXS-90 (open throat model)	\$ 89.95	ash/hickory with double fibre, square section ful fibre faced, double Nextel	Multi-laminated ash/hickory/ fibre, vulcanized fibre throat and shoulders	Black Porvair	8 ounces	Medium stiff	Unstrung	Hand crafted, highest quality naturally aged woods, made in England	n/a
Grays ''Anniversary Range''	SQA-125	\$ 66.95	Multi-laminated ash/hickory plus vulcanized double fibre laminations	Multi-laminated ash/hickory/ fibre, vulcanized fibre throat and shoulders	Brown Porvair	8 ounces	Medium	Ambaflex standard	Hand crafted, highest quality naturally aged woods, made in England	D/2
irays 'Star Plan lange''	Eclipse	\$ 49.95	Multi-laminated ash/fibre with black fibre facing	Multi-laminated ash/fibre with black fibre facing	Black leather	8 ounces	Medium	Synthetic strings		fire a
aguar roducts, ic.	SR922 - Mistrale Profes- sional	\$ 42.00 (U.S. Dollars)	6 ply - 2 ash 2 maple/2 fibre- construction with full fibre overlay open throat		Leather grip			Gut		year year year year yeshi
iguar oducts c.	SR900 Vitesse Profes- sional	(U.S.	6 Ply ash/ bamboo with all black fibre face In matte finish		Cowhide Leather			Gut	Products are guaranteed for one year against	
anta Sport d.	Manta 10		Graphite multi- layer shaft with layers in opposi- tion for excellent directional control	Moulded multi- layer graphite head with Inset plastic gromet band for im- proved durability	rectangular grip for direc- tional control, top grain calf skin	grams	Medium - stiff for better players	Sold frame only	Head cover standard	

P.T.C. Canada Ltd. P.T.C. \$ 34.95 6 ply frame: 2 fibre, 1 bamboo, 3 hardwood shardwood ships overlay fibre welded throat skisport Ltd. T.B. 5000 \$ 36.00 Laminated with fibre overlay Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated with series of the ships of t	American ash with fibreglass laminates laminates aminates Choice of Light Stiff Unstrung Includes head cover, hand in the world cover, hand in the world with 90 day warranty. American ash American ash American ash Choice of Light Stiff Unstrung Includes head cover, hand with 90 day warranty.
Series S	9.95 American ash American ash Choice of Link Chiff Hostopica Includes head
A layers of select- ed bamboo - 1 layer of ash 100% graphite fibers covers entire face Pro-Kennex GX300 \$ 75.00 Full graphite inlay laminated with bamboo and ash fiberglass face P.T.C. Canada Ltd. 1075 "5000" Series P.T.C. Canada Ltd. 1074 "Top Speed" Skisport Ltd. Speed \$ 28.00 Ash and bamboo lawer of selected bamboo, 1 layer of ash 100% graphite fibre covers face A layers of selected bamboo, 2 layer of ash 100% graphite fibre covers face Bamboo and ash fiberglass overlay incomplete racquet Full double fibre overlay on complete racquet Full overlay, Non-slip throat Leather 200 g Stiff Hy-sheep Deluxe head cover Cowhide leather grip perfect balance and weight P.Y.C. head cover Skisport Ltd. T.B. 5000 \$ 36.00 Laminated with fibre overlay Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated	laminates with fibreglass Royal Grip or weight cover, hand leather even crafted in
Pro-Kennex GX300 \$ 75.00 Full graphite inlay laminated with bamboo and ash, fiberglass face P.T.C. P.T.C. \$ 39.95 6 ply frame: 2 bamboo, 2 fibre, 2 hardwood P.T.C. P.T.C. \$ 34.95 6 ply frame: 2 fibre, 1 bamboo, 3 hardwood P.T.C. Canada Ltd. 1074 170p Speed Skisport Ltd. T.B. 5000 \$ 36.00 Laminated with fibre overlay Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated	6.00 4 layers of select- 4 layers of Leather 205 g Stiff Hy-sheep Deluxe head cover layer of ash 100% 1 layer of ash graphite fibers 100% graphite
P.T.C. 1075 "5000" Series 2 hardwood 5 fibre, 3 fibre welded 5 fibre, 3 hardwood 5 fibre welded 6 fibre 6 fibr	5.00 Full graphite inlay Bamboo and ash Leather 200 g Stiff Hy-sheep Deluxe head cover
P.T.C. \$ 34.95 6 ply frame: 2 fibre, 1 bamboo, 3 hardwood shardwood shardwoo	9.95 6 ply frame: 2 bamboo, 2 fibre, 2 hardwood plete racquet
Skisport Ltd. T.B. 5000 \$ 36.00 Laminated with fibre overlay Laminated with fibre overlay Leather cover Standard Good Wingtex Open throat Skisport Ltd. Speed \$ 28.00 Ash and bamboo laminated Standard Good Hy-o-sheep included	4.95 6 ply frame: 2 Full overlay, Non-slip 100 - n/a Hy-sheep Against any fibre, 1 bamboo, fibre welded towel grip perfect string manufacturing defects
laminated laminated sheep included	6.00 Laminated with Laminated with Leather cover Standard Good Windtex Open throat Manufac-
Stazenger Phantom \$149.95 Carbon/graphite Carbon/graphite 100% 7% Stiff Black hy- Zytel grommet, composite leather ounces, even balance balance	0.95 Carbon/graphite Carbon/graphite 100% 734 Stiff Black hy- composite composite leather ounces, even Stiff Black hy- zytel bumper against strip, full head defects in

