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SQUASH LIFE

JANUARY/FEBRUARY 1990

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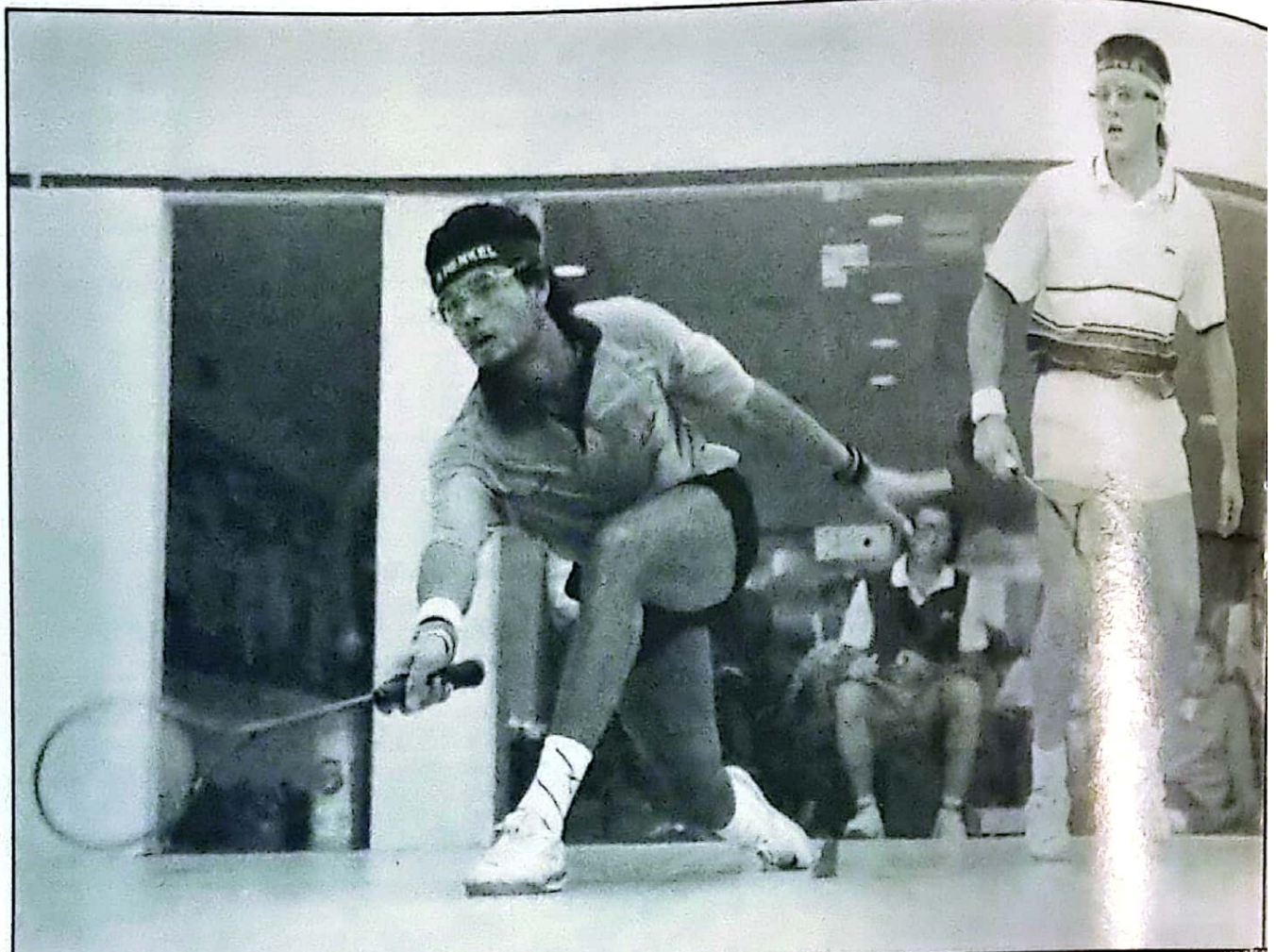
DIGGENS AND WEITHERS CAPTURE ONTARIO CLOSED TITLES

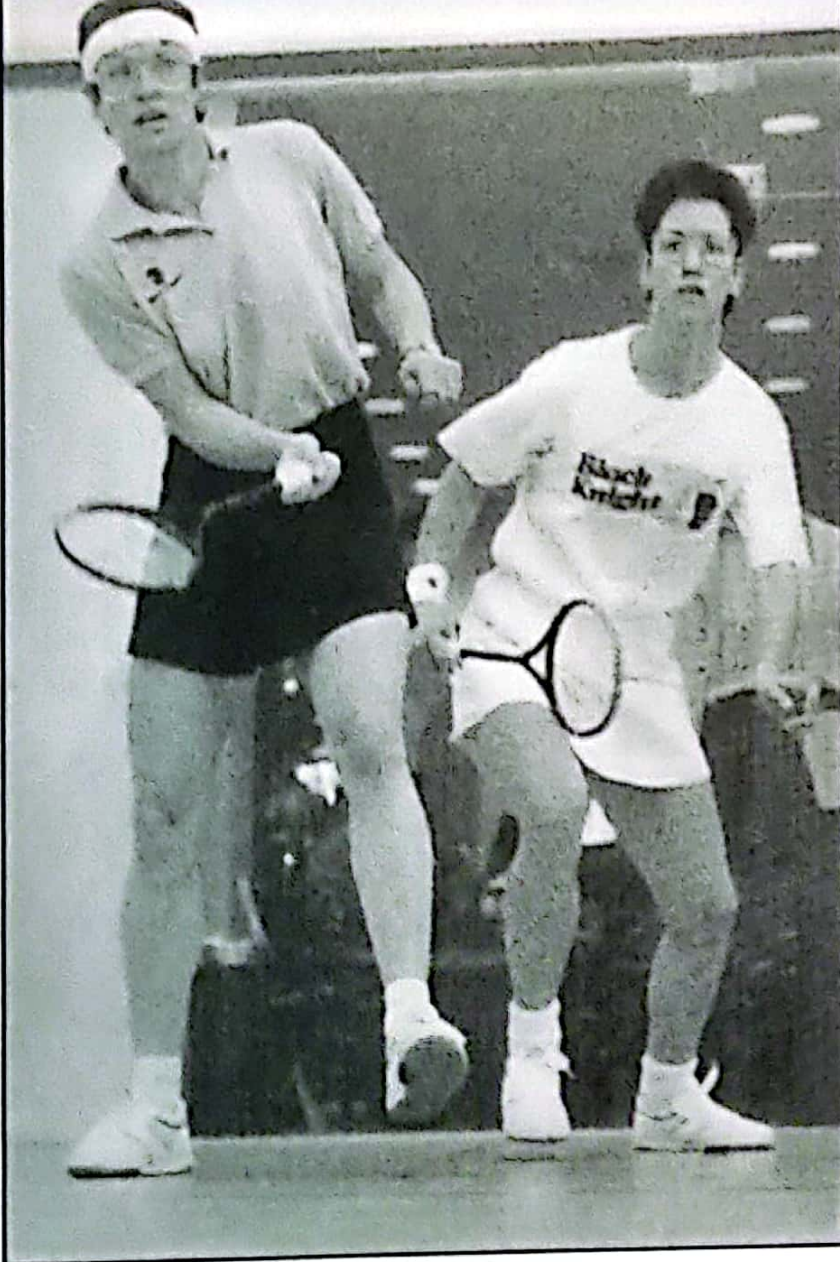
By Sherry Funston

There are some habits one should never even try to break and, for Max Weithers, winning the Ontario Closed is one of them! In a repeat of last year's men's Closed final, Max and Curzons' club mate Steve Wren, treated the spec-

tators to some very exciting squash but, alas, for Steve, the outcome was the same. Max Weithers won his third successive Closed title, keeping Wren at bay throughout most of the match. Max is exceedingly quick on the court, and pounced on any loose balls with lightning speed. Seeding for the men's event proved to be far more

difficult than in recent years. Peppared throughout the draw were the Dean Browns, Jay Gildenhuys' and Dan Vranesics - young men who have come up through the junior ranks and are now challenging the more seasoned veterans. And one cannot forget John Frederick - and we didn't. Still playing his diving and exciting





Barbara Diggins, left, on her way to first Ontario Closed title

Even flying couldn't help Cathy Covernton stop Barbara Diggins

Welthers (forefront) had an answer for every shot



style of squash, John was seeded at four and proved that his bleeding knees are still young enough and pliable enough to be a contender.

The women's final was an all Mayfair affair with the Lakeshore's Barbara Diggins meeting Parkway colleague Cathy Covernton. Cathy, seeded 3, scored the only upset of the weekend, defeating 2nd seed Jennifer Birch-Jones of Ottawa in one of the semis. Barbara, playing in her first soft ball event in a couple of years, easily won her first Ontario title by scores of 9-1, 9-1, 9-0. Although a veteran of squash, both in England and now for the last two years in this province, Diggins proved that she is still better than our best - at least the best of who played that weekend. Missing in action were Canada's number one and two ranked players, Heather Wallace and Gail Pimm, along with nationally ranked players, Lori Coleman and Shelley Harvey. All in all, it was a disappointing entry on the women's side and ably demonstrated why the women's game receives so little promotion and exposure. If they can't support it themselves, why should sponsors? Fortunately, waiting in the wings, are younger players such as Melanie Jans and Carole-Ann Rodgers - our hope for a better future for women's squash in Ontario.

For the first time in a number of years, the Ontario Closed Championships moved to a downtown location.



Ontario Men's Team Steve Wren (left) Captain Max Weithers, Duncan Stuart (right)

The newly refurbished Toronto Athletic Club with squash professional,

Dennis Goodfellow, hosted the event. President Bill Macdonell has

made a concentrated effort to revitalize the club and has done an excep-

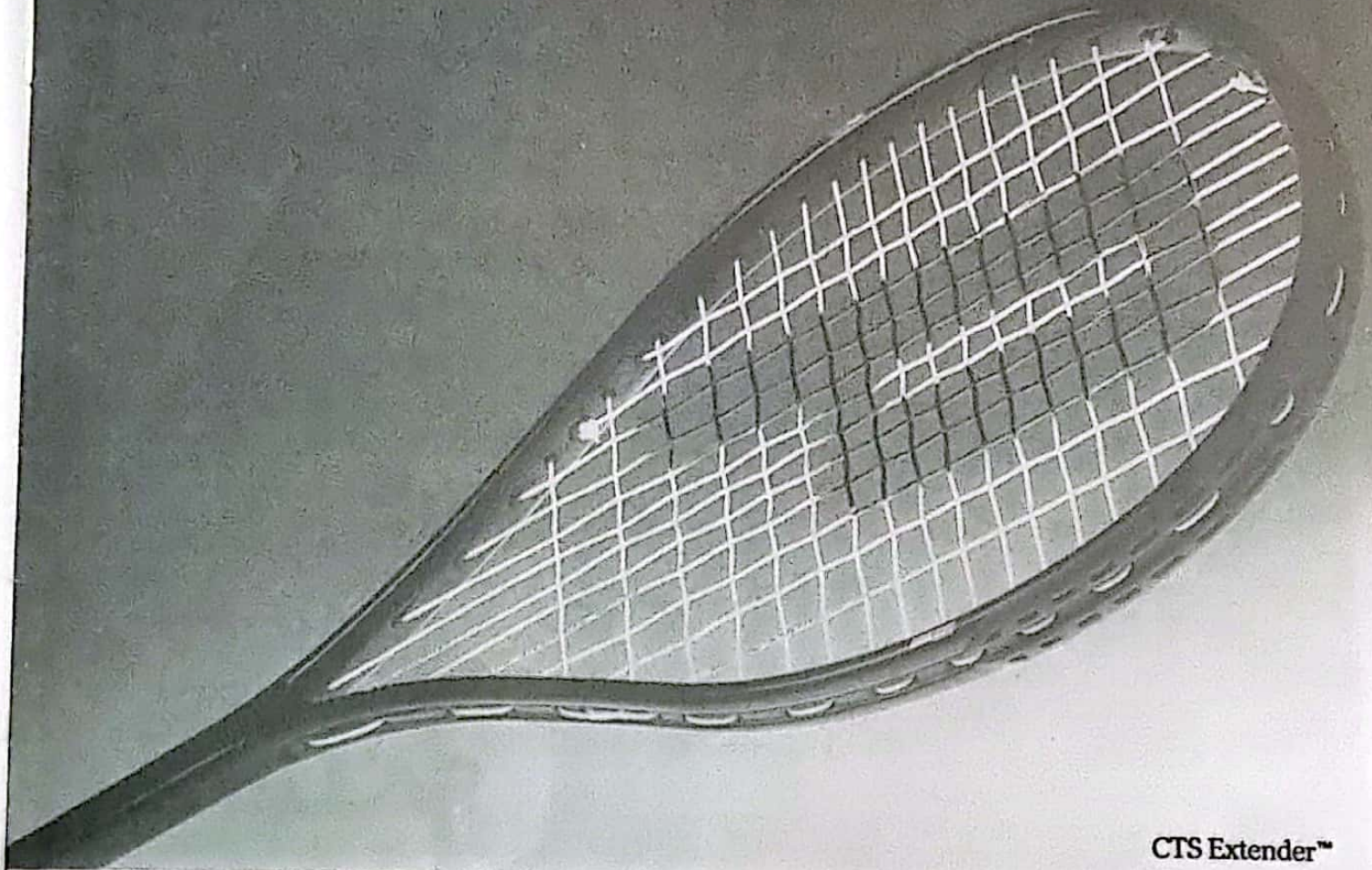
tional job. Although still in the midst of renovations, the staff of the Toronto Athletic Club went out of their way to be welcoming and it proved to be an excellent venue for this event.

The Ontario Club Championships have a dual purpose. The first is to declare Ontario's best and the second is to select the teams which will represent the province in the Inter-Provincial Team Championships. The event will be traveling to Montreal at the end of



Ontario Women's Team will be captained by Barbara Diggins (right) with Cathy Covernton playing at the critical #2 spot