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Slazenger	Mega II		44.95	Fibreglass reinforced	Fibre reinforced	100% leather	7¼ ounces, head light	Stiff	Natural sheep	Midsize, open throat	Guaranteed against defects in workmanship and materials
	Jones 3							Stiff	Sany nylon	W.P.S.A. ap- proved	n/a
Spalding	XS-1 Graphite	\$	65.00	hardwood /ham-	White ash/maple /hardwood/ bamboo and fibre	Leather	Head light, 230 grams				n/a
				overlay	reinforced		230	Medium	Nylon	20% larger hitting surface	n/a
Spalding	2005	S	45.00	Maple/bamboo/ hardwood and fibre reinforced	Maple/white ash/bam- boo/hardwood and fibre reinforced	Leather	grams, head light			than conven- tional racquets, W.P.S.A. and U.S.S.R.A. approved	
								Stiff	Stellar	Open throat	
Stellar	Geoff Hunt Gold Dot	\$	79.95		Ash, bamboo, fibre, fibreglass lamination	Towel, leather	Light- weight	ouli .	super speed nylon	model, in-line drilling	
	500						Light.	Fairly flexible	Stellar	30% larger hitting area,	
tellar	Geoff Hunt's oversize	\$	57.95		Ash, bamboo, fibre	Towel, leather	Light- weight	, call () ,	super speed nylon	legal for tourna- ment play, full H/cover	
			1.					Good	Hi-sheep	Long headcover	30 day un-
ugi Cda.	Imperial	\$	45.00	bamboo and	Combination of bamboo and hardwood	Cowhide grip	Light	6000			conditional guarantee



	rd Turks	/	6.51	TION	CHOM		Good Atlant		SPECIAL SPECIAL	EATURES .
Mr. Mark	of ACTUALS	SOFT SUC	AFTER SHOOM	TRUCTION HELOOF	STRUCTION	STEPS CO.	and produ	sil) Str	THE RESERVE OF THE PARTY OF THE	
Sugi	Medalist	\$ 32.00	A combination of ash, white wood and bamboo, reinforced with fiber	Combination of ash, white wood and hamboo fein	Leather (cowhide)	Light head	Good	Hi-sheep	Long head covers	30 day un conditional guarantee
Tybraker	T.B. 5000	\$ 35.00- \$ 40.00	Six ply: ash/bam- boo/fibre		Leather	Standard	Good	Wingtex		
Unsquash- able inc.	Jahangir Khan #1- "Black Magic"	\$ 69.95	Seven ply frame, fibre reinforced overlay	Seven ply frame, fibre reinforced overlay	Leather	Ultimate in even balance	Medium	Winner	Black face with green sides	
Unsquash- able inc.	Jahangir Khan #3- "The Eagle"	\$ 59.95	Six ply frame, half fibre overlay	Six ply frame, half fibre overlay	Leather	Light and powerful	Medium	T,Y. strings	Black with red outlines	
Yamaha	YS-55	\$ 60.00	Six layers of wood laminated in a sandwich construction reinforced with fibreglass reinforced plastic on shoulder and upper shaft	Six layers of wood laminated in a sandwich construction plus vulcanized fibres overlaid on the frame top, rounded off frame top	Leather grip	Lighter head, superb balance	Wood and fibreglass rein- forced plastic allows for rigi- dity in the shoulder plus flexibility in the shaft	Restrung with nylon	Fibreglass rein- forced plastic and wood lamination	
(amaha	YS-33	\$ 45.00		Five layers of wood laminated plus a single fibre glass sheet and vulcanized fibre on lower end	Extra quality leather grip	Light head, superb balance	Sandwich construction allows for some flexibility in the shaft	Prestrung with nylon	Resillent sandwich construction on the shoulder and upper shaft	

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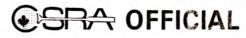
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SQUASH INCLUDED IN WORLD MASTERS GAMES

TORONTO 1985

Toronto will be the host city for the first Masters Games, a unique international sports festival for veteran athletes, which will be held in August, 1985.