THE SHAPE OF THINGS TO COME



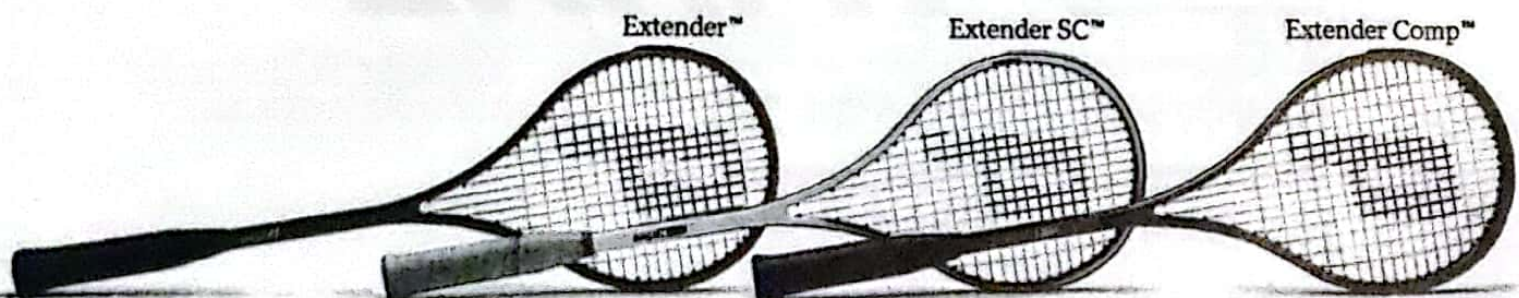
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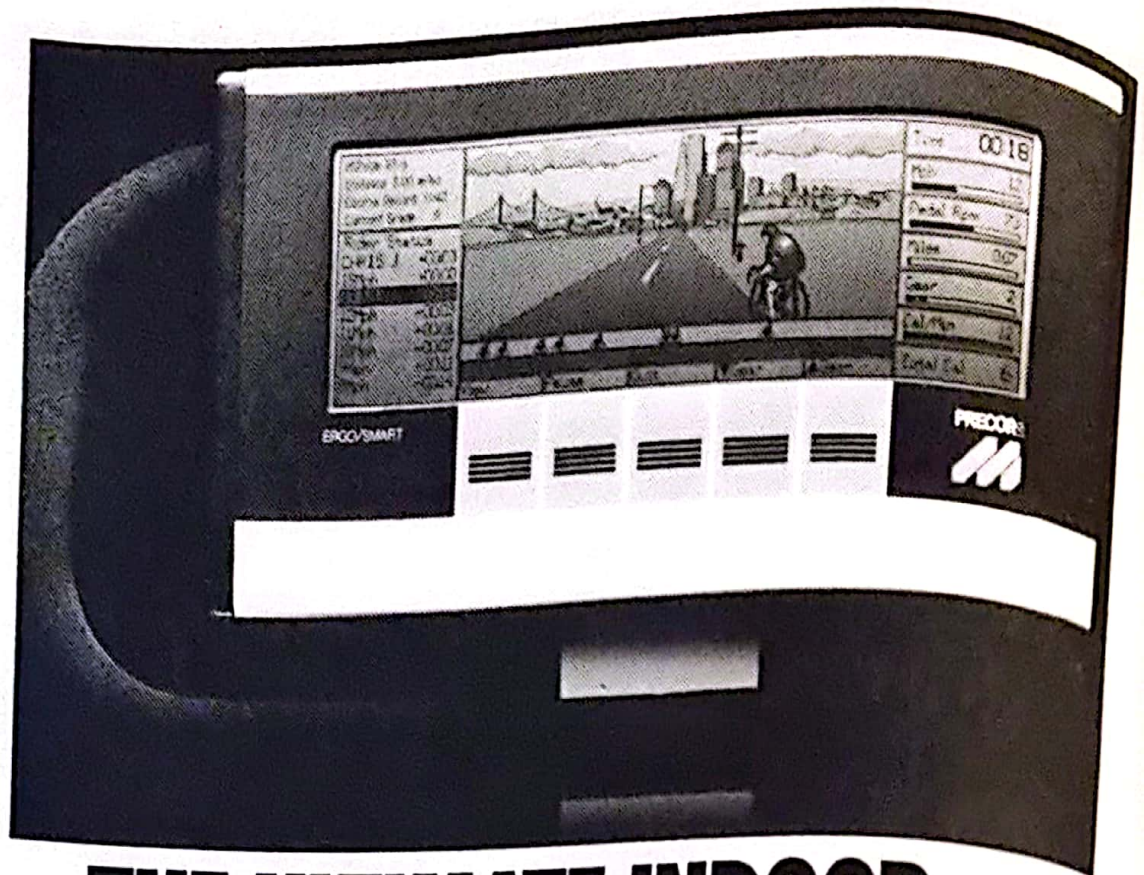
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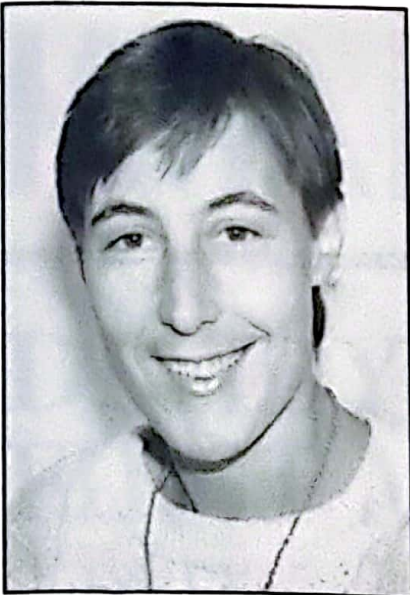
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Third member of women's team, is Ottawa's Jennifer Birch-Jones

January and the women will be going on a real adventure...all the way to Yellowknife in the Northwest Territories. Selection is based on the order of finish and consequently, the playoff for third and fourth is vitally important to the players.

Duncan Stuart edged out John

Frederick for the third spot on the team. Unfortunately, Duncan will not be available in January and so John will be a most able replacement. Jennifer Birch-Jones won her spot on the women's team but not easily. Her opposition was the vastly improved Lynn Begg of Toronto.

Our men's team will be looking to improve on its fourth place finish last year but the real pressure is truly on the women. Ontario is three time defending champion and we will be facing some very stiff competition from Alberta and British Columbia.

The life of an official is, admittedly, a tough one - certainly these days! Tournament Referee Norma Graham turned the tables on the players for this event by having them do all the marking and refereeing for the weekend. Perhaps this is the tact we should be taking in order to take the sting out of the recent and unfair criticisms of our officials.

Squash Ontario would be much remiss if it didn't thank the sponsors of the Ontario Closed - Dunlop, the Toronto Athletic Club and Kajan for their support.○

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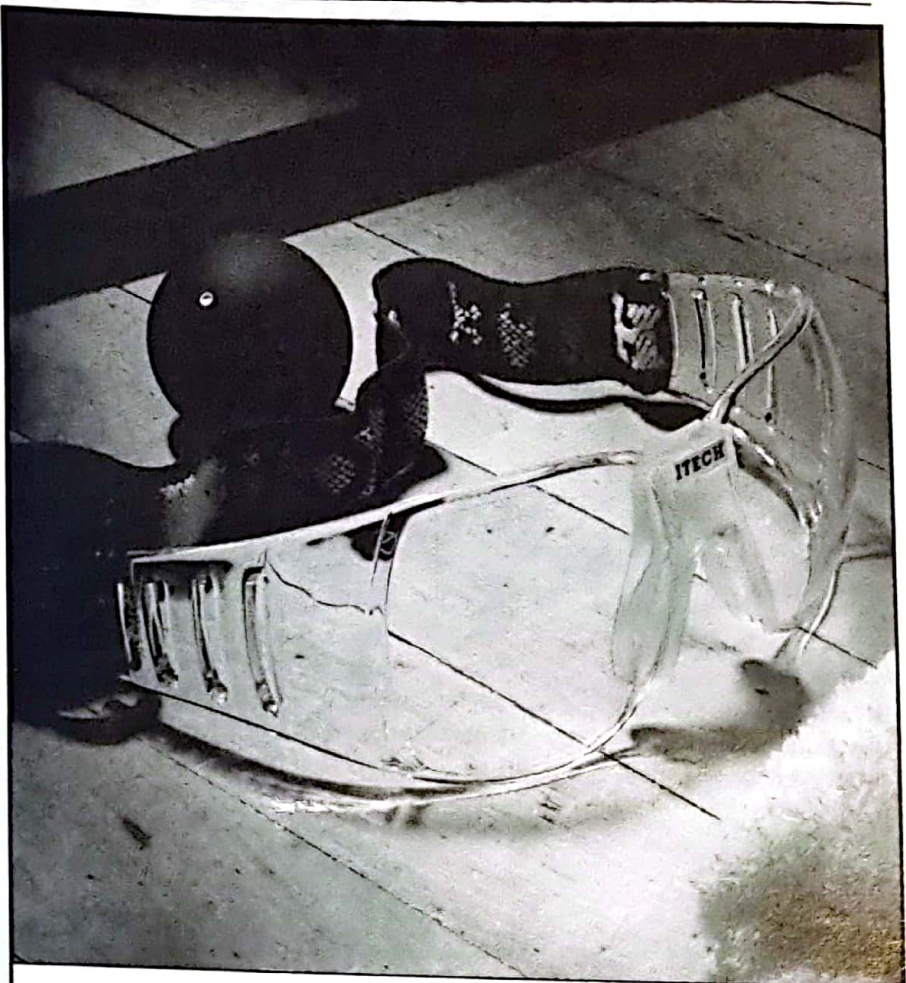
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KHAN WINS.... KHAN LOSES

By Tom Mayenknecht

In a five game marathon of well controlled play and long rallies between the world's top two players, Jansher Khan of Pakistan captured his first-ever Canadian Open title by snapping the Toronto winning streak and patience of his chief rival, countryman Jahangir Khan.

Jahangir Khan, the top seed and defending champion at the Canadian Open which, this year was presented by Blue Cross, stepped onto the court at Curzons Sporting Club determined to avenge his recent loss to Jansher at the World Open. But on this day, the patience and control which have always been big parts of his game, evaporated in the heat of what he later described as a series of

questionable calls. In uncharacteristic fashion, the 25 year old veteran expressed his frustration by playing the last two points in a fashion sub-par by any standards, let alone those of one of the most dominant players in the game's history.

To some, Jahangir Khan 'tanked' the last two points. To others, he turned his back on the play. And to others still, he was simply outplayed.

From the outset, Jansher took control of the match, building up early leads of 3-1 and 5-3 before regaining serve at 6-4 and scoring

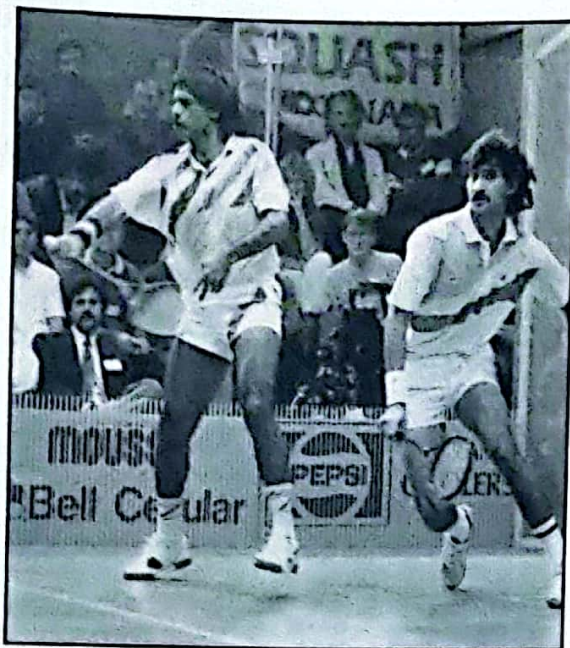
10 consecutive points to close out the opening game. Even Jahangir's ability to win the second game 15-7 did nothing to

cause panic for the agile 20-year old. He rallied for a 15-6 win in the third game, which for all practical purposes, mirrored the first two in that neither player appeared anxious to end the rallies with lightning-like passing shots or well placed drops.

Only in the fourth game did the two titans open up and raise their



A portrait of the concentration and total control of Jansher Khan



The end of an era, as Jansher Khan (right) snaps Jahangir's 19 match Toronto record

level of play a notch or two. Jahangir rallied from a 3-7 deficit to win 12 of the next 14 points to force the fifth and deciding game.

The fifth game saw Jansher take leads of 7-3 and 9-4 before Jahangir rallied to within 7-10. Then came the fireworks and the end of the 10 match Canadian Open winning streak.

Jansher Khan earned \$9,000 for his first Canadian Open title, while Jahangir had to settle for \$6,600 and the first blemish (19) on an otherwise impeccable Toronto record. □

DRADY CAPTURES FIRST MAJOR TITLE

By Alan Smith

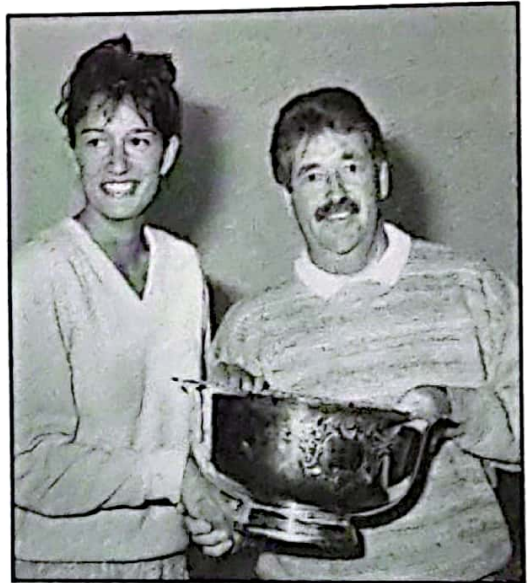
Danielle Drady of Australia achieved an important breakthrough by securing her first major championship title with a hard-fought 9-5, 6-9, 9-6, 9-7 victory over fellow Aussie Robyn Lambourne in the final of the 1989 Central Guaranty Trust Canadian Women's Open. The win clearly establishes Drady at the top echelon of women's competitive squash. Now at four in the world rankings, she is only a few points behind Lisa Opie.

With 36 international players entered from 16 different countries, the field mirrored that of the week previous at the Skor Judy Traviss International Open. Both fields were the strongest since the British Open. Seven of the top ten women players

An ecstatic Danielle Drady receives the Central Guaranty Trust Canadian Women's Open trophy from Norm Richards.

provided the squash denizens of Belleville with some exciting squash during the four day event hosted by The Harbour Club.

The final was the piece de resistance, with both players bent on capturing this important title. The jockeying for position was intense and physical and the referee was kept busy with over 80 appeals, nearly half of which came in the last game. In the first game, Lambourne went up 5-2 but failed to score another



Danielle Drady (right) put Robyn Lambourne under pressure with a hard backhand drive down the wall

point for just two hand outs. In the second, the situation was reversed as Danielle took a 5-2 and then 6-4 lead but let Robyn score five unanswered points to tie the match. The intensity began to increase in the third as did the frequent interference. This time neither player was able to generate any consistent momentum and the score stayed almost even until Danielle finally took the game 9-6. In the fourth, Drady took a quick 7-0 lead and the match appeared over. But when Danielle relaxed just a bit, Robyn took full advantage to score five quick points and shake Drady's confidence. The next ten minutes seemed to last forever as the fervour of the battle heightened. Over 25 lets were requested in those last few points, ten on the last point alone. Drady escaped with the match on a stroke call after a rapid front court exchange left Robyn trapped by her own loose reaction shot. It was an exciting finish to a great tournament.

HERE'S TO THE WINNERS!