The Masters Games is an idea designed to promote the concept of "Sport for Life" by providing a multi-discipline vehicle for the many thousands of mature men and women that encourages their long term and continuing participation in sport.

The concept and philosophy behind the Games was developed by an International committee headed by Dr. Maureen O'Bryan, of Toronto. Excited by the idea of filling a vacuum in the sports world by creating a quality, multi-discipline international competition for veteran athletes, Dr. O'Bryan has spent the past months working to make the concept a reality.

Australian-born, and raised playing many sports, Dr. O'Bryan immigrated to Canada in 1963, where she promptly introduced Albertans to netball, an international game for women similar to basketball. She became the founding president of the Canadian Netball Association. In 1978-79, she was elected the first woman president of the Sports Federation of Canada. She was a member of the Canada Games Council and chairman of its site selection committee.

"With the global emphasis on fitness and the ever-growing number of people participating in lifetime sports, we are convinced that there is a need for a new kind of international competition for people who want to continue to compete in sports throughout their lives," said Dr. O'Bryan. "We have been tremendously encouraged by the enthusiastic response we have had since we began to develop the Masters Games from an idea into a reality."

"We are confident that the Masters Games will be a celebration of the quality and excellence of athletic performance and will create the opportunity for continuing world-wide masters competitions. We are equally confident that we can put on a world class sports festival without spending large amounts of money in the process," Dr. O'Bryan said.

The aim is to stage a "no-frills" international festival, one which does not require massive capital expenditures for new sports facilities and stadia, buildings and athletic villages, since it will utilize existing facilities in the host city.

The Masters Games will be held every four years in cities around the world. The proposed dates of the inaugural Toronto Masters Games are from August 7 to 31, 1985.

The focal point of the Masters Games is people, mature sportsmen and sportswomen, professional and amateur athletes, who compete, in age related groups, in a variety of sports.

Athletes, coming from many countries around the world, will compete as individuals, not as members of national teams. They will dress in the uniform of their sport rather than in national colours.

To capitalize on the uniqueness of the Masters Games concept, organizers created a special group of interested persons from a wide range of professions, business and sport, whose task is to generate and develop ideas that will make the Games different and exciting. Nicknamed "Masterminds", the group includes many-times world champion Heather McKay; Sam Craig, Vice President of Cadillac Fairview; Dr. Bob Jackson, Chairman of the 1976 Olympiad for the Physically Disabled; and Ian Stewart of the Stewart Group, and Chairman of the International Squash Racquets Federation.

Official invitations to participate in the Masters Games have been extended to more than 20 sports including swimming, tennis, track and field, rowing, cricket, squash, cycling, bowling and water skiing, and organizers expect up to 15 sports and over 10,000 competitors to be represented.

Sitting on the Steering Committee for squash will be Dr. Susan Pexman and Bill Richards. It will be up to these two and the I.S.R.F. to determine a veterans age.

This is a tremendous step forward for the game of squash. At this rate, can the Olympics be far behind?

INDUSTRY NEWS

Ellis Pearson First to receive ISRF Approval

Ellis Pearson Glasswalls has received formal, written confirmation from the International Squash Racquets Federation that its products meet the recommended standards laid down in the ISRF specification for the construction of squash courts. These are the first glasswalls to receive this approval.

The approval comes after a threeyear research and development programme by Ellis Pearson. This led to the introduction of new walls which break new ground in safety levels for glasswalls for squash and racquetball courts. The configuration of these new walls includes the removal of transom panels, and the use of seven foot doors and sidefixed hinges. Vigorous independent testing was then carried out by Dr. Graham Cockerham of Sheffield Polytechnic, who proved conclusively that the Ellis Pearson walls met these standards.

The ISRF standards were published early in 1982 and updated in September. They are the first standards to be published for the construction of all squash courts, worldwide, and are a major step forward for the game. They will serve as an essential guide for architects, specifiers and constructors.

Gordon Hirst, director of Ellis Pearson, is delighed to have received the approval from the ISTEF. "We are wholeheartedly behind :e introduction of the ISRF stand ls, and are proud to be the first co pany to receive approval from the It is essential that architec ollow these standards, as this improve the quality of the ie of squash throughout the

Ellis Pearson Glassy the trading name of HAT Grant arson Ltd., a subsidiary of the distribution of the stalls glass walls, doors a calustrades for squash and reschall courts worldwide. It is the company in the world whose so cading activity is glass products to racquet sports.

CLOTHESLINE

WHAT COLOUR 15 YOU?

by Jann Taylor, designer LADY NEWCOMBE SPORTSWEAR

With today's new awareness and attitude towards one's health and appearance, fitness fashion has become a booming business. Active styles have flooded the market in every conceivable size, shape and colour.

In a previous article, I discussed styling and Disguise Dressing - making the most of your assets. Keeping that in mind, the other key essential to looking your best is COLOUR: knowing which complement your own unique skin tone, hair colour and eyes. To be more exact, it's not just the colour, but the shade and tonal value of the colour.

Most colour experts and consultants feel that any one person will fit into 1 of 4 categories: Winter, Spring, Summer, and Fall. Once you have found out which season you are, you can then choose the most flattering shade to set off your own natural glow.

Listed below are the four categories broken down by Skin, Hair, Eyes, and then the colours which are or are not for you. I believe these are true, valuable guidelines which will help you to learn more about your own "Look", but I do not believe they are gospel.

Most people will buy a colour because they like "that" colour. What you must learn to do is to hold the colour next to your face and look NOT at the colour, but rather at how your complexion changes next to it. Does it drain all the colour from your skin; does it make your complexion sallow; your hair dull? Or does it heighten the colour of your cheeks and bring out your blue eyes? These are the questions that will answer what colours and shades are for you.

WINTER

A Winter person is cool, clear and dramatic.

Skin: Most Winters have pale, milky skin with a slight blue undertone (rather than a reddish cast). The colouring is usually even with pale cheeks. Most Negros fit into



Jann Taylor

this category; for although their skin is dark, it usually has a blue cast. Most Winters need a plum-burgundy blush to add colour.

Hair: Winter's hair is light brown to dark brown with ash highlights (rather than gold). Blue-black hair is also Winter.

Eyes: A Winter's eyes are brown, greyed-hazel, or grey-blue with dark grey or brown rims.

Colours: A Winter looks best in shades of Red, Purple, Pink, Green, Navy, or White that all have a Bluish tone to them. For example, a Winter will look good in deep cherry red, but not orange red. She will carry teal green well, but not kahki green. White is better than cream or ivory. A Winter should avoid all gold tones and warm browns. Orange is a definite NO!!

SPRING

A Spring person is warm, glowing and earthy.

Skin: Most Spring people have warm, goldish skin. Often tanned, their skin has reddish undertones and a lot of natural colour. The complexion of a Spring is often described as Rosy Beige or Warm Ivory. Their blush should be somewhat orange as opposed to pink, if they need any blush at all.

Hair: Spring's hair is gold to strawberry blonde with reddish or gold highlights. Light brown hair can also be Spring if it has the warm highlights throughout.

Eyes: A Spring's eyes are usually light hazel, green or a mixture. Some Spring people do have brown eyesyet they are pale, translucent brown.

Colours: A Spring looks best in warm shades which are fairly pale and neutral. Each colour should

have a gold undertone. Some flattering colours for a Spring person are Mushroom, Kahki, Peach, Taupe, Canary Yellow, Camel, Turquoise. Never wear Fuschia, Pinks or Mauves.

SUMMER

A Summer person is airy, translucent, and mysterious.

Skin: Summer people have skin similar to Winter. It is pale and has a blue undertone, yet Summer's skin is more translucent and usually more sensitive. Any harsh chemicals or strong sun will quickly damage a Summer's soft skin. A Summer's makeup should be pinkish with no orange or red.

Hair: Summer people are all shades of Ash blonde, from light to Ash brown. Some may have been white blonde when young, and are now a mousy brown. Highlights and streaking looks the best on Summer people.

Eyes: A Summer's eyes are blue, blue-grey, pale green or grey. The iris is often rimmed with grey.

Colours: A Summer looks best in cool shades with blue undertones. The intensity of the colour should never overpower the complexion. Summer people wear the following colours well: cool pastels, hot pink, aquamarine, white, and blue-grey. They should avoid black and any kahki greens, rusts or strong browns.

AUTUMN

An Autumn person is down-toearth, compassionate, and warm.

Skin: The complexion of an Autumn is warm and tawny. It has an outdoors look with high colour and reddish undertones. Freckled people are often Autumns. All makeup should be goldish, using rust blush rather than plum.

Hair: Autumn hair is golden brown or deep auburn. It is often full of red highlights, and looks best left alone. Some deep strawberry blondes fall into this category if their complexion is also tawny.

Eyes: Autumn people have beautiful hazel, green or deep brown eyes. They are very rich in colour, and very striking when accented with green and golden brown eye shadow.

Colours: An Autumn looks best in rich, warm shades with lots of Goldundertones. Rust, Fire-engine Feed Hunter Green, Pumpkin, Choca and Winter White (ivory) are the best. An Autumn should evoid purples, navy and pure white.

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TOURNAMENTS

Beattie Sings Too!

by Linda Lawrence

The Mississauga Racquet Club hosted the first annual Paul Beattie-Tiffany Invitational 'D' TournaHunter. Ken also did a wonderful job the night before at the buffet and dance, where even the most serious competitors could not resist a little toe tapping. The not-so-serious players just kept on dancing until the wee hours of the morning.

Thanks to tournament chairman Dave Myers, and all who had a part in organizing, refereeing, monitoring and above all competing, in this very successful and enjoyable event.