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Finalists: Barbara Diggins and Alan Hunt



(Right) Alan Grant and Lolly Gillen with finalists Barbara Diggins and Alan Hunt

CANADIAN MIXED DOUBLES CHAMPIONSHIP

*Hosted by Hamilton Thistle Club
Hamilton, Ontario*

Champions: Barbara Diggins and Alan Hunt
Finalists: Lolly Gillen and Alan Grant

2ND ANNUAL TORONTO ATHLETIC CLUB INVITATIONAL

*Hosted by Toronto Athletic Club
Toronto, Ontario*

Champion: Gary Waite
Finalist: Sabir Butt

NORTHFIELD-DOON 4TH ANNUAL HALLOWE'EN TOURNAMENT

*Hosted by Northfield-Doon Racquet Club
Waterloo, Ontario*

Men's A Champion: Mike Donelly
Men's A Finalist: Wayne Weatherhead
Men's B Champion: Mike Zidar
Men's B Finalist: Wayne Adair

Men's C Champion: Jay Niebel
Men's C Champion Finalist: Glenn Casborne
Women's C Champion: Patti Coady
Women's C Finalist: Francis Robinson
Women's D Champion: Barb Fisher
Women's D Finalist: Laurie Cunningham

CENTRAL ONTARIO CLOSED CHAMPIONSHIPS

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Men's Over 35 Finalist: John Smith
Men's A Champion: Andy Mazeikis
Men's A Finalist: Mark Patterson
Men's B Champion: Cary Clubb
Men's B Finalist: Graham Gilley
Men's C Champion: Andrew Taylor
Men's C Finalist: Richard Miller
Men's D Champion: Graham Wilkins
Men's D Finalist: Kelly Hogg
Women's A Champion: Nancy Sharpe
Women's A Finalist: Sara Mitchell
Women's B Champion: Diana Boatman
Women's B Finalist: Nancy Wiggett-Oxford
Women's C Champion: Joan Pollard
Women's C Finalist: Julia Williams
Women's D Champion: Elaine Hancock
Women's D Finalist: Anne Marie Dwyer

NORTHERN ONTARIO JUNIOR OPEN

*Hosted by Cambrian College Squash Club
Sudbury, Ontario*



Tournament Chairman, Larry Christiansen (left) with some of the winners from the Halloween Tournament

Boys' Under 12 Champion:
Jacob Watson
Girls' Under 12 Champion:
Angela Matson
Boys' Under 14 Champion:
Andrew Kruger
Girls' Under 14 Champion:
Anik Touglere
Boys' Under 16 Champion:
Mark Chatterley
Girls' Under 16 Champion:
Tara Sharpe
Boys' Under 19 Champion:
Keith Denis

WESTERN ONTARIO JUNIOR OPEN

*Hosted by Hamilton Thistle Club
Hamilton, Ontario*

Girls' Under 12 Champion:
Courtney Power
Boys' Under 12 Champion:
Mike McEwan
Girls' Under 14 Champion:
Jan Wilson
Boys' Under 14 Champion:
Ian Power
Girls' Under 16 Champion:
Nicole Garon
Boys' Under 16 Champion:
Rob Wilson
Boys' Under 19 Champion:
Tino de Petrillo

SOUTHWESTERN ONTARIO JUNIOR OPEN

*Hosted by Sarnia Riding Club
and
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Sarnia, Ontario

Boys' Under 12 Champion:
Mark McEwan
Girls' Under 12 Champion:
Courtney Power
Boys' Under 14 Champion:
Ryan Clark
Girls' Under 14 Champion:
Jan Wilson
Boys' Under 16 Champion:
Rob Wilson
Girls' Under 16 Champion:
Nicole Garon
Boys' Under 19 Champion:
Jonathon Power

GLENDON MEN'S 'D' OPEN

*Hosted by
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Willowdale, Ontario*
Champion: Andrew Gullfoyle
Finalist: Dave Repath

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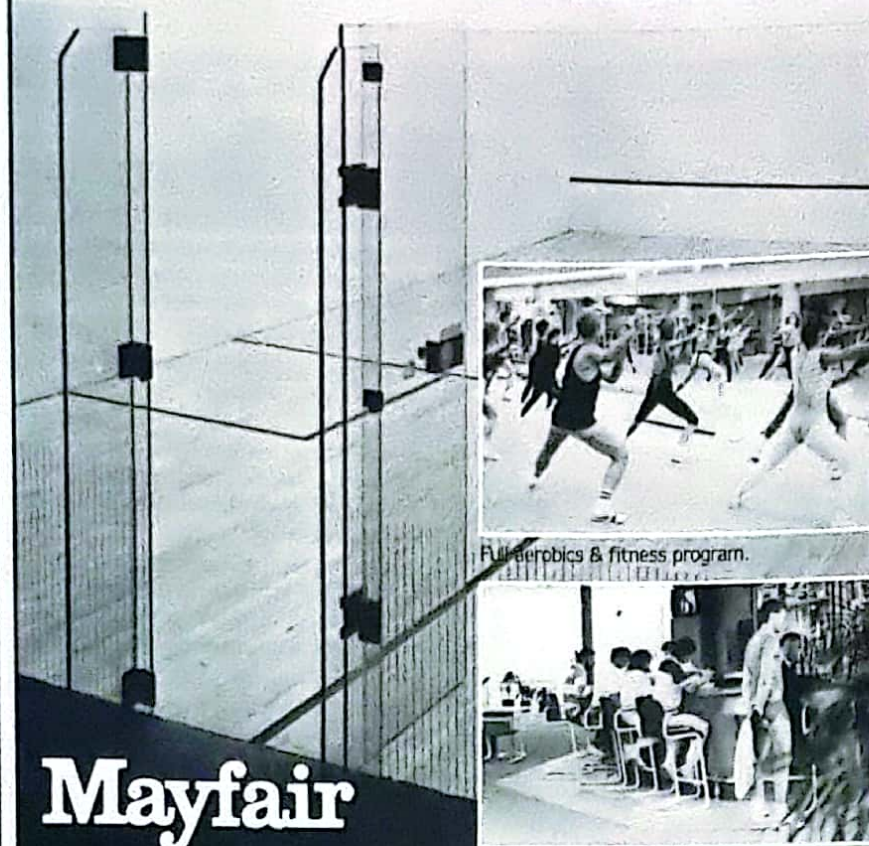
THE MORE THINGS CHANGE.....

I must apologize for missing an issue of Squash Life but the world squash circuit has been very hectic in the last

few months. The annual general meeting of the International Squash Rackets Federation was held in

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Roger Eady

Malaysia in early October and heralded a number of changes.

Ronnie Sinclair of Scotland stepped down from the presidency and was replaced by Tunku (Pete) Imran from Malaysia. Pete, a Malaysian prince and well known Asian businessman, takes over at a time when squash is growing on all five continents of the world. He is certainly keen to see squash as an Olympic sport and is presently assembling a "Major Games Committee" composed of influential people to spearhead this operation.

During the World Open in Malaysia, Dr. Norman Gledhill from York University, directed the drug test programme. We are pleased to say that all tests proved negative and gives us all a degree of confidence in the premise that the sport is free of all performance-enhancing drugs. The I.S.R.F. is grateful to Norman, Squash Canada and Sport Canada, for making the testing programme possible. All future world championships and many other squash events will be the subject of random testing

as we continue our fight to keep the sport "drug free".

Another significant decision taken in Kuala Lumpur was to adopt American scoring and a 17" tin for all men's Grand Prix events in 1990.

squash-playing nations from South America and the Caribbean met with U.S. and Canadian officials and the new Confederacion was born.

This is a highly significant development as it matches similar Federations

article in Squash Life, we have received requests for membership in the I.S.R.F. from Saudi Arabia, Iran and a tentative approach from Syria. Add these to the squash-playing nations of Iraq and Lebanon and we

PERHAPS SOON THE MIDDLE EAST CONFLICT WILL BE SETTLED, NOT WITH GUNS, BUT WITH SQUASH RACQUETS

The leading male players and the promoters of the major events around the world have experimented with these rules for the past two years. The players like them, the crowds like them, and it does appear to encourage more attacking squash.