See you next year!



Sponsor Paul Beattie (centre) congratulating finalists Don Shapcott (left) and Art Thomas

ment, January 27-29, 1983. The 3day event was highlighted by competitive squash and entertaining social functions.

Fifty-six competitors from 6 local clubs jumped at the chance to do battle. Players were evenly matched and the path to victory was not an easy one. However, Don Shapcott, of the Mississauga Racquet Club, eventually prevailed with a win over clubmate Art Thomas in the finals, 9-7, 8-10, 9-8 and 9-7. Another MRC competitor, Wayne Pakkala, won a very close consolation final, 9-7, 5-9, 0-9, 10-9 and 9-1, over Fred Pauls of the Trillium Club.

Paul Beattie, sponsor of the tournament, refereed the finals and also had the pleasure of presenting all four finalists with their choice from Paul's delightful Tiffany display, which graced the MRC lobby throughout the tournament.

Paul's talents didn't end there. He, wife Paula, and daughters Kim, Samantha and Laura, entertained a very happy group of people Saturday night by performing a medley of popular songs. The set intermissions were skillfully filled by DJ Ken

STANDARD LIFE Men's Doubles

by Sandra Penney

The Standard Life Men's Doubles Tournament, hosted by the London Squash Club in January, was an extremely successful event.

The main event featured 13 teams, drawing entrants from Toronto, Hamilton, Buffalo and the host city. A consolation for first round losers was included, and thus the members of the club were able to view and participate in some very good doubles play.

The tournament has been a fixture for six years, but this was the first time with a major sponsor. The Standard Life Assurance Company became the primary sponsor with A.F. Vigneux & Sons, distributors of Grand Marnier and Marnier Laposelle as a co-sponsor. We are very grateful for the support we received from both companies.

Friday night included a reception with Grand Marnier and Marnier Laposelle provided by A.F. Vigneux & Sons.

In the first round, Jim Klepter and Bill Russell from Buffalo, were defeated by a home club team of Jim Shaw and Paul Butlin. Cam Dongsonto Cricket Club, defeated Bob Lindsay and Jon Hore, both of London. Craig Hall and Don Morrow, the team from the University of Western Ontario, were beaten by a fine team from Hamilton, Jeff Mc. Kay and Mark Pigott.

Standard Life, in keeping with its sponsorship, had a representative in the draw in the person of Tom Borecky. He teamed up with Ray Baker, but unfortunately lost to the very competitive team of Barry Grant and Tim Peterson from the Granite Club.

Quarter final matches were play. ed on Saturday afternoon with some very fine play. The spectators thoroughly enjoyed watching doubles, which is seeing a resurgence of interest in Ontario.

Dennis Hisey and Alan Grant, the number 1 seeded team, were too quick for the London team of Jim Shaw and Paul Butlin and won the match quite handily.

Cam Douglas and Paul Deratnay, a last minute entry from Toronto, definitely proved themselves by defeating Jeff McKay and Mark Pigott, the #4 seeded team, 3-1.

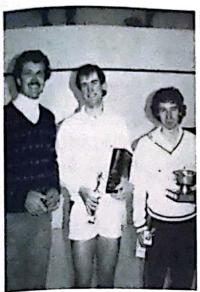
Peter Frost and David Hetherington, playing Barry Grant and Tim Peterson, was one of the more entertaining matches. However, Frost and Hetherington were a little too tough and won in 3 games.

Bob Smart and John Boynton proved too tough for the London team of Scott Ritchie and Bill Jenkins, defeating them 3-0.

The semi finals were played on Sunday morning, with crost and Hetherington matched against Smart and Boynton. A ra brilliant first game, Smart de Boynton lost steam and evalually the match, 12-15, 16-15, 15-11.

The final started ou ag rather one sided as Dennis H and Alan Grant proved to be ick for Frost and Hetheringte sey and Grant won the first gr 5.8 and the second 15-11. By t d game. Frost and Hetherington ableto put a few shots togeth. d win it. 15-10. However, it was e of too little too late and Hise d Grant prevailed in the fourth the match 3-1.

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Tournament Chairman, Bob Smart (left) with winning team, Grant and Hisey

The consolation final saw Craig Hall and Don Morrow from Western, meeting Tom Borecky and Rav Baker from London Squash Club. Even with the home fans rooting, Hall and Morrow came out the victors.

Mac Kerim Men's 'C' and 'D' **Tournament**

The 32 man'D' field and 16 man'C' field made for an exciting and very enjoyable weekend. All matches went according to schedule and produced some excellent squash.

Both the Men's 'C' and 'D' finals were the highlights of the tournament. Bob Kinsley from the Brantford A.C.C., down 2-1 in games, fought back to defeat Steve Roberts 10-9 in the fifth.

In the Men's 'C' division, former Brantford squash pro John Christie took Joe DiMauro of Brampton to the 5th game before bowing out 10-8.

Gary Freeze, formerly of the Brantford Club and now playing at Cedar Springs, defeated Mike Manso of the London All-Canadian Club 3-0 to win the Men's 'C'.

Mike Hughes from the Trillium Club in Brampton, defeated Brantford's Dean Dale 3-0 to capture the Men's 'D' Consolation.

Thanks to Mac for coming in from London to watch some exciting squash.

Beckwith Continues Winning Streak

by Julie Madill

In sharp contrast to the 'no frills tournament' of last autumn, Scarborough Racquetsports Centre hosted a well sponsored and more elaborate event in the first week of February. Major sponsors of the Toronto and District Women's Championship were Casio Watches, Rembrandt Jewellery, Allessandro's, Slazenger and Amstel Brewery.

Seeded at the number one position was Jo Ann Beckwith, fresh from her win at the Ontario Closed Championships. She was followed



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IOURNAMENTS

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by Jann Taylor and, making her third comeback in as many years, Nancy Ballantyne.

Play began on Friday evening. Beckwith stormed past Maria Reynolds in 3 games while both Taylor and Ballantyne enjoyed first round

byes.

All seeds made it through to the semi finals quite handily, but then the action began. One of the most exciting semis was between Jann Taylor and Nancy Ballantyne, two old rivals. Jann took the first game 9-6 but Nancy came on strong to take the next two 9-6, 9-3. Jann went on the attack in the fourth game to win it 9-2, but Nancy was not through yet. She dug down deep and came back to take the fifth game 9-2. The gallery was impressed by the disguised drops and reverses in addition to the discipline of both

In the meantime, Jo Ann Beckwith was absolutely formidable in disposing of Cathie Dickinson, losing only 6 points in 3 games.



Winner Jo Ann Beckwith

The small draw meant that the semis and final were played on the same day. Beckwith was quite fresh from her match with Dickinson, but Ballantyne was exhausted. Beckwith continued her special brand of squash. As she had done all weekend, she took complete command of the court and won quite handily 9-1, 9-2, 9-3. As the winner of the Toronto and District Women's Championship, Jo Ann, who did not

lose a game all weekend, was presented with a trophy and a gold squash racquet on a chain, compliments of Rembrandt Jewellery.

In the finals of the Consolation, Marg Dalgarno took on young Sadia Butt. It was a pleasure to see Marg return after the injury she suffered in last year's tournament. Her ready sense of humour and wit delighted the gallery. Both players have very different styles but in the end, Butt's youthful and aggressive play won over the shrewdness of Dalgarno. Butt took the match in five games.

The home town gallery watched their own pro Anne Green, defeat Jane Mitchell in the final of the Classic Plate. After winning the first two games 9-5, 9-2, Anne was frustrated in the front court and dropped the next two games 1-9, 6-9. However, her deep lobs and patient play paid off in the final game as she

won 9-6.

Many ingredients go into the formula for a successful tournament. The calibre of play this weekend was excellent and all participants received a 'goody bag' as they registered. Thanks to Standard Paper Box, Royal Bank, Bowlerama, Block Drug, Lorne Banks Insurance, Faber Castell, Shulton, Proctor and Gamble, Catelli, Beecham, Max Factor, The Bell, Rita Mignardis Cosmetics, Wrigley's, Government of Ontario, Kendall, Scott's Chicken Villa, Grant Brown National Leasing, Parkway Honda, Lily Cups, Blue Jays, Revlon, Laura Secord, Collegiate Sports, Nestle's and Loblaws. All contributed to the bags and all helped make this tournament a great success.

The members of Scarborough Racquetsports Centre were delighted to have an opportunity to

watch two days of inspirational squash. We hope to welcome them all back next year.

Squash Booming in **Northwestern Ontario**

by Hartnut Rosenfeld

The Thunder Bay Squash Association organized its third tournament of the season, the "Totally Squashed" Lorne's Cameras and Fishing Tackle Ltd. Tournament on January 20-23. Held at two locations. the Canada Games Complex and Confederation College Fitness Centre. 160 participants competed in seven divisions: Men's A,B,C,D and Women's A,B,C.

Being the third major tournament of the season, all players were in ton form and gearing for the Thunder Bay Open, scheduled for February

24-27.

The Huttons, Rob and Billie. dominated their respective divisions for the second time this year. The only tournament not won by Rob this year was the CKPR Radio Hit-It Tournament in December. Bill Krezonoski, recently returned from Ottawa, defeated Richard Earl 3-1 in the Men's "A" Final to take that crown.

However, playing his best squash of the season, Hutton defeated Hilary Kaszor 3-0 in a hard fought final match in front of a full house of spectators. The upset of the tournament took place in a quarter final match when Kaszor, playing flawless squash, defeated second seed John Garland 3-0.