Moving closer to home, a new Federacion PanAmericana de Squash was formed in Houston in mid-November. Representatives of

covering Europe, Asia and Africa. It allows for regional competitions and is a prerequisite for the eventual inclusion of squash in the Pan-American Games. Next year, the Pan-American Games are being held in Cuba but the sports have already been allocated. Perhaps the following games, scheduled for Argentina, will herald the inclusion of squash.

Since I last put pen to paper for an

have a recipe for a most interesting regional championship! But seriously, squash is growing rapidly in the Middle East and if we could only see an end to the many wars in the region, the game would be growing at an even faster rate.

In early 1990, I shall be travelling to Egypt and then on to Calcutta for the Asian Championships and I shall give you a full report on my travels.○

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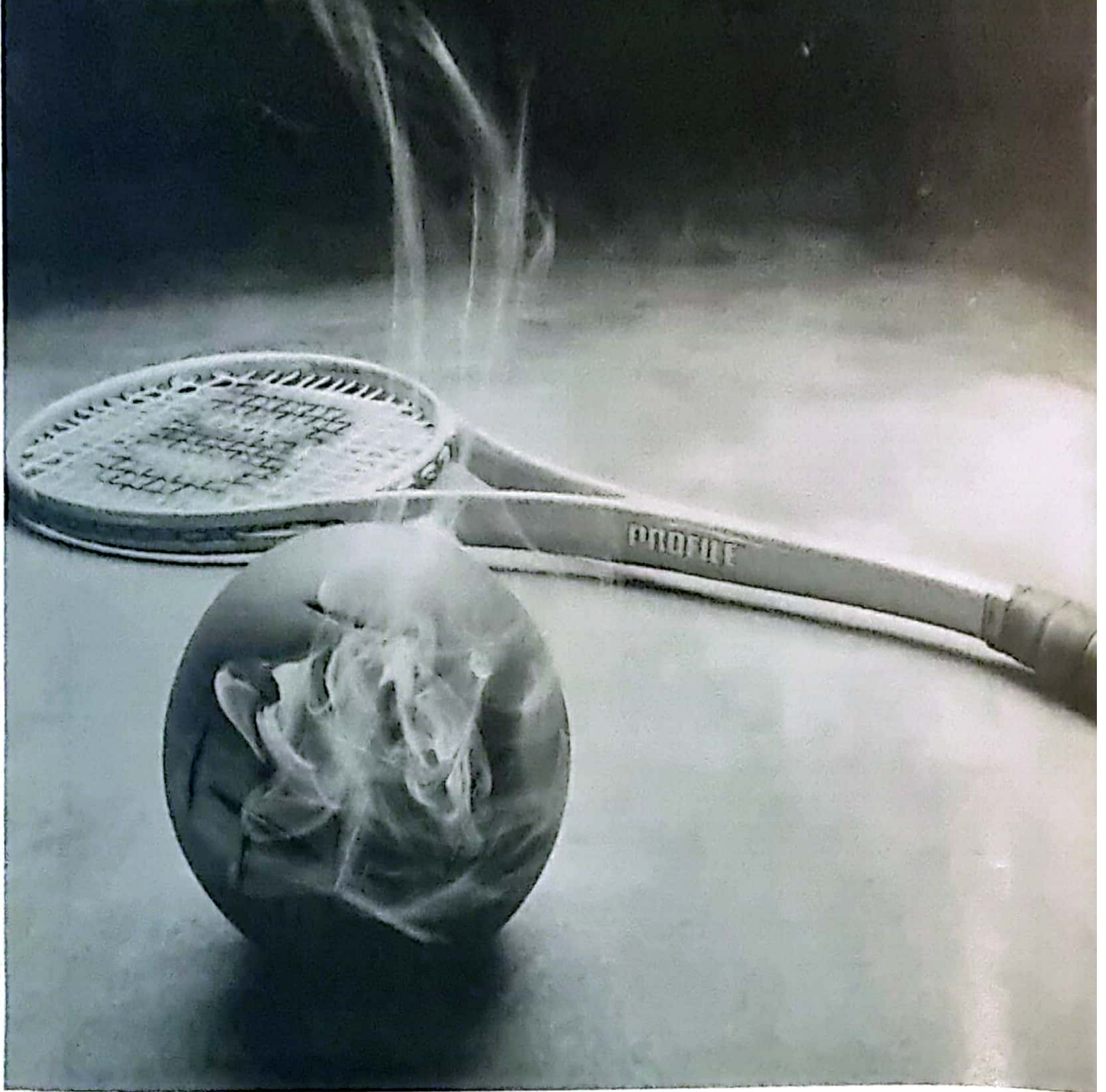
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SQUASH LIFE JANUARY/FEBRUARY 1991

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PROGRAMMES' PROGRESS

MARTINI CHARITY CHALLENGE

"A riddle wrapped in a mystery inside an enigma". Winston Churchill once made this statement about the Soviet Union but the analogy could just as easily be made about multiple sclerosis. As the name implies, the symptoms of MS are multiple and may include problems in seeing or speaking, extreme weakness, shaking of hands, loss of balance, numbness, loss of co-ordination and even paralysis. Mysteriously, the symptoms come and go over a period of time.

As any fan of Agatha Christie knows, sometimes clues are found in the most unlikely places. For example, people of northern European ancestry are more at risk in developing MS, and women have MS almost twice as frequently as men. It has been known for years that countries further away from the equator - like Canada - have much higher prevalence rates for MS. But within those high prevalence areas, there are ethnic groups who appear to have a natural resistance to developing the disease. In Canada, native Indians and Hutterites, a close-knit religious group that lives communally, have little or no MS. Lapps in Scandinavian countries do not develop the disease either.

These are all clues...which hopefully will help researchers solve the mystery of multiple sclerosis.

Research requires dollars and Squash Ontario and Martini & Rossi would like to thank the many clubs and squash players who have participated in this year's Charity Challenge. In particular, we are grateful to those clubs and organizers which have had to date more than 75 people participating in their club charity challenge.

Thanks to:

Nigel Gleeson	Club Markham
Jay Gildenhuys	Rideau Tennis & Squash Club
Barbara Diggins	Mayfair Lakeshore Racquet Club
Steve Wren	Curzons Sporting Club
Pat Cranbury	Hamilton Squash Club
Larry Christiansen	Northfield-Doon Racquet Club
Ralph Bentfeld	Northfield Racquet Club
Ken Ojeer	Sault Ste. Marie Family Y

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Saturday, 20 January 1990
Mayfair Lakeshore Racquet Club, Toronto

Saturday, 20 January 1990
Cambrian College Squash Club, Sudbury

Saturday, 20 January 1990
Confederation College, Thunder Bay

Saturday, 3 February 1990
London Squash Club, London
Time for all clinics is 10:00 A.M. and the cost is \$25.00 which includes a manual, resource material and the examination.

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BLACK KNIGHT TORONTO & DISTRICT JUNIOR MIXED LEAGUE

In an effort to provide a competitive but fun environment for juniors in the Toronto & District region, Squash Ontario and Black Knight unveiled its junior league. While there are just a few teams participating in both the Under 14 and Under 16 leagues, it has proven to be enormously successful and this couldn't have happened without the help and support of several of our Toronto squash professionals who have shown a real commitment to junior development

The second half of the season has now kicked off, with the playoffs scheduled for Monday, March 19th at Mayfair Lakeshore Racquet Club. Hopefully, this is just a beginning and the league next year will double.

Thanks to:

Wendy Wontner	Mayfair East Racquet Club
Pat Richardson	Toronto Cricket, Skating & Curling Club
Rob Brooks	Pine Valley Racquet Club
Andrew Slater	Royal Canadian Yacht Club
Annabelle Todd	Mayfair Lakeshore Racquet Club
Pat Gamey	Granite Club

And many thanks too, to the parents who have been so great at driving the kids each Saturday.

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DEBTOR'S PRISON
(9" x 12")

The first game of racquets was played against a single wall within the Debtor's Prisons of England prior to 1800. The most famous Debtor's Prison was the "Fleet" referred to by Charles Dickens in the "Pickwick Papers".



RACQUETS—A GAME FOR EX-ATHLETES (12" x 16")

The English game of racquets made its way to New York as early as 1793 and maintained a feeble and fitful existence until more than a 100 years later when the New York Racquet Club gave it a permanent home. This print depicts the clothing of the period and a player in various positions of readiness to serve and receive the serve.



**SQUASH RACQUETS
AT HARROW**
(9" x 12")

The Harrow School in England is credited with the invention of the game of squash racquets. In the late 1800's, while waiting to enter the hard racquets court, the boys playing in the courtyard of the Headmaster's house invented a soft "squashy" ball to avoid breaking windows.

THE BELVEDERE RACQUETS COURT
(16" x 12")

The single wall version of racquets quickly expanded outside of the Debtor's Prison and was most popular in the early 1800's in Ireland. This print depicts a 45' high wall and four men are playing within a designated area 45' x 60' long.



**THE CHAMPIONSHIP COURT OF
THE NEW YORK RACQUET CLUB**
(12" x 9")

By the early part of this century, racquets and squash racquets were becoming firmly established as the excellent games they are now known to be. This print illustrates active play being observed by several interested observers in the gallery.



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We're having a party for Squash Canada!

Come and make this annual event on Saturday, March 31st, *THE* squash party of the season at the "NEW" Badminton and Racquet Club.

Singles, doubles, hardball, soft ball, pros, hackers, male, female - this is the night for ALL squash players!

There will be dinner (the club is famous for its food)

There will be dancing (John Lennard and his Quintet)

There will be fellowship (before, during and after)

There will be a silent auction (lots of surprises)

There will be speeches (one, two at the most - short)

AND there will be FUN (if you're there!)

The proceeds from Squash Ball '90 go to the Canadian Squash Patrons' Endowment Fund which supports the development of squash at all levels in Canada.

So, while we're raising the roof, let's raise some money! Be there - make it a date - March 31st. Dress - Your Best.

The party-givers are Victor Harding who is leading the pack, Sue Swift, Beverley Bowen, Ondina Love and Jim Adam.

For further information, call Squash Canada (613) 748-5672



VOLUNTEERS



CATHY WIGMORE

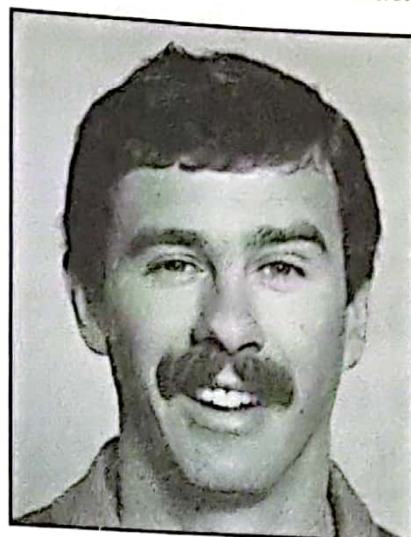
In her real life, Cathy is a legal secretary and title searcher. She lives in Sault Ste. Marie and plays her squash at the Sault YMCA. Cathy has been on the executive of our Northern Ontario Region for four years, serving in the capacity of Secretary-Treasurer. All expense claims must first get past her! She is an avid squash player and has represented Northern Ontario in the Charity Challenge several times.



PHILIP WONG

Philip is a city planner in Thunder Bay and has been playing squash for 10 years. He was enticed onto the executive of the Northwestern Ontario Region two years ago and is presently serving as the Vice President. He plays his squash at Confederation College.

Tom is presently the president of our Western Ontario Region although he has served on the executive for five years. In his spare time, his is a computer consultant. Tom has been instrumental in developing and implementing the regional classification

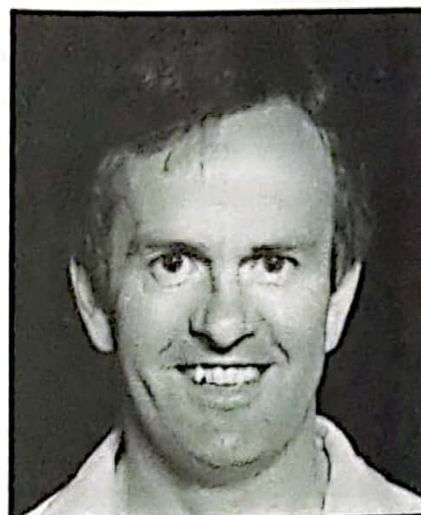


TOM CRAIG

system for Western Region and also oversees the league as its statistician. When he has time, he plays his squash at Royal City Squash Club in Guelph.

Lindsay lives and plays his squash in London, Ontario, been a member of the London Squash Club for a number of years. By day he is a computer manager. In his spare time, he is a very accomplished singles and doubles player.

Lindsay is president of our Southwestern Ontario Region. He is also a member of the London and is the



LINDSAY SMITH

president of our Northwestern Ontario Region. His profession is an educator but his real love lies with the game of squash. He plays at Confederation College and has, for a number of years, represented Northwestern Ontario Region in the Charity Championships, first as an 'A' player when he shocked Toronto & District by winning that title and, more recently, in the over 35.0



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Full or part time help required by **Cedar Springs Athletic Club** in Burlington. We are a full multi-sport facility with pool and fitness. Full time remuneration will include a retainer plus full lesson fees. For further information, contact Jack Dennison at (416) 632-4800 or send resume to:

Cedar Springs Athletic Club,
960 Cumberland Avenue,
Burlington, Ontario
L7N 3J6

Richmond Hill Squash Club requires a part time squash professional. To start immediately. Includes private lessons, junior programme, etc. For further information, contact Debbie Boedefeld at (416) 884-6062 or send resume to:

Richmond Hill Squash Club,
P.O. Box 403,
Richmond Hill, Ontario
L4C 4Y6

Mayfair Lakeshore Racquet Club is seeking a full time assistant squash professional. The successful candidate will be responsible for planning, teaching and the promotion and supervision of his/her programmes. These would include Monday night and Saturday morning houseleagues and junior clinics.

Applicants should have the following credentials:

- Minimum Level 1 coaching certification or equivalent
 - Good communication and interpersonal skills
 - The ability to work with members of all skill levels
- Send applications to:

Ms. Barbara Diggins
Head Squash Professional
Mayfair Lakeshore
Racquet Club
801 Lakeshore Boulevard
Toronto, Ontario M4M 1A7

Wilson SPORTS QUIZ

In the last issue, we asked, "Which player has just won the world title at the Men's World Championships in Malaysia"? All of you certainly know your squash trivia! The winner of the November/December Sports Quiz is George Jarko of Thornhill. The answer, Jansher Khan, who continued his winning streak by capturing the Canadian Men's Open title here in Toronto shortly thereafter.

For his correct answer, George will receive a new Wilson Profile Squash Racquet, compliments of Wilson Sports Equipment.

Squash players across the province are helping to raise monies for a charity through participating in the Martini Charity Challenge. Which charity is the recipient of the 1990 Martini Challenge?

Send your entries to:
Wilson's Sports Quiz
c/o Squash Ontario, 1220 Sheppard Avenue East
Willowdale, Ontario M2K 2X1

All entries must be postmarked no later than 15 February 1990. The winner will be drawn from all correct entries received and notified immediately.