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TOURNAMENTS

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Men's "A" Champion, Rob Hutton

Billie Hutton has dominated the Women's "A" division all year, defeating Jackie Barnes 3-0 for her third championship of the season.

In Men's "B" play, the most competitive division, Russ Garrett defeated Ivan Bilenki three games to two in an exciting and entertaining match lasting 60 minutes. Garrett dominated play early, winning the first game handily, only to see Bilenki take a two-games to one-game lead. Garrett regained his form, won the fourth game easily and then held on for a 9-6 win in the fifth game to win the match and the "B" championship.

The Women's "B" division was an up and down affair as Louise



Billie Hutton, top woman

Kennedy took an early two-games to 0 lead. Heather Walters then regained her concentration and confidence to tie the match 2-2. The fifth game featured eight side outs with the score tied 8-8 before Heather Walters persevered to win the game and the match for the Women's "B" championship.

In Women's "C" play, Helen Kiviaho prevailed to defeat Joanna Petrynka 3-1.

Fitness played a major role in the Men's "C" and "D" divisions. Both Mike Madge, the "C" division winner over David Lee and Ken Brescacin, the "D" division winner over

Richard Greenhough, had to play six games in the weekend tournament to come out on top.

Four hundred fifty entrants have been involved in the three Thunder Bay Squash Association-sponsored tournaments this year. With two more major tournaments scheduled, the Thunder Bay Open and Charity Classic, well over 700 contestants will have competed in TBSA tournaments in the 1982-83 season.

The participation and contributions of all involved have made squash an enjoyable, exciting and competitive sport in which to participate in Northwestern Ontario.



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Squash Keeps Our Armed Forces Fit For Action

by Doug Ross

In 1979, a few avid squash players in Ottawa got together over coffee and formed the National Defence Headquarters Squash Racquets Association (NDHQ SRA). Small peanuts - squash clubs are being formed and built all over Ontario and Canada as the sport continues to increase in popularity and participation; the big difference here is that the NDHQ SRA has no courts of its own!

We use the courts at the Recreation Association on Riverside Drive in Ottawa during non-prime time hours throughout the week and on weekends. Members pay an annual club fee as well as paying a per court charge to the RA. Since 1979, the NDHQ SRA has continued to grow, with membership now at 150. We run our own tournaments twice per year (at the RA Centre), conduct a very successful and well-supported house league (updated monthly), run coaching, rules and marking clinics using both the RA facilities and its chief instructor (pro, Gary McNaughton) and members of our own club. We are properly constituted as a club with an executive, constitution, by-laws, annual general meetings, etc., just as if we had our own courts!

Membership in the club is comprised of military and civilian members (and their dependents) employed by the Department of National Defence working in the National Capital Region. The majority of members are Canadian Forces servicemen and servicewomen working in downtown Ottawa. Although Canadian Forces Base Ottawa does have four squash courts, access is difficult because of the distance from the central core.

The NDHQ SRA is an affiliate member of Squash Ontario, paying annual dues and being eligible for many of the benefits that such membership entails.

The fine working relationship that exists between the NDHQ SRA ex-

ecutive and the RA management can only mean that the club will continue to prosper. It is a good arrangement for all involved.

Of interest is the fact that the NDHQ Equash Team has won the Canadian Forces Regional championship for six consecutive years. NDHQ is hosting and defending this crown in March, 1983 at the RA Centre (where else?).

Montclair Eastern Townships Open

More than 90 participants gathered in Lennozville and Rock Forest the weekend of January 28-30 for the 7th annual Montclair Eastern Townships Open. The tournament was held at 2 venues: the Men's and Women's A & B at Intercourt de l'Estine, and the C & D events at Bishop's University.

Bob Barre captured the Men's A event, defeating Pierre Dupuis, Joe Weiner, Brian Ruse, and Jean Gagnon in the final, all by 3-0 scores. Jean Gagnon reached the final by defeating Louis Raymond 3-0 in the

aemia. Joe Weiner took the consolation title.

In the Men's B event, Michael Harris was victorious over Ian Irvine by a 2-0 score. Richard Roy was the winner of the consolation.

On the women's side, the A & B events were combined for a round-robin format, consisting of 2 groups of 4 players each. Martina Tchipeff took top honours in her group and subsequently defeated Laura Michelson 3-0 in the A final, after Laura had compiled the best record in her group.

In the B final, Catherine Harris defeated Jean Barre 3-0, while the women's consolation was won by Danielle Beaudry.

Over at Bishop's, the Men's C winner was Baldwin Evans, 3-1 over Pierre Thibautot. Bob Steele was the consolation winner.

Theresa Grant defeated Sharon Munday 3-0 to take the women's C event. The consolation winner was Nora Hilton.

Peter McMaster defeated Andy Formagie 3-0 to take the Men's D title, while Jacques Hallee won the consolation.

Finally, in Women's D competition, Janet Ondsaty beat Pat



TOURNAMENTS

Shaddick 3-0. C. Haywood was the consolation winner.

Special thanks to tournament organizers Rick Pellerin and Andy Marois for a well-run and enjoyable event. Also to tournament sponsors Montclair for supplying ample quantities of mineral water, to Black Knight for the prizes, to Dunlop for the balls and to Labatt's for festival juice.

La Racquetteriere Quebec Women's Open

by Dave Gregory

The fall season of squash was capped with two successful tournaments held the weekend of December 17-19th. La Racquetteriere Quebec Ladies Open, played at the Cote de Liesse Club, featured A and B ranked women players. The draw included two strong entries from the Ottawa area - Lynne Noel and Sylvie Faulkner. Bonnie Villeneuve, enjoying her most successful sea-



Squash Quebec President, Rita Hurley and winner, Bonnie Villeneuve

son ever, including a recent strong second place finish at the Racquet Power Open, captured the Ladies A final. Bonnie defeated Sylvie Faulkner 3-0. Sylvie had defeated Lynne Noel in a strong showing in the semi finals. Suzanne Beauregard defeated Joanne Berger 3-2 in a closely fought Ladies B final. A generous series of prizes were offered by La Racquetteriere - the major sponsor, and Air Canada. Montclair provided the thirst quenching mineral water.

Bausch and Lomb Quebec Junior Open

by Dave Gregory

The Bausch and Lomb Quebec Jr. Hardball Championship featured play in the 14-and-under, 16-andunder and under 19 categories. Due to the persistent efforts of tournament organizer Greg Baizer, the tournament attracted a strong contingent (40% of draw) of out-of-town players. In the under 19 category, Quebec and Canada's number one ranked hardball and soft ball player, Alexander Doucas, continued to demonstrate his dominance, defeating Ward Meek 3-0 in the finals. In the 14-and-under category, Jeremy Fraiberg (now only 12) continued to exhibit his rapid development and strong potential, defeating Chris Stevens 3-0 in the finals. The 16and-under category which was run on a round robin basis, proved to be





Baush & Lomb Representative, Jean Villeneuve and winner, Alex Doucas.

the most competitive, with no player going undefeated throughout the matches. Keith Patterson finally prevailed 3-0 over Keith Flavell in the finals. Greg Angus and John Hall also played strongly.

can (e.g., lobbing to buy time) to minimize the opponent's potential continued from page 17 to attack. He accomplishes this goal by hitting a shot that prevents his opponent from doing much with the

Thirdly, squash is a tactical struggle between A and B in which each player is looking for a ball that enables him to attack. At the same time, the ability to defend is just as important a part of one's tactical play. In this regard, the aim of the player is to hit shots that will not put his opponent in a position of advantage. In addition, after hitting an attacking shot he immediately recovers to correct court position to defend against the opponent's return. Some years ago, tennis great Bill Tilden wrote that, "the best tennis tacticians play a defensive game with an offensive mental attitude".2 I can think of no statement that better sums up the philosophy of tactical play advocated in this paragraph.

Lastly, all tactical action has two components. The first is movement: getting to the ball as quickly as possible and speed of recovery to the T position. The second is hitting the ball and carrying out the tactical

action of attack and defense. The goal, of course, of all tactical action is domination of the opponent. To accomplish this goal, requires accurate assessment of the situation, and the decision to play the correct shot.

Conclusion

In summary, our discussion is addressed to the question - "What is the nature of the processes of squash?"

It is founded on three insights: first, that a player must accurately assess the situation in which he finds himself; second, that a strategy be developed to meet the needs of the specific situation; and third, that correct tactics be chosen to meet the demands of strategy.

Finally, we found that assessment of the situation, strategy, and tactics are not merely static aspects of squash, but are processes that go on in a continuous, cyclical fashion. Another way of putting this is to say that squash consists of a series of cyclic repetitions intertwined into the one before and after it. No sooner does the first cycle move to the domination stage than starts another cycle of assessment of the situation - strategy - domination of opponent - until the match is won by one of the contestants.

Footnotes and References

i Space does not permit a detailed discussion of how a player should analyze a position in order to determine whether he is in a position of advantage or disadvantage. As a rule, most experienced players judge a situation by visual inspection. Due to their vast playing experience they see at a glance such characteristics as the speed of the ball, the nearness of the ball to the side wall, and the position of their opponent. From this information they make a quick and easy decision as to the shot to be played based on their experience. As they say, they have an eye for the ball.'

What is needed, however, is a more systematic meth nalyzing the situation. To o. it is valuable to break down *tuation* into a number of signifi ments such as height of the lation to the telltale, advant space. position of the oppone 30 on. ²William T. Tilden, 9 Play Better Tennis (New You on and Schuster, 1950), p. 10-

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