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BAYSHORE RACQUET CLUB

Where Caring is Not Just Another Word

The Bayshore Racquet Club in Owen Sound has been operating for eight years and is now in the midst of expanding to meet the demands of this very thriving squash community. There is an ever-growing interest in both squash and racquetball in this area and the Bayshore has put together a management team which is committed

to ensuring that members have programmes and activities to keep them off the streets and in the club! Elly Sparnaay, membership services; Shir-law Clark, programme director; and Chris Herbert, manager/pro, all work closely together to make members feel comfortable. Members who have not been in the club for

more than two weeks are personally contacted and encouraged to play. They are given assistance in doing so if requested. Emphasis is on communication, caring treatment and on providing members with little extras so that they receive good value for their membership.

The membership referral programme provides the member with the opportunity of winning dinner and hotel accommodation and/or a trip to the sun for encouraging a friend to join the club. Members receive discounts from Baskin and Robbins, Kiddy Kobler, Willson Stationers, Julio Donato Construction. Each one of these businesses is owned and operated by a member of the club. Bayshore encourages all

members to advertise, network and promote their businesses through the club. Members also receive swimming privileges at the YM/YWCA.

On Saturday mornings, the club is alive and bustling with juniors who are involved in the Pepsi-Cola Junior Skill Awards programme. Some of the juniors have travelled to tournaments

charities and service organizations. In August, the club held its "24 Hours in August" relay. Participants formed teams of 20 runners and ran a 4 km course over 24 hours in a relay format. While not running, participants received much needed massages, listened to live music, played volleyball, or caught a couple of winks. A total

of \$3,000.00 was raised and donated to the Owen Sound branches of Big Sisters and Big Brothers, both of whom receive no government funding and found a good use for the much-needed funds. Readers of Squash Life are invited to participate in next year's "24 Hours in August" on Saturday, August 25th. There will be



Bayshore's Team Pepsi

this year as part of Team Pepsi and are gaining valuable experience.

Last year, in an effort to attract more juniors, Bayshore held a highschool challenge in which 100 participated. Most had never played squash or racquetball before and these students gained exposure to the two games which is important for the future of squash, racquetball and the Bayshore. This year's highschool challenge, and the inaugural primary school challenge will be even more popular. Pepsi is also sponsoring these two events with local bottler, Ladeland Beverages, both of whom recognize that juniors and Pepsi are a great mix!

The Bayshore Racquet Club helps out in the community by donating to

more live music, a beverage tent, recreational games - all guaranteed to be great fun. Form a team, bring your tents and make a weekend of it! Please call the club for details on the relay - remember, it is for a good cause.

If you are thinking of moving out of the 'big city', think of beautiful Owen Sound and all of it at The Bayshore Racquet Club.

This space is reserved for member clubs of Squash Ontario. We invite clubs to participate by sending in a short article and photograph to Squash Life. Reprints are available at minimal cost. For more information, please contact Squash Ontario, (416) 495-4140. ○

A UNIQUE BREAKTHROUGH

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VFS. The system that conquered vibration

The Fin VFS is the biggest breakthrough in racquet technology since graphite.

And when we say 'breakthrough' that is just what we mean. Because the VFS system eliminates virtually all the harmful frame vibrations that are the cause of nearly all arm, shoulder, hand and wrist injuries.

Unlike other racquets, our frame is split and joined by a specially designed nylon rubber plug. This plug joins the arms of the head together.

When a ball makes contact with the split-head frame, most of the vibration is contained at the point where the plug and the two arms connect.

Any residual vibration travels down the handle and is then absorbed by the Fin cushioned grip.

The First Self Correcting Racquet

But our VFS racquet does more than just eliminate vibration.

The racquet head also acts as a self corrector by giving you more precise control over the racquet. pressure on both arms of the frame, moving them upward and inward. This creates a spoon-like effect on the string surface, automatically

lifting up balls hit on the low side, and pulling down those hit on the high side.

In this way, a ball hitting the edge of the racquet, fractionally outside the sweetspot will still travel forward (instead of dropping straight down as it would with a normal racquet) because the VFS frame recoils at the same rate as the strings.

The Fin Power Control System

Unlike other racquets, we've placed the weights at the top of the frame.

While developing the VFS we discovered that by positioning extra weights at the exact geometrical points in the racquet head, it stabilised the distortion of the frame and the movement of the two arms.

This not only adds greater control but also transmits more power. In addition, it gives our racquet a wider and longer sweetspot with a greater correcting capability, especially when the ball is hit outside the sweetspot.

The non-granular direct stranding system also gives a much smoother feel to the ball.

The Non-Break Breakthrough in Graphite Squash

Shock not force is the major cause of fractures to graphite frames.

It was this realisation that directed our engineers to the right path in solving the breakage problem.

The VFS removes virtually all the frame vibration. But we also added Fin's unique patented shock absorbing head protector which consists of multiple protrusions under a Dupont nylon cover.

Together they actually transform shock into accelerating pressure.

The result is a squash racquet that will withstand more punishment than any other graphite racquet.

The Power To Win

By combining VFS, a vibration free system with the PCF Power control frame, we have developed a racquet that gives today's player everything he needs to make the most of his game - extra power, greater accuracy and more precise control.

What all this means very simply is that now, more than ever, the power to win is in your hands.

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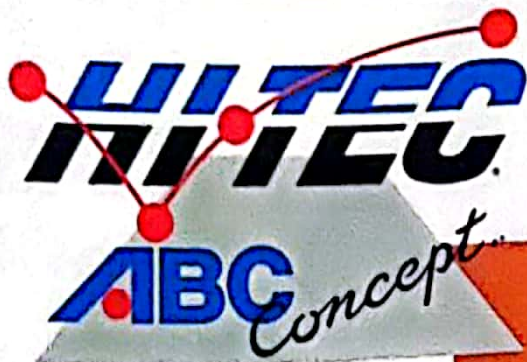
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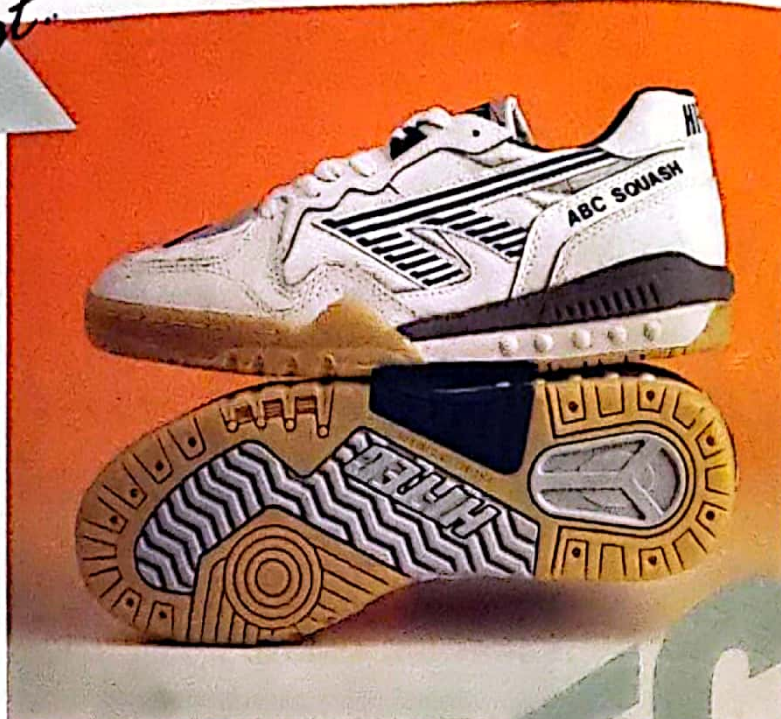


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